



the belgravian

Connecting neighbours. | October 2022

Belgravia Community League

11540 73 Avenue NW
Edmonton, AB T6G 0G1

Mailing Address

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Edmonton, AB T6G 2T5

Contact Us

Email: info@belgraviaedmonton.ca
Phone: 780-437-1866 (phone not monitored)

COVID-19 Response Team

780-802-3666 or
pastpresident@belgraviaedmonton.ca

Hall host hours: Cancelled

Visit us Online

Website: belgraviaedmonton.ca
Twitter: [@belgraviaYEG](https://twitter.com/belgraviaYEG)
Facebook: [belgraviaedmonton](https://www.facebook.com/belgraviaedmonton)

Next submission deadline: Nov 17, 2022

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About our Newsletter

Published by Belgravia Community League, the *belgravian* newsletter connects you with community news, programs, events and other developments in and around the Belgravia area.

Frequency

We publish 6-7 issues per year.

Monthly Distribution

We deliver ~1,000 copies to homes in Belgravia.

Read the newsletter online

belgraviaedmonton.ca/newsletter/

Send us your stories

Article submissions are subject to editorial discretion and available space. To submit an article, contact newsletter@belgraviaedmonton.ca

ADVERTISE WITH US

Ads can be submitted to: newsletter@belgraviaedmonton.ca

File Types & Resolution

We accept ads in PDF, JPG, PNG and TIF formats.
Images must be 200 dpi at 100% (full-size).

Ad Payment Methods

Cheque: payable to Belgravia Community League

E-transfer: treasurer@belgraviaedmonton.ca – include message: 'Newsletter Ad'

Rates per Issue: Get a 10% discount for multiple ads paid in advance.

Issue	Content Deadline	Delivery
December 2022	Nov 17	Nov 26/27
February 2023	Jan 19	Jan 28/29
April 2023	Mar 16	Mar 25/26
June 2023	May 18	May 27/28
August 2023	July 13	July 22/23
October 2023	Sept 14	Sep 23/24
December 2023	Nov 16	Nov 25/26

Card size
8.5 cm x 6 cm

1/4 page
8.5 cm x 12 cm

1/2 page
18 cm x 12 cm

All businesses
BCL Member: \$25
Non-Member: \$50

Belgravia, McKernan, Windsor
Park businesses only
BCL Member: \$50
Non-Member: \$75

Belgravia, McKernan, Windsor
Park businesses only
BCL Member: \$75
Non-Member: \$100

LOCAL CAT SITTER NEEDED

Do you love cats? Feed and play with our 2 cats while you stay at our house from October 13 to November 6. One block from Belgravia School.
Call to discuss rates and details: 780-916-0866

GOT CLUTTER?

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Board & Committee Contacts

BCL Board Members		
President	Michael Cohen	president@belgraviaedmonton.ca
Vice President	Eleanor Olszewski	vicepresident@belgraviaedmonton.ca
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Programs Director	Debbie Smith	programs@belgraviaedmonton.ca
Facilities Director	Ken Goble	facilities@belgraviaedmonton.ca
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Made in Belgravia Initiative	Jeanette Boman	mib@belgraviaedmonton.ca
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Belgravia Playschool Teacher	Monika Fouad	playschool@belgraviaedmonton.ca
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Hall rental coordinator	Jeanette Boman	hallrental@belgraviaedmonton.ca
Rink manager	Simon Gosgnach	rinkmanager@belgraviaedmonton.ca
Arts park team leader	Kathy Goble	facilities@belgraviaedmonton.ca
Sustainability Coordinator	Imogen Sellman	sustainability@belgraviaedmonton.ca
Community Connections Team		
Neighbourhood Resource Coordinator	Kate Russell	kate.russell@edmonton.ca
Belgravia Elementary Liaison	Cory Dawson	info@belgraviaedmonton.ca
U of A Community Consultation		director@belgraviaedmonton.ca
Belmac Soccer Coordinator	Alykhan Sumar	belmac@belgraviaedmonton.ca
Belgravia watch	Richard Law	belgraviawatch@gmail.com

Become a Member & Volunteer

Established in 1954, Belgravia Community League (BCL) owns and operates the Hall and rink, built the playgrounds by the school, and developed and maintains the Arts Park – all on land leased from the City. BCL offers many programs and activities and is crucial for representing our neighbourhood interests to City Council on transportation, development and other issues. Support your community by buying a membership and volunteering or joining the board. We have fine facilities, solid finances and fun programs. You'll be delighted by the great people you'll meet while helping out your community.

VOLUNTEER OPPORTUNITIES

To volunteer on one of our teams or help out at a community event, reach out to one of our committee contacts. We're also looking for talented Belgravia residents to share their stories, skills and hobbies as part of our Made in Belgravia (MIB) series. If you have an idea, contact MIB Coordinator Jeanette Boman: mib@belgraviaedmonton.ca

BOARD & COMMITTEE POSITIONS

BCL's Board is looking for volunteers for 2 positions:

Director of Planning and Place (Board Position) – represents the BCL in interactions with the City of Edmonton and developers on development and traffic issues, and helps keep residents informed.

Social Media Coordinator – helps tell BCL's story on our Facebook and Twitter channels.

Contact president@belgraviaedmonton.ca

BECOME A MEMBER

BCL Membership benefits include:

- BCL Hall rental privileges, including Hall Wifi access
- BCL member advertising rate in *the belgravian* newsletter
- BCL member rate for programs at the Hall
- Use of BCL and other community league rinks in the city, with your skate tag
- Complimentary access to BCL events like Fall BBQ, Pumpkin Party and Family Day
- Optional inclusion on BCL Member email list for important messages between publications of *the belgravian* newsletter
- Participation in City soccer and hockey (S.W.A.T.) programs for children
- Discounts for annual and multi-admission passes and monthly memberships at City of Edmonton rec facilities through the Community League Wellness Pass
- A number of offers at Orbis Sports
- University of Alberta technology training programs (contact training@ualberta.ca)
- Printing, posters, wall murals, vehicle decals, dry-mounting, lamination and more at Campus Design & Print Solutions (contact print@ualberta.ca)

The BCL is only as strong as its members.

Please join!

Buy a membership online at:
belgraviaedmonton.ca/bcl-membership/

or email: membership@belgraviaedmonton.ca

If you're new to Belgravia, memberships are complimentary for the first year.



Access all community league rinks with your 2022 BCL membership skate tag

Programs

Programs are back at the Hall! We have some exciting classes for Belgravia residents to join in this fall.

CLASSES AT THE HALL THIS FALL

Class	Day	Time	Hall	Contact
Pilaga (Pilates/Yoga)	Mondays Sept 12–Dec 5	8:30–9:30 am	Upper	programs@belgraviaedmonton.ca
Girls Guides	Mondays	6:30–8:30 pm	Lower	crzcampr@telus.net
Soapstone Carving	Mondays Sept 19–Nov 28	7–9 pm	Upper	programs@belgraviaedmonton.ca
Boot Camp	Tuesdays	7:30–8:30 am	Upper	susan.andrew@shaw.ca
Mat Yoga	Tuesdays	10–11 am	Upper	hallrental@belgraviaedmonton.ca
Fit for Life class (Stretch & Strength)	Tuesdays	11:15–12:15 am	Upper	hallrental@belgraviaedmonton.ca
Music & Movement (young children)	Tuesdays	10–10:45 am	Lower	nancysnotes.ca
Exhale Fitness (Pilates & Barre)	Tuesdays	7–8 pm	Lower	t.e.fedoruk@icloud.com
Walking Group	Tuesdays	10–11/12 am	Upper	drop-in: no fee or registration
Boot Camp	Thursdays	7:30–8:30 am	Upper	susan.andrew@shaw.ca
Mat Yoga	Thursdays	10–11 am	Upper	hallrental@belgraviaedmonton.ca
NIA Dance	Thursdays Oct 27–Dec 15	7–8 pm	Upper	programs@belgraviaedmonton.ca
Exhale Fitness (Pilates & Barre)	Thursdays	7–8 pm	Lower	t.e.fedoruk@icloud.com
Drama for Kids Academy (aged 9-12)	Saturdays Sept 24–Nov 19	12:30–2 pm plus rehearsal times	Lower	moxybstudio@gmail.com
BCL Cooperative Playschool	Tues/Wed/Thurs	9–11:30 am	Lower	playschool@belgraviaedmonton.ca

MORE INFO

Soapstone carving

This popular class returns with Belgravian Pat Galbraith as the instructor to help you carve art from soapstone for 2 hours each Monday evening. Room for 16 students.

Fall Drama Academy

At the end of the academy there will be 2 play presentations (matinee & evening) for family, friends and community members on Nov 19. Advance tickets will be available through Marion Brenner and cast members. Read Marion's story in this issue's [Meet your Neighbour](#) feature.

Walking group

Meet us Wednesday mornings at 10 am in the upper Belgravia Hall, where neighbours head out to nearby enjoy trails and nature. Some regulars rarely miss a walk while others join in when they can. It's great exercise at a pace dependent on the walkers, and varies from 1 to 2 hours depending on the weather. After the weekly expedition, walkers like to treat themselves to a hot drink at Mood Café.

Get Involved

WHY WE NEED BLOCK CONNECTORS

Block Connectors are central to the Abundant Community framework. They connect with their neighbours (about 20 households in a typical block, building floor or cul-de-sac). They introduce themselves as a Point person, Party person and Listener for their block. Residents then slowly (more often than quickly!) get to know each other by the initiatives taken by the connector. Neighbours knowing each other contributes to a culture of care and connection, and a sense of belonging and inclusion.

The Point person keeps neighbours updated about things happening the block, and helps spread info about neighbourhood events. They can make introductions and might put together a contact list or as we often do here in Belgravia, a block map for their neighbours.

The Party person takes initiative for one or two social gatherings per year for their block. The Listener takes note of what their neighbours express about interests and the skills they might want to share with neighbours.

While there are around 28 Block Connectors in Belgravia, about 16 blocks are without Connectors. If you want to get to know more neighbours and help create a neighbourly vibe, you'd be in good company!

The next gathering for Belgravia Block Connectors and anyone interested in the initiative will be a hot apple cider fall social in mid-Oct.



Belgravia Block Connectors gather in May 2022

Stay tuned for our next Block Connector gathering:

Website: belgraviaedmonton.ca

Facebook: [belgraviaedmonton](https://www.facebook.com/belgraviaedmonton)



BIG BIN & SWAP EVENT

A Big Bin event was held on Aug 13th at Belgravia School parking lot. New for 2022 was a swap & recycle where residents brought items to swap, or donate to charity. Christina Lau Hoang and a dedicated volunteer crew helped make it happen!

For 2023 BCL Big Bin events, watch this newsletter and BCL Facebook.

**Calling on Belgravia Community League Adult
Members (18+)**

BCL CASINO VOLUNTEERS NEEDED!

40+ Volunteers Needed

For Our Upcoming

2022 BCL CASINO

Monday, November 7 and

Tuesday, November 8

at the Grand Villa Casino (10224 -104 Avenue)

in support of BCL Programs and Facilities

no experience necessary / "on the job" training

Various Day & Night Shifts / only one shift expected

positions include: banker / cashier / chip runner / count room ("C" & "F")

meet your neighbors / bring -a- neighbor / meal - Transportation provided

it's a fun, fascinating, facilitating, and funding experience

Please "Sign-up" ASAP by contacting Reg Norby, Casino Coordinator by email:
norby@shaw.ca or by phone: 780-436-0590 and indicate your contact phone number
and email and the shift or shifts you are able to volunteer for:

Monday, November 7: Shift "A": 1 pm – 9 pm / Shift "B": 8 pm – 4 am /
Shift "C": 11 pm – 3:30 am

Tuesday, November 8: Shift "D": 1 pm – 9 pm / Shift "E": 8 pm – 4 am /
Shift "F": 11 pm – 3:30 am

The Casino Shift Schedule will be set up in late October and you will be contacted as to your (day or night) shift(s), assigned position/duties/details, and transportation arrangements. |

For more information, contact Reg Norby, BCL Casino Coordinator.

Thanks for Volunteering & Your Support is Appreciated!

Come celebrate Belgravia Community League's 40th Annual Pumpkin Party

Sunday, October 30, 2-4 pm

Belgravia Community Hall

11540 73 Avenue

Join us for a Costume Parade, Carvin' Fun-for-All, Apple-Bobbing and other Games!

All BCL members welcome (memberships will be available at the party)

- Please bring your own carving utensils
- Free pumpkins for families in costumes
- Pumpkin-for-2-Toonies for those not in costume or non-members

CALL FOR HOLIDAY MARKET VENDORS

Your very own 'buy local' Belgravia Holiday Market will be back in the BCL Hall this year.

Mark December 7th on your calendar and watch for further details in the next newsletter or the BCL website and Facebook page.

Interested vendors can reserve a table (\$15 BCL members/\$25 non-members) by contacting Jeanette Boman at mib@belgraviaedmonton.ca



Heather McPherson

**Member of Parliament
Edmonton Strathcona**

Contact my office for assistance with:




- Employment Insurance
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- Canada Revenue Agency
- Citizenship & Immigration
- Canada Student Loans
- Celebratory Messages

780-495-8404

10045 81 Ave T6E1W7



heather.mcpherson@parl.gc.ca

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Visit my website at www.heathermcpherson.ndp.ca



Recent Happenings

SUMMER MEMORIES OF MUSIC IN THE ARTS PARK

August 10: With the success of Belgravia as an off-site location for last year's Edmonton Folk Music Festival, the notion of bringing more musical performances into our community is an idea the BCL is actively pursuing. Thanks to Debbie Smith's suggestion for a 'Music in the Arts Park' event, a beautiful evening on August 10th became an afterglow of this year's Folk Fest.

A City of Edmonton (COE) Neighbourhood Connections Grant allowed us to book Belgravia's own Jamie Philp who opened the evening of with his exquisite acoustic guitar playing. Local Edmonton musicians Ann Vriend & the Inner City went on to entertain up to 350 Belgravia residents and friends as they sat with a sunset background. Many old and new connections were made, and what would a mini music festival be without kids gleefully swirling and dancing while throwing in the odd cartwheel?

Throughout the evening the refreshment team served complimentary popcorn, ice cream, popsicles and iced tea. We followed the sustainability principles BCL is working to embrace, and will promote a 'bring your own cup, plate and utensils' theme for future BCL events.



Debbie Smith, Jeanette Boman, Shirley Perry were organizers and all-around 'runners' for the event; Steve Schroeter provided the sound system; Ken Goble, Barry Edgar, Kevin Taft and Mackenzie Fleming set up and took down the main tent donated by United Cycle and stage borrowed from Marion Brenner's Moxy B Studio; Michael Cohen was master of ceremonies; Eva Colmers was the musicians' support contact; Susan Andrew, Prajakta Kate, Lou Morin, Jan Mills, Karen Glauser, Imogen Sellman and Louise Sellman were the refreshment team; and Catherine Maclean from St. Paul's United Church greeted and gave out door prizes, including:

- quilt from St Paul's Quilting Group, picnic blanket, popcorn, s'mores kits and bubbles
- signature cake from Mood Café
- watercolour painting by Pat Galbraith
- balloon bouquet from Belgravia resident Dolores Hager, owner of the Balloon Store

We'd also like to send a special shout-out to Kate Russell, our City of Edmonton Neighbourhood Resource Coordinator. With her patient support and familiarity with all the behind-the-scenes matters to be addressed, she continues to be a true resource for the BCL.



Recent Happenings

COMMUNITY LEAGUE DAY AND AGM

September 17: We were thrilled that this day was a big success. About 250 people attended, including many children of all ages. It was great to see so many happy faces, and the weather was fantastic. The big event included a BBQ organized by Reg Norby which was amazing to have after 2 years of Covid-19 restrictions prevented a full celebration. Community League Day began with a massive obstacle course and jumpy castle from Big Bounce Theory at 1 pm – much to the delight of the young ones. Face Painting and Glitter tattoo artists decorated attendees while others played Jenga. Food was served from 1 to 5 pm – watermelon, oranges, juice, assorted chips and burgers, all with sustainability in mind. At 3 pm we were entertained by the talented Belgravian David Unsworth. Hear a sample of his music: davidunsworthmusic.com.

With an engrossed Jr. Belgravian contingent, our AGM ran 4-4:30 pm.



Thank you to all who made this happen! Michael Cohen, Susan Andrew, Shirley Perry, Ken Goble, Jeanette Boman, Kevin Taft, Christina Lau, Barry Edgar, Irene Andersson, Kate Russell, Jane Taylor, Debbie Smith and Steve Schroeter provided hours of organizing to make this a fun family event.

Door prizes were donated by: BCL (gift cards), Reg Norby (BBQ set), Marie Walker (Tarot card reading), Debbie Smith REMAX (gift basket), Marion Benner (2 tickets to Murder on the Menu at St Paul's), Heather Scherer (2 bags coffee from Rhubarb Coffee & Cocktail), Elisabeth Beaubien (Nature Walk), Christina Lau Hoang (gift basket), Linda Steinbring (2½ hour Piano lessons), Pat Galbraith (painted coasters).



Meet Your Neighbour

MARION BRENNER AND ROBERT (BOB) GARDNER

by Irene Andersson



*Marion and Bob paused to celebrate
Bob's birthday this past summer*

Marion Brenner and Bob Gardner moved into their house on 72nd Avenue in 2008. Only recently have they had time to really enjoy the community life around them. In fact, these days their front yard, which Bob describes as a community effort, might be mistaken for Belgravia's newest garden café – complete with little red chairs. This Edmonton-raised couple has had busy careers as high school teachers, Marion in Drama and Bob in Social studies. But during the pandemic they spent more time at home. That's when they took up gardening. They started small by creating a few curbside flower beds. Kids on the block soon showed up to help, and now both flowers and neighbour relations are flourishing.

During her career, Marion worked at six different schools in addition to being a director, singer, and writer of no less than 15 theatre plays. During the pandemic, Marion realized how much time she had spent commuting. She also felt that "I hardly knew my neighbours, and wanted to do more for and in my own community". So, this past summer Marion ran 4 weeks of drama classes for kids at the BCL Hall. Kids loved it and families and friends enjoyed the resulting shows. Marion will continue with a Drama Academy for kids this fall. It turns out there is a large interest in the performing arts in Belgravia, and we just have the right person here to teach us.

Bob, too, is delighted to live in Belgravia. "It is like living in a small town, without actually living in a small town". Both Bob and Marion like city life and are strong supporters of local cafes and restaurants. They prefer traveling to cities, especially in Europe. Bob has been all over the U.S with the excuse of watching baseball games. These days he is an Edmonton Elks season pass holder. When the couple are not out and about, they enjoy the fact that 72nd Avenue is a constant play street and that kids often hang out in their front yard. "Just as we started to have more time, the kids on this street had grown up enough to be out playing more. We like that it is lively and that the kids here interact not just with other kids but also with us adults".

Bob recently retired from his long teaching career at Harry Ainlay, Strathcona and McNally high schools. He maintains strong ties to the University of Alberta, where he hung out when he was younger at the then new and unique Hub Mall with his friends and later earned two degrees in Education. Bob will soon feature in a podcast out of the U of A, drawing from a rich teaching career that also included writing textbooks and curriculum and travelling to Finland for teaching partnerships. He also enjoys exploring all corners of Edmonton on his bike, something he used to do a lot as a kid and young adult, but was too busy to do during his working years. And he and Marion are learning how to grow flowers.

Feature: Mood Café Thriving at Two Years

by Connie Boyce

It takes a lot of optimism to open a neighbourhood cafe and pastry shop in the midst of a pandemic when many businesses are struggling. But Mood Café owner Ahmed (Ed) Daoud has more experience and credentials than most. Trained in Paris, he has opened several successful cafés (including Le Petit Paris in Edmonton), baked for Queen Elizabeth and a prime minister, and led multiple teams to Gold wins in international culinary competitions in Europe and Asia. He ran the pastry program at SAIT for two years, where all his graduating students were quickly employed. In the world of pastry chefs, Ed is Canada's Olympic Gold champion.

How did Belgravia get so lucky? Ed already owned the building and when it became vacant, he and his family saw an opportunity. His four children and wife all support the business, with son Ali working as manager. His goal is to cater to every type of customer and "bring people the quality they deserve." From croissants to eclairs to beautiful single serving cakes and tarts, there's something for everyone. The only limitation is the kitchen size.

After two years of operation, Ed says his vision is being realized. "The community has been so welcoming and supportive," he says. "When we opened, people brought us gifts. I remember a grandmother coming by with her granddaughter to bring us a flower. Now we know many of our customers by name." Ed and his wife love the community so much they bought a house in Belgravia last year. "I regret that I didn't move to this beautiful neighbourhood earlier," he says.



Chef Ed Daoud greets his neighbours at Mood Café

Chef Ed is always looking for ways to expand his offerings with new culinary experiments and unique ingredients. He recently used cherries grown right here in Belgravia and Edmonton-grown saskatoon berries and pumpkins.

You can always expect to find something new at Mood Café. But two things never change: the commitment to quality and the smiling friendly faces to greet you.

WELCOMING FALL 2022 REGISTRATIONS

Using a fun wholistic approach to piano!

- Welcoming students of all ages and levels
- 25 years' teaching experience
- B.Mus. and a Registered Music Teacher with APTA
- Fun and creative approach to teaching
- Wholistic integration of singing/movement
- Intro to a variety of styles, chording, improvisation

In-person classes available or online:

Website: edmontonpianoteacher.com

Phone or text: 587-983-0292

Free consultation / mini lesson

Students regularly receive medals and scholarships in festivals & RCM/Conservatory Canada Exams

Feature: Harry Potter Avenue

by Elisabeth Beaubien, naturalist

When I moved to Belgravia 2 years ago, an early adventure was a stroll down 75th avenue, east of 118th street. I immediately dubbed it the 'Harry Potter avenue'. I felt I was in a magic forest!

This avenue is unusual in Belgravia. Besides the usual American elm and green ash trees, the City planted basswood (linden or lime) trees, back in the 1950s. (For fun, google 'images *Tilia europaea*'). They often have 'epicormic shoots', which are stems and leaves that emerge from the bottom and side of the tree trunk. This growth in trees is often associated with stress, and I suspect the local stress was from drought. Certainly, since the huge El Nino event of 1998 we have seen much heat and dryness.

So the lower trunks sprout green stems every year, and then property owners (or the City) trim them off. Over time, this widens the lower trunk while the top of the tree is still narrow, producing a magical 'wine bottle' shape. You can see this effect in the basswood at 11611 - 75th Ave. Here's a fun project for an afternoon stroll this fall and winter: which of the basswood trees on 75th Avenue do you find the most interesting? The most beautiful? Basswood is well loved in Europe. My friends from Belarus delight in gathering the delicious-smelling flowers in July and drying them for herbal tea. Bees love these flowers too!

Masting: is the production of many seeds by a plant, every certain number of years, in regional synchrony with other plants of the same species. 2022 has been a 'mast year' for some conifers. Biologists suggest that the heat last summer (2021) was the impetus for the massive flowering we saw here in both white and blue spruce. Masting is a clever strategy by trees to increase the survival of future generations. The trees produce so many seeds that it's impossible for them all to be consumed by squirrels, birds, mice, etc. And this intense flowering (remember the heavy clouds of yellow pollen from the spruce this spring?) occurs across a wide geographic area. After the pollen cones finish in spring, the female seed cones develop. Just check the tops of

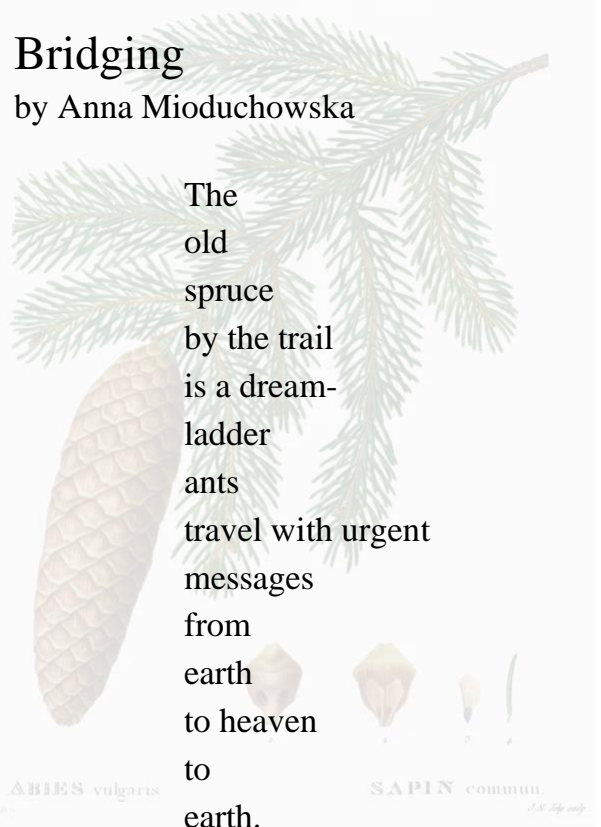
spruce trees (and all over the cedar trees) for massive amounts of cones. Some creatures are being very well fed on the cones, so expect a bumper crop in 2023 of both squirrels and red-breasted nuthatches.

Late Leaf Colouring: Last year on September 25th, in this area, the elms were already 80% yellow with many fallen leaves. This year on September 23rd, they are on average, about 30% yellow. Last year on Sept 22nd the sarsaparilla plants (*Aralia*) along the river valley forest trails, were brown and faded – but this year many plants are still green. Why the late colouring? There is some evidence that leaves have a certain life span. This year the spring stayed cold for a long while; the leaves got a late start and now seem to be lasting longer than usual.

Help your trees! To ensure your trees continue to thrive after our very dry summer, please soak the area around their 'drip line' with a few inches of water, several times before freeze up. If you find trees fascinating, I highly recommend the book *Trees in Canada* by J.L. Farrar.

Bridging

by Anna Mioduchowska



Feature: Into the Garden

SAVING SEED – THE TIME IS NOW!

by Bonnie Walter

By the time you are reading this, our harvest at the Green and Gold Garden will be swiftly winding down. We had a brilliant onion crop this year, bountiful beets and potatoes, great greens and squash and, for the first time ever, Shark's Fin Melon – a glorious, delicious vigorous vine vegetable that we trialed and will grow again! Naturally all of these started from some sort of seed – so here are some simple money saving ways you can save common seeds from some of your favourite vegetables and flowers.

Tomatoes: these are fun to save. It is best if you know the origin of that tasty tomato you loved so much. Heirloom varieties grow true to seed (predictable). Choose your biggest and best candidate. Cut open and scrape out the seeds which will have some gel attached. Soak in a glass of water until the water is a bit cloudy looking (doesn't take long). The cloudy look indicates the beginning of fermentation of the gel. Dump the cloudy water and seeds through a fine mesh strainer and rinse well under tap. You'll have cute clean little light-coloured seeds.

Lay then out to dry on a piece of waxed paper (not paper towel...they will stick). Once dry, remove from waxed paper and store in a paper envelope. Label and date. Keep in dark dry place (maybe in your Seed Shoe Box). Tomato seeds heroically remain viable for over 5-10 years! If you're unsure about the age of your seed, plan to plant an extra 20%. If you don't know but want to try to grow that unidentifiable tasty store bought tomato anyway, Just do it. It will be an adventure.

Beans and peas: Let them dry on the vine if still possible. The pods will be pale and withered. Delete the pod part. Put into envelopes. Always label and date All Your Seeds. You *know* you will forget!

Flowers: Easy ones are calendula, marigolds, lupins and cosmos. All of these will be forming seed heads by now. Let the heads dry on the plants and clip off into a container. mature seeds

will easily separate from the dried flowers/seed cases so compost the chaff and store in a paper envelope with label and date. Most of these last at least a couple of years. Poppy heads are easy too; just shake out the tiny seeds into a clean container right out of their little salt shaker head!

Onions and leeks: Time is not on your side. These are some of the most short-lived seeds and are typically viable only for One Year. The Green and Gold Garden volunteers discovered this the hard way a few years ago, and suffered the loss of zero germination for an entire crop, necessitating costly purchase of greenhouse seedlings! If you are brave enough to save seed from your favourite onion head, be warned. The onion family is programmed to age very quickly. You may have to buy fresh new seed for these.

Store bought seeds are steadily increasing in price and decreasing in volume of product per package, so a little human energy spent gathering and saving one's own little seed crop pays dividends. Happy seed saving and many blessings for a good future garden!

For more information on the Green and Gold Garden, visit: greengoldgarden.com



Boo! Green and Gold Garden's 'Potato Spirit'

Brain Games

K P I B Q R F W M W F G W S H
V D S O H P R L Y G X L I K X
I W G O L O A W H A U N T E D
S K H A P Q N V E M Q S C L T
L P O H I U K D J R U L H E S
I U S Z A A E M V U E E G T P
M M T O S M N M G A N W N O E
Y P N M P U S Q O H M N O N L
D K F B I M T D W N O P N L L
R I A I D M E U H P S U I S F
A N N E E Y I W T Z C T L R I
C V G Q R J N M X P B A E R E
U J S C A R E C R O W F N R B
L H Y L G R A V E Y A R D D R
A L Z P V W R I R P W Y S M Y

Spooky word search

Candy	Monster
Werewolf	Ghost
Spell	Witch
Ghoul	Pumpkin
Mummy	Zombie
Slimy	Frankenstein
Fangs	Haunted
Skeleton	Spider
Graveyard	Scarecrow
Dracula	Vampire

PIANO – THEORY – VOICE LESSONS

All ages, all levels.

Qualifications: Classical, pop. B. Mus.
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Theatre of Alberta. Music for weddings,
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Linda Steinbring

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Marion and Bob's dancing garden crew on 72nd Ave





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