



THE Belgravian

July 2025

BELGRAVIA COMMUNITY LEAGUE

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Edmonton, AB T6G 2T5

Contact Us

Email: info@belgraviaedmonton.ca
Phone: 780-437-1866 (phone not monitored)

Visit us Online

Website: belgraviaedmonton.ca
Facebook: [belgraviaedmonton](https://www.facebook.com/belgraviaedmonton)

Next submission deadline: **Sept 15, 2025**

This newsletter is published within Treaty 6 Territory and the Métis homelands and Métis Nation of Alberta Region 4. We acknowledge this land as the traditional territories of many First Nations such as the Nêhiyaw (Cree), Denesuliné (Diné), Nakota Sioux (Stoney), Anishinaabe (Saulteaux) and Niitsitapi (Blackfoot).

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*Cover image from Belgravia BikeFest.
Photo by Graeme Kelly (local ace photographer)*



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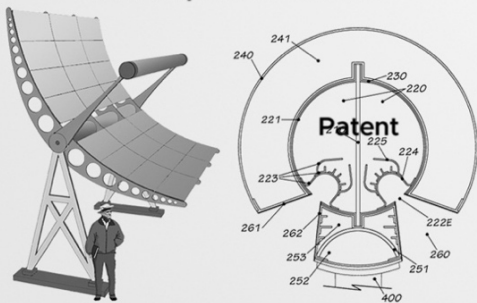
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SunScoop Solar Collector



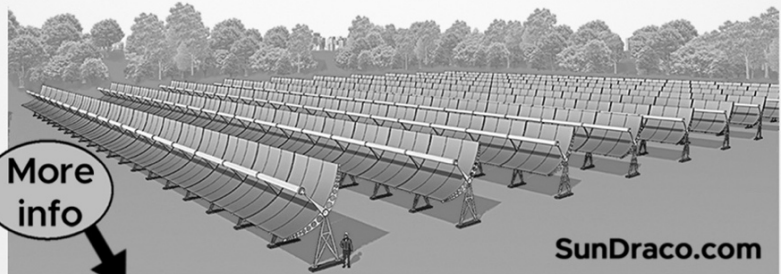
Friends and Neighbours!

Battle climate change two ways!

***Our revolutionary
solar technology***

was conceived and designed in our neighbourhood.

With it and through
the **power** of small donations
we can **cut emissions** and
heal ecosystems!



SunDraco.com

**More
info**

<https://gofund.me/b6bddaee>

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with QR Code.



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CHRIS
780.709.0811
chris@proctorteam.com



About Our Newsletter

| 2025 NEWSLETTER SCHEDULE | | |
|--------------------------|-----------|------------|
| ISSUE | SUBMIT BY | DELIVERY |
| February | Jan 13 | Jan 25/26 |
| April | Mar 24 | Apr 5/6 |
| July | June 16 | June 28/29 |
| October | Sept 15 | Sep 27/28 |
| December | Nov 17 | Nov 29/30 |

The Belgravian is published by the Belgravia Community League (BCL). Our long-standing newsletter connects you with community news, programs, events and other developments in and around the Belgravia area. We deliver 1,100 print copies to homes in Belgravia.

You can also read *The Belgravian* online at:
belgraviaedmonton.ca/newsletter

SEND US YOUR STORIES

Article submissions are subject to editorial discretion and available space. To submit an article, contact: newsletter@belgraviaedmonton.ca

ADVERTISE WITH US

Submit ad requests to: newsletter@belgraviaedmonton.ca

Ad formats: PNG, JPG, PDF

Payment methods

E-transfer: treasurer@belgraviaedmonton.ca
 Include message: "Newsletter Ad"

Cheque: make payable to "Belgravia Community League"
 Mail to: Belgravia Community League, P.O. Box 52202, Edmonton, AB, T6G 2T5

| The Belgravian Ad Rates: 10% discount for multiple ads paid in advance | | |
|--|---|--|
| Card size (vertical or horizontal) 8.5 cm x 6 cm | 1/4 page (vertical) 8.5 cm x 12 cm | 1/2 page (horizontal) 18 cm x 12 cm |
| All businesses BCL Member: \$25 Non-Member: \$50 | Belgravia, McKernan, Windsor Park businesses only BCL Member: \$50 Non-Member: \$75 | Belgravia, McKernan, Windsor Park businesses only BCL Member: \$75 Non-Member: \$100 |

Board Contacts

| BCL BOARD MEMBERS | | |
|---------------------------|-----------------------|--|
| President | Michael Cohen | president@belgraviaedmonton.ca |
| Vice President | vacant | vicepresident@belgraviaedmonton.ca |
| Past President | Cory Dawson | pastpresident@belgraviaedmonton.ca |
| Secretary | Scott MacLean | secretary@belgraviaedmonton.ca |
| Treasurer | Shirley Perry | treasurer@belgraviaedmonton.ca |
| Membership Director | Jane Taylor | membership@belgraviaedmonton.ca |
| Communications Director | vacant | communications@belgraviaedmonton.ca |
| Facilities Director | Felix Meir-Stephenson | facilities@belgraviaedmonton.ca |
| Planning & Place Director | vacant | planning@belgraviaedmonton.ca |
| Programs Director | Jeanette Boman | programs@belgraviaedmonton.ca |
| Director-at-Large | Irene Andersson | abundantbelgravia@belgraviaedmonton.ca |
| Director-at-Large | Christina Lau-Hoang | director2@belgraviaedmonton.ca |
| Director-at-Large | Barry Edgar | director3@belgraviaedmonton.ca |
| Director-at-Large | Robert Bhatia | director1@belgraviaedmonton.ca |

Get Involved: Become a Member

Belgravia Community League (BCL) owns and operates the community hall and rink, built the playgrounds by Belgravia School, and developed and maintains the Arts Park – all on land leased from the City of Edmonton. For over 70 years, BCL has provided engaging programs and activities, and represented our neighbourhood interests to City Council on neighbourhood densification, transportation and other issues. You can support your community by buying a membership and volunteering.

BCL MEMBERSHIP BENEFITS

- BCL Hall rental privileges and member rates
- Member advertising rates for *The Belgravian* newsletter
- Member rates for programs at the BCL Hall
- Complimentary access to select BCL events such as the annual Community League Day BBQ, Halloween party, and Holiday Market
- Option to sign up for member email updates with timely BCL news between newsletter issues
- Participation in kids' city soccer and hockey (S.W.A.T.) programs
- Discounts for passes and monthly memberships at City of Edmonton recreation facilities through the Community League Wellness Pass

Fox Popsicle, by Danica



Get Involved: Join the Board

It's a great time to join the BCL Board of Directors and build on the league's longstanding success. Please consider volunteering for your community!

To apply for one of these positions, contact president@belgraviaedmonton.ca

PRESIDENT

This is a great volunteer role for someone who enjoys networking with neighbours and others in Edmonton, leading a team, and handling diverse responsibilities.

VICE PRESIDENT

We'd love to have someone begin in this position and prepare to take over as President when ready. The VP can take on various responsibilities according to their interests.

PROGRAMS DIRECTOR

The programs director attracts program providers to our hall and facilitates their interaction with the community. They also work with teams of volunteers to stage special events such as Community League Day, the Big Bin Event, and Family Day.

PLANNING AND PLACE DIRECTOR

A great volunteer opportunity for someone passionate about local and municipal issues. This role involves representing the community on matters like densification and development. Ideal for someone who stays informed, is proactive, and can effectively advocate for our neighbourhood.

COMMUNICATIONS DIRECTOR

Be the next editor of *The Belgravian*, our community's beloved newsletter! The communications director helps spread the message about the BCL by providing strategic advice to the board and overseeing our various communications channels. The communications director can recruit other volunteers to share the responsibilities of this role. This is an excellent opportunity for those with an interest in connecting people, storytelling, writing, editing and digital communications.

Jeanette Boman, Programs Director extraordinaire, kindly asked me to write some parting words for my last issue of The Belgravian. A year into this role, I travelled to Victoria to visit my son. I didn't plan to stay. But here I am, two years later, wrapping up my 17th issue, 11 of which were produced on the island. Writing about news from "back home" has kept me connected with Belgravia's amazing people and community spirit. When in Edmonton, I always visit with friends at Mood Café to soak it all in! Thank you for reading along these past three years. Here's to many more amazing Belgravia stories in issues to come – Lou Morin



Programs at the BCL Hall

Connect with neighbours and sign up for or drop in on one of our invigorating summer programs!
As details can change, see the latest schedule at: belgraviaedmonton.ca/programs

| ACTIVITY | DATE, TIME & PLACE | FEE | REGISTRATION CONTACT |
|--|--|---|---|
| Green Shack 6 to 12-year-olds | Monday–Friday: July 2–Aug 21 (might end earlier due to EPCOR work starting Aug 18) 10:30 am–1:30 pm Outside lower hall; inside if smoke/rain | Free City program | No registration needed; children under 6 are welcome to attend when accompanied by their adult |
| Boot Camp | Tuesdays: 7–8 am Thursdays: 6:30–7:30 am | Drop-in \$15 | Emma Klein: ecklein@ualberta.ca |
| Matt Yoga with Elise Ure | Tuesdays: July 15, 22, 29 & Aug 12, 19, 26 9:45–10:45 am Upper Hall | \$80 BCL/\$95 Non-BCL Drop-in \$15/\$20 | Jeanette Boman: programs@belgraviaedmonton.ca |
| Fit for Life with Elise Ure | Tuesdays: July 15, 22, 29 & Aug 12, 19, 26 11 am–Noon Lower Hall | \$80 BCL/\$95 Non-BCL Drop-in \$15/\$20 | Jeanette Boman: programs@belgraviaedmonton.ca |
| Belgravia Walking Club | Wednesdays: 10 am Meet at playground area by Upper Hall | Open to Belgravia all walkers | Cam McGregor: cam.mcgregor@shaw.ca |
| Essentrics® with Sharlene Stayberg | Fridays: July 11, 18, 25 12 noon–1 pm Lower Hall | BCL/non-member rates | Sharlene Stayberg: sharlene.stayberg@gmail.com |
| Edmonton Insight Meditation (EMI) | 3rd Saturday of every month 8:30 am–12:30 pm Upper Hall | Open to Belgravia residents Fee set by EMI | Janet Smith: smithjanet166@gmail.com |
| Pedalheads | June 28–July 11 8:30 am–4 pm | Fee set by PedalHeads | Jeanette Boman: programs@belgraviaedmonton.ca |

SAVE THE DATE: SEPT 20, 2025 AGM



The upcoming BCL AGM and Community League Day event will be held on **Saturday, September 20, 2025**. Watch for details in your BCL member e-blasts and on our website.

Did you know all BCL memberships expire on August 31?
You can renew your membership on our website or at our AGM.

Upcoming Events

INTRODUCING... THE COMMUNITY KITCHEN!

Theme of Cooking Session #1: Canada Day

When: Sunday, June 29, 9:30 – 11:30 am

Where: BCL Upper Hall

Register: programs@belgraviaedmonton.ca

BCL Member Rate: \$6 per take-home meal

Looking for a fun, affordable way to cook and connect? The Belgravia Community Kitchen is a chance to meet new people, try fresh recipes, build cooking skills, and prepare nutritious meals you can take home and store. Whether you're looking to shake up your meal routine or just enjoy cooking with others, this group is for you. A group leader helps things run smoothly, but everyone takes part in choosing recipes, sharing ideas and deciding how often to meet. Dietary needs can be accommodated. Come cook, learn and laugh together – we'd love to have you join us!

If you'd like to get involved or find out more about future Community Kitchen activities, contact Jeanette: programs@belgraviaedmonton.ca

PIANO – THEORY – VOICE LESSONS

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Instrumental and vocal coaching for exams, recitals, festivals, auditions, recordings. Music for weddings, funerals, private functions. Accompanist for Chanteuses, festival Singers, and Belgravia School choir.

Contact: Linda Steinbring

Email: lindasteinbring3@gmail.com

Phone: 780-435-4657

FRIDAY NIGHT MOVIES AT THE HALL

When: Fridays, 6:30–8 pm

Where: BCL Upper Hall

Friday Night Movies at the Hall are starting up again this fall in the Upper Hall – thanks to Scott MacLean and his family of ardent cinephiles!

Remember to bring your pillows and a couple of loonies for snacks and drinks. Note that parents or guardians must stay with kids 12 and under.

Upcoming movie dates:

- September 19
- October 24
- November 21
- December 12

BCL members will receive e-blasts about which movies are showing. Or check our website closer to the movie dates: belgraviaedmonton.ca



Cat Ice Cream, by Danica

Editor's note: I collaborated on this special issue with my dear 9-year-old niece. These drawings are from her own newsletter! Danica's creative, independent spirit inspires me each day. I encourage young Belgravians to write down their stories and create their own books. Happy publishing!

Recent Events: BikeFest

by Irene Andersson

Held on May 10th, the BCL Bike Fest was a sunny afternoon of celebrating biking for transportation, fitness, and fun! Many generous volunteers and sponsors helped make this event a success – we're truly grateful for the time and energy they contributed. The event was supported by a Community Connections Grant from the City of Edmonton. Thank you to our sponsors:

- **Wade at Narrow Path Cycle** – check out his work at narrowpathcycle.com
- **United Sport & Cycle** – proudly supporting grassroots sports and community events. Need equipment, uniforms, or trophies? They do it all!



EVENT HIGHLIGHTS

- Three skilled volunteers, including Wade from Narrow Path Cycle in Devon, helped tune up a steady stream of bikes.
- Kids tackled a popular obstacle course and kept rolling safely thanks to our friends at PedalHeads.
- Little cyclists decorated their bikes with thrifted and reused materials, then took a joyful Tour of Belgravia.
- A bike and accessory swap brought buyers and sellers together in the rink.
- A quiet “Show & Shine” lined a section of the rink boards.
- QR codes posted around the Hall shared local bike route ideas—we’ve left them up so you can scan and discover new destinations!
- Community groups like Paths for People, YEG Bike Coalition, Bike Edmonton, Let’s Bike There, and others shared tips on bike commuting, safety and infrastructure.
- Our kitchen team served over 119 hot dogs and fruit cups – fuel for all the fun!
- We wrapped up with a door prize draw sponsored by United Sport & Cycle – congrats to our 13 lucky winners!
- And as always, many helping hands left the park cleaner than we found it.

Photos from BikeFest 2023, courtesy of Irene Andersson and Graeme Kelly



Recent Events: Big Bin & Swap Event

by Jeanette Boman

A HUGE thank you to all who helped make our June 21, 2025 Big Bin & Swap event a success!

Starting at 8 am, Michael Cohen, Kevin Taft, Barry Edgar, Robert Bhatia, Jane Taylor, Heather Grimbale, Ruth Craig, Ana Belon and Lily Staples helped set up. Tables, chairs, tents and equipment were moved from the BCL Hall to the school parking lot. Special thanks to Shauna Lengyel for looking after table needs while managing hall bookings.

Barry's swap category signs guided everyone, while Heather, Ruth, Ana and Dianne Hrabí organized the Swap Tables. Volunteers set up the registration, food and refreshments station while Sharlene Stayberg's homemade baking gave us all an energy boost as the event kicked off at 9 am.

As soon as the first Save on Bins unit was delivered, loads of swap and bin items started to arrive. Jane Taylor, Jeanette Boman and Lily Staples helped with registration and sold BCL memberships. A huge shoutout to the newcomer volunteers from St. Paul's United Church, especially Grace and James, who put in a full day and helped organize all the donated clothes and shoes.

The event buzzed with excitement as people dropped off items no longer needed and left with new ones to take home – often commenting that “This is the best BCL event of the year!” After asking where she could pay, one attendee was thrilled to discover everything was free!

The more people took home, the less work for the BCL to manage at the end of the day. It was fun to see people like Heather Kerr and Christine Taylor stay longer than they intended because they couldn't help themselves from organizing items into desirable displays.

A BIG thank you to all who stayed to help pack up unclaimed items, and to our volunteers with trucks – Rob Cairns, Luke Flanagan, Phil Haswell,

Joanna Lau and Aaron Sysa – who helped take donations to Goodwill, The Mustard Seed, Value Village, Find and Sport Central. Mo from Save On Bins deserves a special mention for helping all day then going the extra mile with a late bin request. This meant working overtime and asking the landfill operator to remain open for a late delivery.

Finally, a heartfelt thanks to Grade 6 student Eddy Estabrooks, who showed up early and stayed late. At 6 pm, he said “I should probably go home for supper now”. His volunteering spirit was a heartwarming boost for the seasoned, grizzled volunteers among us.

Thank you again for helping make Belgravia a great community! – Jeanette

Not-so-grizzled volunteers Felix and Barry flex their bin management skills



Photos from the Big Bin & Swap event,
courtesy of Jeanette Boman



JOIN OUR VOLUNTEER GARDEN CREW

We're getting ready for another growing season, and we'd love your help! Since May, both new and experienced gardeners have been meeting every second Tuesday to care for the Native Plant Bed in the Belgravia Arts Park. You'll find the garden along 115th Street, just south of the main entrance to the park at 74th Avenue and 115th Street.

If you enjoy pruning, bring your clippers – we'll be working on the fruit trees and shrubs. The City pruned the trees late last summer, so it's easier now to reach the plants underneath. Come see what's blooming, bring a friend, and lend a hand! Whether you can help just once or every time, your support makes a difference.

Summer gardening sessions take place every 2nd Tuesday, from **6:30 to 8:30 pm**, on:

- July 8
- July 22
- August 5
- August 19
- September 2

CHARLES SIMMONDS PARK GRAND OPENING

On June 1, 2025, McKernan and Belgravia residents celebrated the grand opening of Charles Simmonds Park. As the park is in the "McKernan Hip", the project was primarily led by the McKernan Community League, with support from the McKernan and Belgravia community leagues. We're grateful for the significant efforts that helped build this much-needed third space.

If you haven't had a chance to visit the park, summer is the perfect time to try out its new climbing structure and other features.

BELGRAVIA PARK CLOSURE: AUGUST 18–31

EPCOR will be doing repair work on the security lighting in Belgravia Park this August. This will include removing overhead power lines and installing underground electrical cables. For everyone's safety, the playground and part of the park will be closed during construction. The work is scheduled to take place from August 18 to 31. Take this opportunity to visit the spiffy new Charles Simmonds Park a few blocks away!

Signs about the closure will be posted in Belgravia Park ahead of time, and the BCL will share updates on our website and by e-blast.



Leopard Drink, by Danica



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Meet Your Neighbour: Peter Lau

WHO AM I? LIFE WITH DEMENTIA: AN AUTHORIZED BIOGRAPHY

By Peter Lau

My name is Peter Lau. Of that, I am sure. What is less clear is where exactly I was born, and what I did for work. Thank God I still remember the names of all the family I have lived with in Belgravia over the last 44 years and counting!

It started with my wife Irene, along with my parents and brother Doh from Malaysia...oh yeah, that is where I was born. Then Doh married Verna. Next came my four kids (Joanna, Christina, Nathan and Jonathan) and my nephew and niece... those six brought their spouses to the neighbourhood. And now five grandkids, plus grand niece and nephew. Yes, we have a little village!

I make a lot of jokes... half of them probably inappropriate (but I don't realize it). To make kids laugh, I will often meow like a cat or make silly faces and noises.

Given that I have so many friends and family in the neighbourhood, I rarely get lost. But it HAS happened. I am grateful to the kind neighbour that brought me home that one day, sorry I can't remember your name. I live on the corner of 119th St and 74th Ave. If you ever see me wandering around, that is the place I'm looking for. Home.



Note from the BCL Board

We are deeply grateful to the extraordinary Lau family for their long-standing involvement in the Belgravia community. From their children attending Belgravia Elementary School – and the many parental contributions during those years – to Christina Lau's service on the Board as our Special Events Planner (with Anton helping alongside), the Lau family has been a consistent and generous presence. When Christina launched the Big Bin and Swap event several years ago, she put the family's truck to good use, with Jonathan stepping in to deliver donations. Continuing the tradition, Nathan Lau bravely took on the BCL Halloween Haunted Hall when Mr. and Mrs. Pumpkinhead retired. And finally, Joanna Lau and her husband, Jason Chow, played a key role in making many Oilers Watch Parties at the Hall possible. From their distinctive multigenerational homes to their many contributions to Belgravia, the Peter and Doh Lau families have shown how to build in a way that is responsive not only to their own family's needs but also to the values that strengthen our sense of community.

SUMMER DRAMA CAMP

For Kids aged 6-13



CLASSES RUN:

August 18th - 22nd and
August 25th - 29th

12:30 - 3:30 PM

Show dates:

August 29th - 2 pm and 7 pm
August 30th - 7 pm

Perform Scenes and Songs
from Musicals!

ST. PAUL'S UNITED
CHURCH
11526 76 AVE NW
FOOTE HALL



Details at:

Moxybtheatre.com
moxybstudio@gmail.com



FALL MUSICAL THEATRE

For Kids aged 6-13



CLASSES RUN:

September 3rd - November 26th
3:45 - 5:45 PM

**EXTRA PD DAYS TO BE ADDED
12:30-3:30 PM

Show dates:

November 28th 7 pm
November 29th 2pm & 7 pm

Perform Scenes and Songs
from Musicals!

ST. PAUL'S UNITED
CHURCH
11526 76 AVE NW
FOOTE HALL



Details at:

Moxybtheatre.com
moxybstudio@gmail.com



ST. PAUL'S UNITED CHURCH IS HIRING!

ACCOUNTANT/BOOKKEEPER

This is a part-time position
(typically 8 to 10 hours per week).

For more information, email
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www.stpaulsunited.org
11526 76 Ave NW
Edmonton, AB T6G 0K7

Mouse Ice Cream,
by Danica



Babysitting & Dog Walking

By a Dependable Belgravia Teenager!

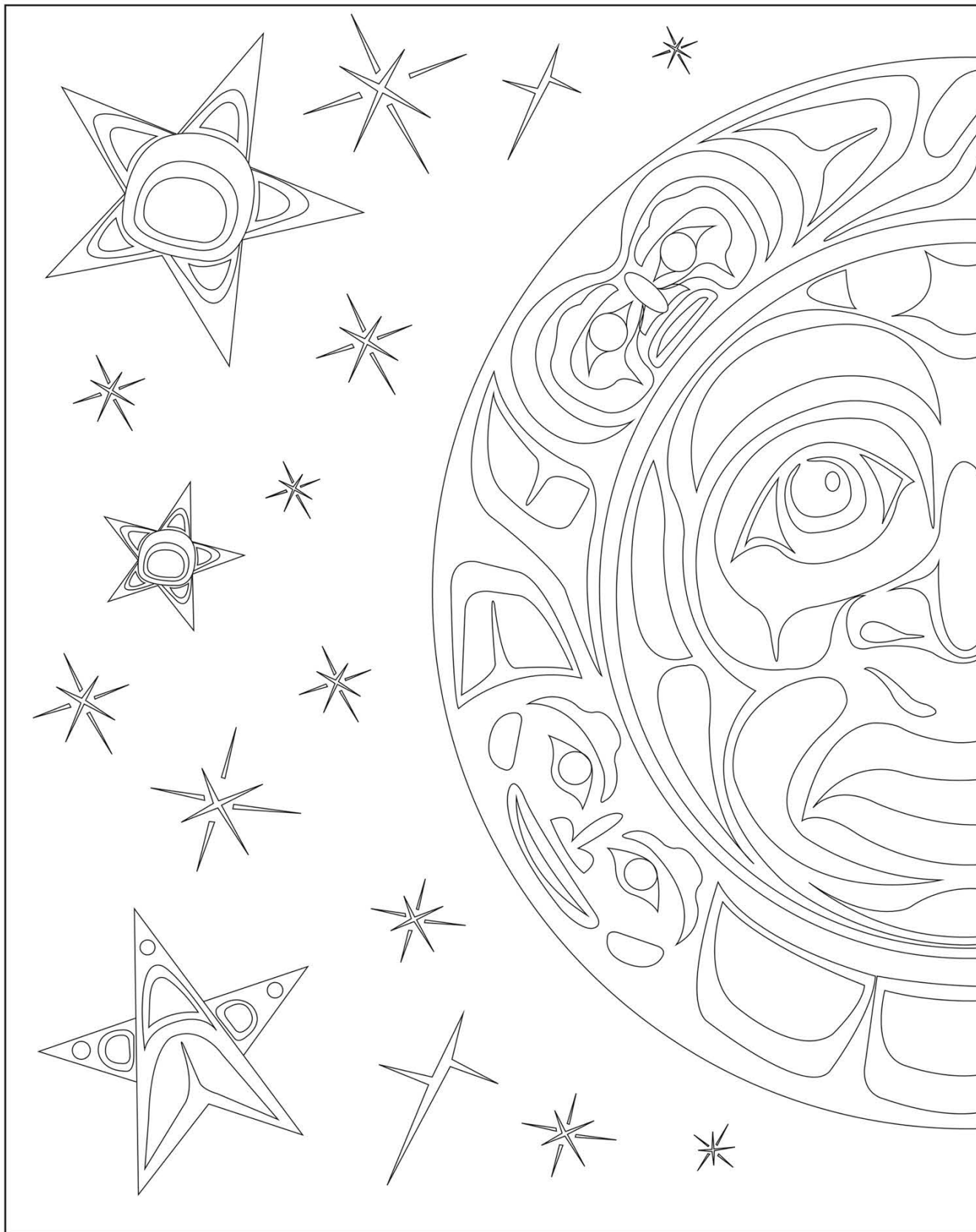


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- REFERENCES AVAILABLE



Please contact Helly!
SMS: 780 716 7644
hellyminelly@gmail.com

Brain Games: Happy Solstice! (more daylight to colour by)



"Nurture your spirit with the inspiration of the moon and the stars."

-Melaney Gleeson-Lyall, Musqueam, Coast Salish

Artwork by Paul Windsor, Haisla, Heiltsuk