



**Belgravia Community League (BCL)**  
11540 73 Avenue NW  
Edmonton, AB T6G 0G1

# *the belgravian*

August 2022

**Mailing Address:**

P.O. Box 52202  
Edmonton, AB T6G2T5

**Contract us:**

Email: [info@belgraviaedmonton.ca](mailto:info@belgraviaedmonton.ca)  
Phone: 780-437-1866 (phone currently not monitored as hall host hours cancelled)  
**COVID-19 Response Team:** 780-802-3666 or [pastpresident@belgraviaedmonton.ca](mailto:pastpresident@belgraviaedmonton.ca)

**Hall host hours:**

Cancelled

**Visit us online:**

[@belgraviaYEG](https://twitter.com/belgraviaYEG) (twitter)  
[belgraviaedmonton](https://www.facebook.com/belgraviaedmonton) (facebook)  
<https://www.belgraviaedmonton.ca> (website)

**Next Submission Deadline:**

Sept 15, 2022

**Advertise in the belgravian:**

[adsmanager@belgraviaedmonton.ca](mailto:adsmanager@belgraviaedmonton.ca)

**Contents:**

Page 3: BCL Information & Volunteer Opportunities

Page 5: Membership Value

Page 6: Free Belgravia Concert

Page 7: Programs

Page 8: Playschool & Belgravia Trivia

Page 9: Meet Your Neighbour

Page 11/12: Junior Belgravians

add

<b>2021/2022 BCL Board &amp; Committee Contacts</b>		
President	Micheal Cohen	president@belgraviaedmonton.ca
Vice President	Eleanor Olszewski	vicepresident@belgraviaedmonton.ca
Past President	Cory Dawson	pastpresident@belgraviaedmonton.ca
Secretary		secretary@belgraviaedmonton.ca
Treasurer	Shirley Perry	treasurer@belgraviaedmonton.ca
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Director at Large	Irene Andersson	abundantbelgravia@belgraviaedmonton.ca
Director at Large	Christina Lau Hoang	director2@belgraviaedmonton.ca
Director at Large	Barry Edgar	director3@belgraviaedmonton.ca
Planning & Place Director		planning@belgraviaedmonton.ca
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Facebook administrator	Jonathan Chan	facebook@belgraviaedmonton.ca
Newsletter administrator		newsletter@belgraviaedmonton.ca
Belgravian ads manager		adsmanager@belgraviaedmonton.ca
Belgravian distribution team leader	Susanne Rowe	communications@belgraviaedmonton.ca
Programs Director	Debbie Smith	programs@belgraviaedmonton.ca
Made in Belgravia	Jeanette Boman	mib@belgraviaedmonton.ca
Abundant Community Committee	Barry Edgar	director3@belgraviaedmonton.ca
Pumpkin party, Casino	Reg & Jane Norby	norby@shaw.ca
Belgravia Playschool Chair	Miranda Dawson	playschool@belgraviaedmonton.ca
Belgravia Playschool Teacher	Monika Fouad	playschool@belgraviaedmonton.ca
Facilities Director	Ken Goble	facilities@belgraviaedmonton.ca
Hall rental coordinator	Jeanette Boman	hallrental@belgraviaedmonton.ca
Rink manager	Simon Gosgnach	rinkmanager@belgraviaedmonton.ca
Arts park team leader	Kathy Goble	facilities@belgraviaedmonton.ca
Sustainability Coordinator	Imogen Sellman	sustainability@belgraviaedmonton.ca
Community Connections		
Neighbourhood Resource Coordinator	Kate Russell	kate.russell@edmonton.ca
Belgravia Elementary Laison	Cory Dawson	info@belgraviaedmonton.ca
U of A Community Consulation		director@belgraviaedmonton.ca
Belmac Soccer Coordinator	Carley Haynes	belmac@belgraviaedmonton.ca
Belgravia watch	Richard Law	belgraviawatch@gmail.com

## Summer Green Shack Playground Program:

Green Shack is back! Get active and join in on games, sport, crafts, music, drama and special events with the City of Edmonton Community Green Shack Program. Programs are led by staff who ensure participants play safely. Parents are responsible for their children at all times and must be available in the event of an emergency. The City of Edmonton's Free Drop-in Green Shack programs are located city-wide and will run either 10:30 am-1:30 pm, 2:30-5:30 pm or 10:30 am-5:30 pm.

The Green Shack program will run Monday to Friday through to August 25 in Belgravia 2:30-5:30. For program information, locations & times please visit the website.

[https://www.edmonton.ca/activities\\_parks\\_recreation/green-shacks](https://www.edmonton.ca/activities_parks_recreation/green-shacks)

# BCL Information and Volunteer Opportunities

## What is a Community League?

This question often comes up, especially from people who didn't grow up in Edmonton. Unlike neighborhood associations and similar groups in other cities, Edmonton's community leagues are not operated by the City or tied to developers, they are volunteer organizations. Edmonton's first community leagues were established more than 100 years ago, to strengthen communities by bringing neighbours together to provide programs and facilities, and to advocate for neighborhood interests. Community leagues are not affiliated with any religions, political parties, or businesses, and welcome everyone.

The Belgravia Community League was established in 1954. It owns and operates the hall and rink, built the playgrounds by the school, and developed and maintains the Arts Park, all on land leased from the City. It offers many programs and activities and is crucial for representing our neighborhood interests to City Council on transportation, development, and other issues.

Please buy a membership, get involved, and consider joining the board. We have fine facilities, solid finances, and good programs, and you'll be delighted at the good people you meet and the good things you get to do.

## The BCL Board of Directors is looking for volunteers for the following positions:

**Director of Planning and Place** – Represents the BCL in interactions with City of Edmonton and developers on development and traffic issues, and helps to keep residents informed on these issues.

**Secretary** – Prepares agendas and minutes for board meetings, manages the BCL online archive on Google Drive, assists with reporting to City and Edmonton Federation of Community Leagues.

For more information, please contact Michael Cohen, president, at [president@belgraviaedmonton.ca](mailto:president@belgraviaedmonton.ca)

## Make a Difference!

The BCL's board members span the neighborhood; live in houses and condos; rent and own; and range from their twenties to their seventies. When asked why they joined the board, here is what some of them said:

"I wanted to meet more of my neighbours, and it really worked."

"I've loved the BCL events and programs since my kids were young, but I was too busy. Now I've got some time. I love the events and the people."

"I'd just retired and had lots of energy and time and wanted to contribute. I wasn't keen on sitting in meetings and was told it wasn't essential, but it turns out I really like the meetings. I've met so many people I enjoy."

"Covid opened up my schedule and the BCL board allowed me to keep my skills sharp."

# the belgravian

Published by Belgravia Community League, the Belgravia newsletter reports on the community news, programs and events in and around the Belgravia area.

## Frequency

We publish 6-7 issues per year

## Monthly Distribution

We deliver approximately 1000 copies to homes in Belgravia.

## Online

<https://belgraviaedmonton.ca/newsletter/>

## Advertising

Advertisements should be submitted to [adsmanager@belgraviaedmonton.ca](mailto:adsmanager@belgraviaedmonton.ca). Advertising for businesses located outside of Belgravia, McKernan, and Windsor Park are limited to business card size.

## Editorial Submission

Submission are subject to editorial discretion and available space. To submit an article email: [newsletter@belgraviaedmonton.ca](mailto:newsletter@belgraviaedmonton.ca)

## Advertise with Us!

### File Types

We accept ads in PDF, JPG and TIF file formats

### Image Resolution

Images must be 200 dpi at 100% (fullsize)

### Payment Methods

We accept payment by cheque payable to the Belgravia Community League

### Rates per Issue

We offer a 10% discount for multiple ads paid in advance

### Pricing

Ad Size	BCL member	Non-member
Business card	\$25	\$50
1/4 page	\$50	\$75
1/2 page	\$75	\$100

## Schedule

Issue	Content Deadline	Delivery
September 2021	Aug 18	Aug 28/29
October 2021	Sep 15	Sep 25/26
December 2021	Nov 17	Nov 27/28
February 2022	Jan 19	Jan 27/28
April 2022	Mar 16	Mar 26/27
June 2022	May 18	May 28/29
August 2022	July 14	July 24/25
October 2022	Sep 15	Sep 25/26
December 2022	Nov 17	Nov 27/28

## Contact

[adsmanager@belgraviaedmonton.ca](mailto:adsmanager@belgraviaedmonton.ca)

## Ad Sizes

Business Card Ad  
~9.5 cm x 6.4 cm

1/4 Page Ad  
~9.5 cm x 12.7 cm

(Not available to businesses outside of Belgravia McKernan and Windsor Park)

1/2 Page Ad  
~19 cm x 12.7 cm

(Not available to businesses outside of Belgravia, Mckernan and windsor Park)

# Belgravia Community League Membership Value

## Benefits include:

- BCL Hall rental privileges
- Access to Wifi at the BCL Hall
- BCL member advertising rate in The Belgravian newsletter
- BCL member rate for programs at the hall
- Use of BCL and other community league rinks in the city, with your skate tag
- Complimentary access to BCL events like fall BBQ, Pumpkin Party and Family Day
- Optional inclusion on BCL Member e-mail list for important messages between publications of the • Belgravian Newsletter
- Participation in City soccer and hockey (S.W.A.T.) programs for children
- Discounts for annual and multi-admission passes, and monthly memberships at City of Edmonton rec facilities through the Community League Wellness Pass
- A number of offers at Orbis Sports
- University of Alberta technology training programs (Contact [training@ualberta.ca](mailto:training@ualberta.ca))
- Printing, posters, wall murals, vehicle decals, dry mounting & lamination and more at Campus Design & Print Solutions (Contact [print@ualberta.ca](mailto:print@ualberta.ca))

The BCL is only as strong as its members. Please join.

## Abundant Community Edmonton (ACE) - Upcoming Event:

Awesome Block Awards 2022 - Nominations open until August 21! Do you live on an awesome block, apartment floor or cul de sac? If so, nominate your neighbours for an Awesome Block Award! Learn more and

## Free Big Bin and Eco Station Events - City of Edmonton (until Sept 18):

The City of Edmonton is once again providing residents with the opportunity to drop off furniture, appliances and other items that cannot be picked up through regular waste collection, at a series of 8 free Big Bin events and 4 Eco Station Events.

Visit [edmonton.ca/bigbinevents](http://edmonton.ca/bigbinevents) for more info. including the Big Bin event schedule, locations and a list of accepted materials.

Free Eco Station weekend events will be held at all Eco Stations between 9 am - 7 pm on the following dates: June 18 & 19; August 27 & 28; October 1 & 2; Note: Free weekends do not apply to the Edmonton Waste Management Centre for residential drop-offs.



 **Heather McPherson**  
Member of Parliament  
Edmonton Strathcona

**Contact my office for assistance with:**

- Employment Insurance
- Old Age Pensions
- Canada Revenue Agency
- Citizenship & Immigration
- Canada Student Loans
- Celebratory Messages

**780-495-8404**  
10045 81 Ave T6E1W7

 **NDP**

[heather.mcpherson@parl.gc.ca](mailto:heather.mcpherson@parl.gc.ca)  
Follow on   

Visit my website at [www.heathermcpherson.ndp.ca](http://www.heathermcpherson.ndp.ca)

FREE CONCERT BROUGHT TO YOU BY BELGRAVIA COMMUNITY LEAGUE

# MUSIC IN THE ARTS PARK



**August 10th at Belgravia Arts Park**

6:30 pm - Jamie Philp (Belgravia's own)

**7:00 pm - Ann Vriend and The Inner City**

BRING CHAIRS/BLANKETS/CASH FOR TIPS  
REFRESHMENTS OFFERED IN THE LOWER HALL

Belgravia Hub



St. Paul's United Church Edmonton  
An Affirming Congregation



CAFE

Contact Shirley Perry at [stbperry@shaw.ca](mailto:stbperry@shaw.ca) or 825-439-7960 for questions or to volunteer

## Programs at the BCL

Programs are back! We have some exciting programs for Belgravians to join and meet up with some friends. Please take a look at what we have ready for you to sign up for by contacting [programs@belgraviaedmonton.ca](mailto:programs@belgraviaedmonton.ca)

### **PILAGA:**

This is a Combination of Yoga and Pilates, getting the best of both worlds. Suitable for all fitness levels with variations to make poses easier or more challenging are offered in every class The focus is on mindful movement and of course to have fun! This is a morning class to start your day.

Cost is: (drop in for \$20/class) still taking a few more students and a great way to wake up your body! Summer class is hoping to go in August Tuesday morning 9:30 am -10:30 am  
BCL Upper Hall call Debbie 780-722-6480 to let me know you are interested min 5 persons needed

### **NIA DANCE:**

Nia is a holistic fusion of dance, martial arts, and the healing arts that creates a transformational workout for body, mind, and spirit. Take off your shoes and get moving for health and wellness! No previous experience necessary and all fitness levels welcome. While following along to choreography based on 'the body's way', participants are invited to sense how movement can feel good and do good for the whole body. Nia is a non-impact movement practice and, typically, done in bare feet but if participants need shoe support, please wear inside-only non-marking footwear that is easy to move in. Comfortable clothing, a yoga mat, and a water bottle is also suggested. For more information about Kirsten Bartel and Nia, please email [fleurishmovement@gmail.com](mailto:fleurishmovement@gmail.com) or go to [fleurishmovement.com](http://fleurishmovement.com)...

We have room

Cost: (drop in is also welcome at \$20/class)  
Summer class goes Thursdays 7-8pm  
BCL Hall upper level

### **WALKING GROUP:**

Meets every Wednesday morning at 10 am. This isn't a class but neighbors getting together at no cost to enjoy the trails and enjoy nature. We have regulars that rarely miss a walk but all are welcome to join in. It's very good exercise at a pace dependent on the walkers and varies from 1 to 2 hours depending on the weather etc. Usually walkers will end at MOOD CAFE for a cappuccino so bring a debit card just for this.

### **PROGRAMS in demand: CHAIR YOGA!**

This class is already full. For more information contact Jeanette at [mib@belgraviaedmonton.ca](mailto:mib@belgraviaedmonton.ca)  
FALL classes will RESUME as expected too. Call me at 780-722-6480 to check on your class or to start a new program. For the Fall we have Soapstone Monday evenings 7-9pm, NIA Thursdays 7-8pm and Pilaga Tuesday (TBC) mornings 9:30am to 10:30 am.

# Playschool



Play in the parks and explore nature on our class adventures! Our wide range of activities and various centres in the classroom allows each child to explore their own interests while participating with friends in bright learning spaces.



**Tues·Wed·Thurs**  
8:30-11:30

**Lunch Program**  
11:30-12:30

**For information and to register contact:**

**Monika Fouad (Teacher)**  
playschool@belgraviaedmonton.ca  
780 292 5195

## Belgravia Walking Around Trivia!

1) What is the name of this art piece?



5) Where does this lead to?



2) Who lived in the municipal heritage four square house in 1912 located in Belgravia?

3) What was Frederick Keillor's profession? What is he known for in Belgravia?

4) Where in Belgravia are you when you are on the corner of two roads with the same name?

Belgravia Walking Trivia Answers:  
1) Pumpkins and Moons by Ken Macklin  
2) William Eraser  
3) Doctor donating the land that Keillor Road was built on  
4) Sasatchewan Dr S and Sasatchewan Dr S  
5) Keillor Point



# Meet Your Neighbour:

## Elisabeth Beaubien

By: Connie Boyce

If you go for a stroll through Belgravia with Elisabeth, you'll quickly realize that two of her greatest passions are connecting with people and connecting with nature. Although she moved into the Stratford apartment in fall 2020, she already knows many of her neighbours, and what exactly they're growing in their front yards.

In 1974 Elisabeth obtained her masters degree in biology at Carleton University and then ran the Outdoor Education program in Gatineau Park for six years. She left Montreal, where she had lived as a child, in 1980. She worked over the winter as a naturalist in Kluane National Park in the Yukon, was a girl guide leader, taught French and learned to play guitar.

After Kluane, she worked as a park naturalist and planner for Banff National Park.



Dr. Elisabeth Beaubien is well known in the nature and biology communities of Alberta as the founder and organizer of Alberta PlantWatch. Since 1987, PlantWatch volunteers throughout Alberta have been tracking bloom times and leafing times for 26 common species in Alberta. The data Elisabeth collects from the volunteers show how the changing climate is affecting what the plants are doing. She has found that prairie crocus and aspen poplar, for example, have shifted to earlier bloom times by at least two weeks in central Alberta.

“The volunteers have so much fun observing the timing of plants - called plant phenology - and send reports on observations such as when the grizzlies first show up to eat berries, and what interesting insects are appearing,” says Elisabeth. “Connecting with all these volunteers is the best part of this work. One volunteer sends me beautiful nature poems with each report.”

Her love of nature is nurtured at a simple A-frame cabin she and her former husband of 30 years have at William Switzer Park near Hinton, Alberta. This is where they brought his two children, and now grandchildren to connect with nature. “It’s a very peaceful place”, she says. “One year I found a group of 12 wolves sleeping on the frozen creek. We watched them for a while until they woke up and then they watched us.”

She is also an advocate for reducing the use of pesticides and growing native plants. She points to Doug Tallamy’s book, *Nature’s Best Hope*, as a great source of information about the importance of native plants. His book explains how every person can support biodiversity simply by planting a few native plants, which local insects and birds need to thrive. Elisabeth is keen to help organize more social activities for the Stratford residents. She is also interested in setting up plant walks in Belgravia. Those who are keen can become plant watchers. “Many gardeners keep journals; by joining Alberta PlantWatch you can help citizen science even if you only observe one plant.” Contact her at [E.Beaubien@ualberta.ca](mailto:E.Beaubien@ualberta.ca)

## Keillor Point Art Committee Announcement

The Keillor Point Art Committee is pleased to announce that Sabine Hahnel has been selected from the many excellent submissions to paint the Keillor Point benches.

Her subject will be plants and shrubs of the river valley as this was the topic most often chosen in our poll earlier this year.

We anticipate that the painting will take place late this summer as we still have to go through a few more approval steps.



## Junior Belgravians: Summer Jokes

Q: Why don't fish go on vacation?

A: They are always in school

Q: How do you know that the sea is friendly?

A: It waves

Q: Why shouldn't you blame a dophin for doing wrong?

A: Because they don't do it on porpoise

Q: What travels around the world but stays in a corner?

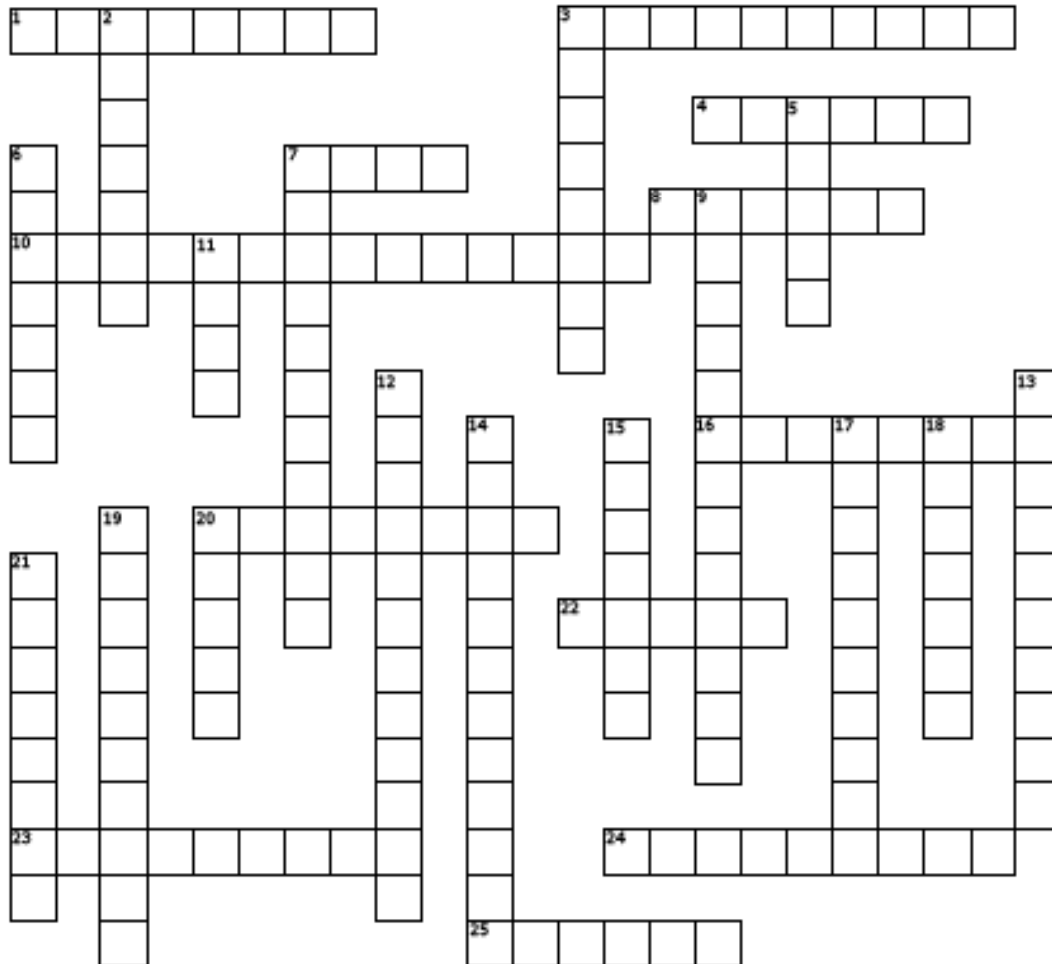
A: A postage stamp

Q: What is the favourite music of killer whales?

A: Orca-stra

# Junior Belgravians: Canada Crossword Puzzle

## CANADIAN CREATIONS



### ACROSS

1. Canada's national apple.
3. Ski-doo's are my game, \_\_\_\_\_ is my name.
4. Electric stove inventor was ahead of his time.
7. A computer language and coffee slang.
8. I created the first chocolate bar.
10. This board game is easy as pie.
16. Basketball inventor.
20. I am a super hero first drawn by a Canadian.
22. Designer of Laser sailboat.
23. This type of screw bears my name.
24. This type of paper is big news.
25. I make painting a room quick and easy.

### DOWN

2. Banting & Best's treatment for diabetes.
3. A sort of ride sharing started in Montreal in 2009.
5. I am a virus named for an African river.  
A Canadian team created a vaccine for me.
6. I am a hero in China & surgical innovator.
7. Infants happily bounce in me.
9. Inventor of telephone and hydrofoil boat.
11. I make the big screen even bigger.
12. I am Archie, the first of Google's kind.
13. Electric version mobilizes disabled people.
14. Sounds nutty but I'm not American, spread the word.
15. My time zones helped organize the world.
17. I clear snow faster than a shovel.
18. \_\_\_\_\_ replay, a hockey night invention.
19. A garbage receptacle you're glad to have.
20. I helped find submarines during war time.
21. I give the space shuttle a good reach.

ACROSS 1. APPLE 2. BASKETBALL 3. SKI-DOO 4. ELECTRIC STOVE 5. MALARIA 6. HERO 7. BASKETBALL 8. CHOCOLATE 9. TELEPHONE 10. CHECKERS 11. BIG SCREEN 12. ARCHIE 13. ELECTRIC CHAIR 14. NUTTY 15. TIME ZONES 16. BASKETBALL 17. SHOVEL 18. REPLAY 19. TRASH CAN 20. SUBMARINE 21. SPACE SHUTTLE 22. LASER 23. SCREW 24. NEWS 25. PAINT

# Junior Belgravians: Summer Kids Colouring Page!



**Albertosaurus** : Millions of years before the T-Rex roamed the earth, the Albertosaurus was Western Canada's most feared predator. This 10m, 2500kg monster sometimes hunted in packs feasting on plant eating dinosaurs. Imagine what the Calgary Stampede must have been like then!

