THE BECEMBER 2024

BELGRAVIA COMMUNITY LEAGUE

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Next submission deadline: January 13

This bi-monthly newsletter is published within Treaty 6 Territory and the Métis homelands and Métis Nation of Alberta Region 4. We acknowledge this land as the traditional territories of many First Nations such as the Nêhiyaw (Cree), Denesuliné (Dené), Nakota Sioux (Stoney), Anishinaabe (Saulteaux) and Niitsitapi (Blackfoot).

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About Our Newsletter

Published by the Belgravia Community League (BCL), *The Belgravian* connects you with community news, programs, events and other developments in and around the Belgravia area. We deliver 1,100 copies to homes in Belgravia. Read our stories online: <u>belgraviaedmonton.ca/newsletters</u>

SEND US YOUR STORIES

Article submissions are subject to editorial discretion and available space. To submit an article: <u>newsletter@belgraviaedmonton.ca</u>

ADVERTISE WITH US

To submit an ad: newsletter@belgraviaedmonton.ca

We accept ads in PDF, JPG, PNG and TIF formats.

Ad Payment Methods

E-transfer: treasurer@belgraviaedmonton.ca – include message: "Newsletter Ad"

Cheque: make payable to "Belgravia Community League" Mail to: Belgravia Community League, P.O. Box 52202, Edmonton, AB, T6G 2T5

Rates: Get a 10% discount for multiple ads paid in advance.

Card size (vertical or horizontal) 8.5 cm x 6 cm	1/4 page (vertical) 8.5 cm x 12 cm	1/2 page (horizontal) 18 cm x 12 cm
All businesses BCL Member: \$25	Belgravia, McKernan, Windsor Park businesses only	Belgravia, McKernan, Windsor Park businesses
	BCL Member: \$50	only
Non-Member: \$50	Non-Member: \$75	BCL Member: \$75
		Non-Member: \$100

PIANO – THEORY – VOICE LESSONS

All ages, all levels. Classical, pop. B. Mus. & ARCT in Piano Performance. Member of ARMTA. Piano examiner & music festival adjudicator.

Instrumental and vocal coaching for exams, recitals, festivals, auditions, recordings. Music for weddings, funerals, private functions. Accompanist for Chanteuses, festival Singers, and Belgravia School choir.

Contact: Linda Steinbring

Email: <u>lindasteingbring3@gmail.com</u> Phone: 780-435-4657

2025 NEWS	LETTER SCH	lan 13 Jan 25/26 Mar 17 Mar 29/30				
Issue	Submit by	Delivery				
February	Jan 13	Jan 25/26				
April	Mar 17	Mar 29/30				
June	May 20	May 31/June 1				
August	July 14	July 26/27				
October	Sept 15	Sep 27/28				
December	Nov 17	Nov 29/30				

Board & Committee Contacts

BCL BOARD MEMBERS		
President	Michael Cohen	president@belgraviaedmonton.ca
Vice President	vacant	vicepresident@belgraviaedmonton.ca
Past President	Cory Dawson	pastpresident@belgraviaedmonton.ca
Secretary	Scott MacLean	secretary@belgraviaedmonton.ca
Treasurer	Shirley Perry	treasurer@belgraviaedmonton.ca
Membership Director	Jane Taylor	membership@belgraviaedmonton.ca
Communications Director	vacant	communications@belgraviaedmonton.ca
Facilities Director	Felix Meir-Stephenson	facilities@belgraviaedmonton.ca
Planning & Place Director	Devon Beggs	planning@belgraviaedmonton.ca
Programs Director	Jeanette Boman	programs@belgraviaedmonton.ca
Director-at-Large	Irene Andersson	abundantbelgravia@belgraviaedmonton.ca
Director-at-Large	Christina Lau-Hoang	director2@belgraviaedmonton.ca
Director-at-Large	Barry Edgar	director3@belgraviaedmonton.ca
Director-at-Large	Robert Bhatia	director1@belgraviaedmonton.ca
COMMUNICATIONS TEAM		
Communications Coordinator & Newsletter Editor	Lou Morin	newsletter@belgraviaedmonton.ca
Social Media Coordinator	Beatrice Timmons	communications@belgraviaedmonton.ca
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Rink Manager	Don Wilson	rinkmanager@belgraviaedmonton.ca
Arts Park Team Leader	Kathy Goble	kkgoble@telus.net
COMMUNITY CONNECTIONS TEA	AM	
Abundant Belgravia	Irene Andersson	abundantbelgravia@belgraviaedmonton.ca
Casino	Reg Norby	norby@shaw.ca
Made in Belgravia Initiative	Jeanette Boman	mib@belgraviaedmonton.ca
Neighbourhood Resource Coordinator	Darrell Nordell	darrell.nordell@edmonton.ca
Belgravia Elementary Liaison	Irene Andersson	abundantbelgravia@belgraviaedmonton.ca
Traffic Committee Chair	Robert Bhatia	traffic@belgraviaedmonton.ca
Belmac Soccer Coordinator	Mike Blennerhassett	belmac@belgraviaedmonton.ca
Belgravia Watch	Richard Law	belgraviawatch@gmail.com

Get Involved

Belgravia Community League (BCL) owns and operates the community hall and rink, built the playgrounds by Belgravia School, and developed and maintains the Arts Park – all on land leased from the City of Edmonton. For over 70 years, BCL has provided engaging programs and activities, and represented our neighbourhood interests to City Council on neighbourhood densification, transportation and other issues. You can support your community by buying a membership and volunteering.

BCL Membership benefits

- BCL Hall rental privileges and member rates
- Member advertising rates for The Belgravian newsletter
- Member rates for programs at the BCL Hall
- Complimentary access to select BCL events such as the annual Community League Day BBQ, Halloween party, and Holiday Market
- Option to sign up for member email updates with timely BCL news between newsletter issues
- Participation in kids' city soccer and hockey (S.W.A.T.) programs
- Discounts for passes and monthly memberships at City of Edmonton recreation facilities through the Community League Wellness Pass



Wear your 2024-2025 membership skate tag to the rink

About your skating rink

- As a member benefit, you can access the BCL rink and all city community league rinks with your 2023 BCL membership skate tag
- The skate change room is open 8 AM–10 PM daily; lights are kept on until 9:45 PM
- A schedule with protected times for family skates vs. hockey action is posted near the entrance to the ice

Learn more about benefits and purchase a membership at: belgraviaedmonton.ca/bcl-membership

JOIN THE BCL TEAM

Board President

With a board filled with enthusiastic and experienced directors, it's a great time to join! The Board President position is flexible, with many duties shared with the vice president and past president.

Communications Director

Help spread the message about BCL programs and initiatives by informing strategic communications and overseeing our various channels.

Sustainability Coordinator

The BCL has reduced our environmental footprint in various ways, including the solar panels and improved energy efficiency of our hall. We are looking for a volunteer to help us continue these efforts.

Special events organizers

Our special events team helps plan events such as the AGM and Community League Day, Halloween party, Big Bin and Clean-Up, and Friday nights at the Hall. Ideas for new events are also welcome!

For more information on the above positions, contact Michael: president@belgraviaedmonton.ca

BCL Traffic Report

by Robert Bhatia, BCL Traffic Committee Chair

BCL continues to engage with the City on traffic issues. Here is the latest update from Traffic Operations staff:

October 25, 2024: Thank you for your follow-up email regarding the traffic flow on 76 Avenue and the redevelopment project located on the north side of 76 Avenue, west of 114 Street.

The contractor has committed to keeping all lanes of traffic on 76 Avenue open as much as possible during the current excavation phase of the project. However, the next phase of the project is beginning this weekend (Oct 26–27, 2024), which focuses on the foundation and structural work. This phase requires the full-time closure of the westbound lane, which is expected to continue until March 2025.

When the westbound curb lane is closed, the contractor will follow an approved traffic accommodation plan that provides:

- One westbound travel lane
- One eastbound travel lane that provides a thru movement and a right turn movement
- One left turn bay (eastbound to northbound)

We have also reviewed the traffic signal timings at the 114 Street and 76 Avenue intersection and added 5 seconds of green time for eastbound traffic.

Please note that a total closure of 76 Avenue (all lanes) is required for the assembly of a crane on site. The upcoming closure will occur this weekend from Friday, October 25 at 6:30 PM to Monday, October 28 at 6:00 AM.

The shortcutting occurring in Belgravia is not caused by Belgravia Heights development. It is an impact of the LRT line and addressing that would require major infrastructure changes such as moving the LRT track underground or aboveground. Many traffic safety measures have been put in place throughout the Belgravia neighbourhood over the past few years to help mitigate the shortcutting traffic and unsafe driving behaviours. To further address the potential of shortcutting traffic, we will install temporary Local Traffic Only signs along the side streets of University Avenue at Saskatchewan Drive, 119 Street and 115 Street in Belgravia by the end of October.

We will continue to monitor traffic flow on 76 Avenue at this location and conduct periodic inspections while making modifications to the traffic accommodation plan, if needed. We are committed to working closely with the contractor to address public safety for all modes of travel, including pedestrians, cyclists and motorists.

If you have further questions, please feel free to reach out to <u>trafficops@edmonton.ca</u>

Kind Regards,

Shewkar Ibrahim Director, Traffic Operations, City of Edmonton



Programs at the BCL Hall

Connect with neighbours at the Hall this winter. As course details sometimes change, see the latest schedule: belgraviaedmonton.ca/programs

ACTIVITY	DATE, TIME & PLACE	COURSE FEE	REGISTRATION & INFO
Pilaga Teacher: Susan Middleton	Mondays: starting Jan 13 8:30–9:30 am	BCL/Non-BCL rates Drop ins	<u>pilatestoday@yahoo.ca</u>
Soapstone Carving Club	Mondays: Jan 13–Mar 24 7–9 pm	Fee set by group	lorne@wensel.ca
Girl Guides Leader: Christine Schneider	Mondays 6:30–8:30 pm	Fee set by Girl Guides Canada	discoveringthefun@gmail.com
Boot Camp Leader: Emma Klein	Tuesdays: 7–8 am Thursdays: 6:30–7:30 am	Drop-in \$15	ecklein@ualberta.ca
Matt Yoga Teacher: Elise Ure	Tuesdays: Jan 7–Feb 25 and/or Thursdays: Jan 9–Feb 27 9:45-10:45 am	BCL/Non-BCL rates Drop ins	programs@belgraviaedmonton.ca
Fit for Life: Strength & Stretch Teacher: Elise Ure	Tuesdays: Jan 7–Feb 25 and/or Thursdays: Jan 9–Feb 27 11 am–Noon	BCL/Non-BCL rates Drop ins	programs@belgraviaedmonton.ca
BCL Knitters	Tuesdays: 7–9 pm Community Living Room	Included with BCL Membership	programs@belgraviaedmonton.ca
Sound Bath Facilitator: Bev Ross	Wednesdays: Jan 29, Feb 26, Mar 26, April 30 7–8:30 pm	\$100 BCL/\$125 Non- BCL member; drop- ins \$30/\$35	programs@belgraviaedmonton.ca
Belgravia Walking Club Leader: Cam McGregor	Wednesdays Meet at 10 am	Open to all walkers in the community	cam.mcgregor@shaw.ca
NIA Fitness Teacher: Kirsten Bartel	Thursdays: Jan 9–Mar 20 7–8 pm	BCL/Non-BCL rates Drop ins	fleurishmovement@gmail.com
Friday Night Movies	Dec 20: The Grinch Jan 10: Mary Poppins Sing Along! 6:30–8 pm	Drop in for this pajama-friendly event. Parents/guardians must stay with kids 12 and under. Popcorn & juice boxes for sale.	programs@belgraviaedmonton.ca
Zumba Teacher: Allison Moore	Saturdays: Jan 11–Mar 1 9:30–10:30 am	BCL/Non-BCL rates Drop ins	moore4movement@gmail.com
Edmonton Insight Meditation (EMI) Contact: Janet Smith	3rd Saturday of month: Dec 21, Jan 18, etc. 8:30 am–12:30 pm	Open to all Belgravia residents, fee set by EMI	smithjanet166@gmail.com

Programs (continued)

NEW PROGRAM

This past October, Belgravia resident and therapeutic sound musician Bev Ross facilitated **Sound Bath: Release, Relax & Restore** – a meditative experience using harp, bowls, flute, drums, gong, chimes and voice. The enthusiastic response has led to Sound Bath being offered as a new program this winter. A minimum 6 participants is required to run the class. See details on page 6.

ONGOING FITNESS PROGRAMS

Early Tuesday and Thursday morning enthusiasts will enjoy working out with Belgravia resident Emma Klein during her **Boot Camp** class. Drop-ins are welcome.

Later on Tuesday and Thursday mornings, Elise Ure has facilitated Matt Yoga and Fit for Life/Stretch & Strength classes since 2016. There is always room for more to join the loyal following.

Get a Latin-inspired, body-moving start to your Saturday mornings this winter with Allison Moore. A testimonial: "Over the course of Allison's **Zumba** classes there has been love, support, laughter, sweat, and most importantly personal growth. We have learned to move our bodies in ways that make us feel confident, beautiful, and strong. We have learned to feel the music, to listen to our needs, and to carve out previous time for ourselves. Behind it all is Allison's amazing force."

Nia® is an upbeat, dance based, mind-body practice for people of any fitness level to improve flexibility, mobility, strength and stability. Kirsten Bartel choreographs each class to diverse music, blending 52 moves and 9 movement forms. While typically done barefoot, soft-soled indoor shoes are welcome for foot or knee issues. Bring a yoga mat for added comfort cool-down on the floor.

Pilaga combines yoga and pilates, giving you the best of both worlds. Susan Middleton skilfully guides you through variations to make poses easier or more challenging for every fitness level. The focus is on mindful movement, with a fun way to start your week in a Monday morning class.

Upcoming Events

HOLIDAY MARKET

When: Wednesday, December 11, 5:30–8:30 pm Where: Upper & Lower BCL Hall

Our well-loved Holiday Market is around the corner. Choose from an impressive collection of products by local creators: pottery, stained glass, woodworking, paintings, chocolate, jewellery, gemstones, knitting, honey, publications, weaving, sewing, plants, homemade cards, scarves and more!

PLANT-BASED COOKING DEMO + POTLUCKS

When: January 19, 5–7 pm Where: Upper BCL Hall

On each of these food-themed evenings, a plantbased cooking demonstration will be followed by a potluck meal. Bring your favourite vegetarian dish and recipe to share with neighbours after the demo! Stay tuned for further details through your BCL member email updates.

Help us better prepare for the event by registering your interest with mib@belgraviaedmonton.ca



BCL LOST & FOUND

Did you know there's a Lost & Found box at the BCL Hall? We're currently waiting for owners to claim a badminton set and a Dollar Store bag of items.

If you found or lost an item around the neighbourhood, please send details to: hallmanager@belgraviaedmonton.ca

The Belgravian | December 2024

Recent Events: BCL 70th Celebration & AGM

by Belgravia Community League Board

A big thank you to everyone who helped make our 70th Anniversary and AGM a success! We had an impressive turnout, with all 400 sausages from Fat Frank's and four large slab cakes – baked to feed the same number – gone by 4:30 pm. 2024 marks the Year of the Dragon, and thanks to Wei Yew for connecting this with the BCL's 70th anniversary, the Planning Committee chose a dragon theme to symbolize the cultural diversity of Belgravia, as nearly every culture has a dragon in its folklore. Even the big bouncy obstacle course resembled a dragon!

The many moving parts to the day couldn't have happened without all of us pitching in. From all the planning, communicating, and organizing before the event, to the setup of the big day itself – Felix, Barry, Devon and Michael set up tables and chairs outside and in the hall. Jane organized the membership tables, Christina hosted a dragon-making free play activity on Mt. Belgravia, and Irene ran a colouring contest and the 'Find Your 70 Partner' game. Robert, Dianne and Lou were on hand for the Dragon Story Corner, while Shauna, Sofia and Olivia managed the refreshment table.

Scott organized the beer tasting with Blind Enthusiasm Brewing in the upper hall, and Lou, Felix, Michael, Barry and Jeanette served 400 cake slices. Wei delivered a memorable speech about dragons, and Nathan led the wonderful Dragon Dance, holding Wei's dragon head creation high. Graeme Kelly, Lou and Wei captured the afternoon in photos. The obstacle course and Westrich's candy floss machine & balloon-making station drew long lines of children. Many attendees remarked there wasn't enough time to do everything, and people lingered and visited well into the afternoon.

Special thanks to Steve Schroeter for the sound equipment, Phil Haswell for building the stage, Dolores Hager (The Balloon Store) for the celebratory columns of balloons and bouquets, Mood Cafe's donation of the anniversary door prize cake, and Westrich Pacific Corp. for their generous \$5,000 donation to cover Fat Frank's food truck and the obstacle course. Here's to another 70 years!



Photo by Wei Yew: Nathan Lau leading the Dragon Dance on Mt. Belgravia













More images of the BCL 70th Celebration and AGM that was held on September 28, 2024.

Photos by Graeme Kelly

Pat Galbraith: A Supporter of Neighbours

by Jeanette Boman

Pat Galbraith, Belgravia resident, renown sculptor, artist, and all-around good neighbour, passed away on November 17, 2024. Her home on 72 Ave was easy to spot. One of her earliest sculptures – *Alpha*, a boulder-sized concrete creation – graced her front yard while a beautifully carved marble polar bear, positioned at the edge of her walkway, invited passerbys to run a hand over its ever-so-smooth outline.

Pat was a neighbour who loved the children on her block. She welcomed them into her home, introducing them to the world of art and encouraging them to create something of their own, always offering fresh cookies to enjoy along the way. When the City's Abundant Community program was implemented by key members of the BCL, Pat enthusiastically helped make her block an 'awesome' one. With twinkling eyes, she would say it was possibly even the best block in Belgravia!

Her dedication to supporting others extended beyond her immediate neighbours. She was one of the first to embrace our *Made in Belgravia* (MIB) series, which brings residents together to share their skills, talents, knowledge and interests. MIB sessions often serve as a testing ground for future BCL programming. Pat's soapstone carving session turned into eight years of Soap-stone Carving classes at the hall, running from September 2016 to June 2024. When Pat retired from teaching these classes this past fall, her students formed a Soapstone Carving Club, with Pat promising to offer occasional guidance. They weren't yet prepared to let her go completely.

According to the BCL Holiday Market records, Pat had been registering a table at the market since at least 2010, where she sold her sculptures, watercolour paintings, and cards. Her talent as an artist was undeniable, and her willingness to help others develop their own creative abilities was equally apparent. She was as generous sharing her artistic talents as she was with the hundreds of cookies she made over the years for neighbours, her classes and BCL special events.



Pat Galbraith selling her creations at the BCL Holiday Market

Pat's *Meet Your Neighbour* feature in April 2015 ended with a series of questions. A selection of her responses provides insight into what made her an exemplary neighbour:

- 1. What do you like best about Belgravia? "The residents."
- 2. What's the one item you can't live without? "Imagination."
- What's your guilty snack food pleasure?
 "I never feel guilty about snack foods; I just enjoy them."
- 4. What is your personal theme song? "What a Wonderful World by Louis Armstrong."
- 5. What are your words to live by? "What if ... ?"

Belgravia has been enriched by Pat Galbraith's presence. Her example of deep community involvement and her unwavering supporting for others will continue to inspire us all.

The Belgravian | December 2024

Memories of Pat Galbraith

by Irene, Andreas, Alma and Arthur

Pat was one of the first people to welcome us when we moved to Belgravia 14 years ago, across the street from her house. With a plate of cookies and a warm smile, she made us feel at home right away. She showed our kids endless love and patience, except for the time Arthur – who was about 4 years old at the time – hid in her large house during a visit. He stayed completely quiet, tucked away in a wardrobe, while we searched for him everywhere. After a while, when it wasn't funny anymore, I called Arthur's dad and put him on speakerphone to help coax Arthur out. For some time after that, Pat still loved seeing Arthur, so long as he stayed out of her house. We laughed many times when we remembered that day.

Pat always encouraged us as parents. I don't think she knew how much that meant to us, but hearing her say, "Your kids are so lucky to have you as parents," when we doubted ourselves really stuck with us. It was just one example of how supportive she was. She also seemed to know when we needed help, like the time I was staring at an empty fridge and Pat knocked on our door. "I think I made too much soup. Can you help me eat it?"

Pat and I both enjoyed growing food and had fun sharing seeds and plants. We loved watching things grow and exchanging samples of our harvests during the summers and falls. One summer, when we came home after being away for a month, Pat welcomed us back (with cookies) and asked if I had seen our backyard yet. "Yes, it's amazing! Everything's grown like crazy," I said, noticing the huge zucchini plant and giant tomatoes. Pat humbly replied, "You might stand a chance now. Against the dandelions." What I hadn't seen was what wasn't there anymore: 3 large garbage bags full of dandelions, carefully pulled out one by one from our lawn, which had once been covered in yellow flowers. Pat handed me her well-used tools to help continue the battle against the weeds.

During the pandemic, when most kids' activities were cancelled, Pat carved little soapstone figures and organized sessions for neighbourhood kids to polish them on her (dandelion-free!) front lawn. Those little figures are now precious mementos we'll always cherish.

We feel so lucky to have had Pat as a neighbour, friend, and extra grandma.

We will miss her deeply.



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ST. PAUL'S UNITED CHURCH ADVENT SEASON EVENT SCHEDULE

CHRISTMAS PAGEANT

8

DEC

December 8th at 10:30 am Come and hear about that first Christmas account, told through the wonder of children. It will be fun, festive, and sure to be filled with Christmas joy.

CHOIR SERVICE

On December 15, the St. Paul's Choir will lead the service. There will be a celtic theme and we will have a guest violinist and mandolin player, Michael Lowings, as well as a guest percussionist, Aaron Addorisio. This music-rich morning will be a great way to mark the 3rd

CHRISTMAS EVE SERVICES

4:00 pm – Family Christmas Eve Service: Kids, Carols, and Chaos - a wonder-filled message for all ages!

8:00 pm – Christmas Eve Candlelight Service: Celebrating the birth of Jesus on this Holy Night!

DEC

10DEC

CHRISTMAS MEMORIES TEA

December 14th, 6 - 8 pm, Foote Auditorium An evening of Carols, stories, treats and a short play 'Yex, Virginia, There is a Santa Claus'. All ages are welcome for this event, please RSVP to the office (office @stpaulsunited.org).

LONGEST NIGHT

Solstice Service, December 10th at 7:30 pm Come to a quiet, contemplative service to soothe your spirit during what can be a difficult time of year. This service will also be available on Zoom. Please contact the church office (office@stpaulsunited.org) if you would like the link.

FIND US ON YOUTUBE

Scan the QR code to find our YouTube channel. *a***StpaulsUCYEG**, where our services are livestreamed and recorded for viewing every week. Regular weekly services are Sundays at 10:30 am. Come join us!



11526 76 Ave NW, Edmonton, AB 780.436.1555 www.stpaulsunited.org

New Resources for Block Connectors

by Irene Andersson

The Abundant Belgravia initiative helps build a culture of care, foster a sense of belonging, and create a healthier, more liveable city – one block at a time. Our community can only get more abundant with people like you, connecting with each other and strengthening the fabric of our neighbourhood. Backed by the BCL, Abundant Belgravia's support team coordinates Block Connectors in Belgravia.

One or more people can serve as Block Connectors for their block – this can be a street block, a cul-de sac, or a floor in a multi-family complex. Their main role is to create a friendly, welcoming atmosphere on their block, strengthening community life. Block Connectors:

- welcome new neighbours
- organize block socials once or twice a year
- discover the interests, skills and neighbourhood visions of their neighbours

Visit our Abundant Belgravia resources page to:

- Learn more about the initiative and its benefits
- Contact a Block Connector near you
- Become a Block Connector
- Join the Support team
- Keep up to date on Abundant Belgravia news and events

See: belgraviaedmonton.ca/abundant-belgravia

DID YOU KNOW?

All BCL memberships expire on August 31st. Renew your annual membership at:

belgraviaedmonton.ca/bcl-membership



Green & Gold Community Garden

by Margaret Milner

Looking back at our 16th season, what a productive year it has been for the Green & Gold Community Garden! We extend a heartfelt thanks to the amazing customers, team of volunteers and local organizations that support the garden. We continue to refine our growing methods and evolve as a community as we raise funds for *Tubahumurize*, an organization that supports women and children impacted by the genocide in Rwanda. We completely sold out of most of your produce during bulk sales at the end of the season, which is a first for us!

Significant changes this year include expanding our amazing compost area, installing a sea-can container that holds our new bathroom and provides a more secure storage space for equipment and supplies, and the building of two new gazebos to provide shelter for our volunteers and customers. Grant funds from the U of A Sustainability Fund and the TD Friends of the Environment Foundation grant made these valuable additions possible.

"Wintering brings about some of the most profound and insightful moments of our human experience, and wisdom resides in those who have wintered."

– Katherine May, Wintering: The Power of Rest and Retreat in Difficult Times

To find out more about the garden or to join our community, look for our table at the BCL Holiday Market on December 11 from 5:30-8:30 pm at the BCL Hall. Or contact us at:

- Email: gggarden@ualberta.ca
- Website: greengoldgarden.com
- Instagram: /greenandgoldgarden/

Winter well, dear garden friends. See you in the spring!



Sweet Clara the Sea Lion

By Garth Paul Ukrainetz Poet of the Blackmud Creek

A photo on the wall have I At shopping mall lagoon, West Ed My daughter with a happy smile A kiss from Clara tops her head

Her big eyes brown, long whiskered cheeks This sweet sea lion stole our hearts We'd see her show most every week Watched Clara play her many parts

She'd toss a frisbee to the crowd Clap her flippers with applause Jump through hoops and bark out loud The funnest show there ever was

Yes, thru the years performed for all Our darling sea lion will be missed Sweet Clara loved her West Ed Mall And everyone she ever kissed

[Images throughout this issue: Coniferae from *Art Forms in Nature*, Ernst Haeckel, 1904, Wikimedia Commons]



Brain Games

1	2		3	4	A:	5		6	7		8	9
10			11		12		13		1		14	
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43	44		45						46		47	
48								49				-

ACROSS

1. Fastest hill in Belgravia, 1951 6. Speed controls on Saskatchewan Drive 10. Our prov. 11. Contrology 14.Wages for 24/7 15. TV chef Bastianich 16. 115th or 119th, e.g. 18. Vietnamese Alliance or St. Paul's happy event 20. International toilet 21. Walterdale Bridge shape 23. Tibetan Turquoise Goddess Cho

24. U of A Folkways Collection donor Moses 26. All but I 28. U.S. military flying exam 29. River lookout down the bank 30. Drains energy from 31. Arthur Williams founded this 1910-16 U.S. org. 32. Half a Portugese pepper 33. Cross-country walking path abbrev. 35. Runner Kiplagat 37. @ 38. Identity Crisis identifier

41. Ph.D.

- 42. Troy
- 43. Zeus's white cow
- 45. Belgravia Hub's: 2013
- 47. Simile word
- 48. Annoyed
- 49. Suggest the truth

DOWN

- 1. Ochroma pyramidale
- 2. Ammo for 1 across
- 3. Sun during the day
- 4. Blue or White river
- 5. Between knick-knacking
- and giving a dog a bone
- 6. Ground at Mood Cafe
- 7. You and me
- 8. Kung Fu panda
- 9. German engraving
- 12. Italian beach
- 13. Estonian-Canadian actress Leek
- 17. 726 bus or Capital Line
- 18. Exuberant squeal
- 19. Non-electric baking box
- 20. Belgravia dvpmt area, 2000
- 22. Lebanese flag conifer
- 25. Fancy violin nickname
- 27. Peanuts synd. co.
- 28. Shock partner
- 32. Sudden terror
- 33. Tessera
- 34. Hong Kong filmmaker Hark
- 36. Born to beautify
- 39. Tears
- 40. All prefix
- 44. Either
- 45. UNIX or Android
- 46. Caddy maker
- 47. Nobel winner Gore

Crossword Puzzle created by BCL member and long-time Belgravian, Lee Onisko

