



**Belgravia Community League**  
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**Mailing Address:**  
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Edmonton, AB T6G2T5

**Contact us:**  
Email: [info@belgraviaedmonton.ca](mailto:info@belgraviaedmonton.ca)  
Phone: 780-437-1866 (phone currently not monitored as hall host hours cancelled)  
**COVID-19 Response Team:** 780-802-3666 or [pastpresident@belgraviaedmonton.ca](mailto:pastpresident@belgraviaedmonton.ca)

**Hall host hours:**  
Cancelled

**Visit us online:**  
[@belgraviaYEG](https://twitter.com/belgraviaYEG) (twitter)  
[belgraviaedmonton](https://www.facebook.com/belgraviaedmonton) (facebook)  
<https://www.belgraviaedmonton.ca> (website)

**Next Submission Deadline:**  
May 18, 2022

**Advertise in *the belgravian*:**  
[adsmanager@belgraviaedmonton.ca](mailto:adsmanager@belgraviaedmonton.ca)

**Banner Photo:** Snowmelt at the off-leash park

# ***the belgravian***

**April 2022**

## **Newsletter Administrator and Ads Manager Needed!**

Do you enjoy reading the belgravian? Do you have an interest in communications? Do you want to help promote community and neighbourliness in Belgravia?

We are looking for enthusiastic team players to join the BCL communication team as the newsletter administrator and ads manager. These roles involve working collaboratively with the Communications Directors to:

- highlight BCL activities
- plan, edit & typeset content

The role requires approximately 6-10 hours a month (for 7 months of the year).

For more details, email [communications@belgraviaedmonton.ca](mailto:communications@belgraviaedmonton.ca)

## 2021/2022 BCL Board & Committee Contacts

President	Michael Cohen	president@belgraviaedmonton.ca
Vice President	Eleanor Olszewski	vicepresident@belgraviaedmonton.ca
Past President	Cory Dawson	pastpresident@belgraviaedmonton.ca
Secretary	Samantha Graham	secretary@belgraviaedmonton.ca
Treasurer	Shirley Perry	treasurer@belgraviaedmonton.ca
Membership Director	Jane Taylor	membership@belgraviaedmonton.ca
Director at Large	Irene Andersson	abundantbelgravia@belgraviaedmonton.ca
Director at Large	Christina Lau Hoang	director2@belgraviaedmonton.ca
Director at Large	Barry Edgar	director3@belgraviaedmonton.ca
Planning & Place Director	Jerreck Connors	planning@belgraviaedmonton.ca
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Website administrator	Tim Janzen	webmaster@belgraviaedmonton.ca
Facebook administrator	Jonathan Chan	facebook@belgraviaedmonton.ca
Newsletter administrator	Lena Jones	newsletter@belgraviaedmonton.ca
Belgravian ads manager	Lena Jones	adsmanager@belgraviaedmonton.ca
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Programs Director	Debbie Smith	programs@belgraviaedmonton.ca
Made in Belgravia	Jeanette Boman	mib@belgraviaedmonton.ca
Abundant Community Committee	Barry Edgar	director3@belgraviaedmonton.ca
Pumpkin party, Casino	Reg & Jane Norby	norby@shaw.ca
Belgravia Playschool Chair	Miranda Dawson	playschool@belgraviaedmonton.ca
Belgravia Playschool Teacher	Monika Fouad	playschool@belgraviaedmonton.ca
Facilities Director	Ken Goble	facilities@belgraviaedmonton.ca
Hall rental coordinator	Jeanette Boman	hallrental@belgraviaedmonton.ca
Rink manager	Simon Gosgnach	rinkmanager@belgraviaedmonton.ca
Arts park team leader	Kathy Goble	facilities@belgraviaedmonton.ca
Sustainability Coordinator	Imogen Sellman	sustainability@belgraviaedmonton.ca
Community Connections		
Neighbourhood Resource Coordinator	Kate Russell	kate.russell@edmonton.ca
Belgravia Elementary Liaison	Cory Dawson	info@belgraviaedmonton.ca
U of A community consultation		director4@belgraviaedmonton.ca
Belmac Soccer Coordinator	Carley Haynes	belmac@belgraviaedmonton.ca
Belgravia Watch	Richard Law	belgraviawatch@gmail.com

### EASTER WEEKEND AT MCKERNAN BAPTIST CHURCH



GOOD FRIDAY | April 15 | 10AM  
EASTER SUNDAY | April 17 | 9AM & 11AM

11103 76 Ave NW  
mckernanbaptist.ca/easter

### ST. GEORGE'S ANGLICAN CHURCH, 11733-87 AVE.

Has concert/recital space for music teachers and students

- Yamaha C2 Grand Piano
- Beautiful, intimate setting with seating capacity of 150
- Good acoustics
- Proximity to U of A Campus
- Intermission/reception space available

For more information, please contact David Cass  
([d.cass@ualberta.ca](mailto:d.cass@ualberta.ca))

## Programs at the BCL

We have some exciting programs for Belgravians to join and meet up with some friends. Please take a look at what we have ready for you to sign up for by contacting [programs@belgraviaedmonton.ca](mailto:programs@belgraviaedmonton.ca)

### **PILAGA:**

Pilaga is a combination of Yoga and Pilates and is suitable for all fitness levels. The focus is on mindful movement and of course to have fun! This is a morning class to start your day.

Cost is: \$150/10 weeks (or drop in for \$20/class)

Mondays 9:30 am - 10:30 am April 4 - June 20, 2022 for a total of 10 weeks

### **ART/ ACRYLIC PAINT CLASS:**

Our instructor will work with the class to show new techniques, tips, and styles of acrylic painting while working toward an end goal. All art supplies and materials are provided, including tablecloth and aprons. Classes are usually divided by age (kids / adults). We require a minimum of 6 attendees per class to run the program. If we have enough interest and students we can add more classes.

Cost is \$25/person, per class or \$44/ 2 weeks.

April 23 & 30, 2022 11am-12pm

BCL UPPER HALL

### **NIA DANCE:**

Nia is a holistic fusion of dance, martial arts, and the healing arts that creates a transformational workout for body, mind, and spirit. No previous experience necessary and all fitness levels welcome. Nia is a non-impact movement practice and, typically, done in bare feet but if participants need shoe support, please wear inside-only non-marking footwear that is easy to move in. Comfortable clothing, a yoga mat, and a water bottle is also suggested. For more information about Kirsten Bartel and Nia, please email [fleurishmovement@gmail.com](mailto:fleurishmovement@gmail.com) or go to [fleurishmovement.com](http://fleurishmovement.com). We have room for 5 to 10 people.

Cost: \$150/10 weeks (drop in is also welcome at \$20/class)

Thursdays 7-8pm April 7– June 9, 2022 for a total of 10 weeks

BCL Hall upper level

### **SOAPSTONE CARVING:**

This very popular class is returning with Pat Galbraith as the instructor to help you carve ART from soapstone! Pat will guide you through all the steps for 2 hours each Monday evening. We have room for 16 students For more information about the class email Pat at [patgal@shaw.ca](mailto:patgal@shaw.ca)

Cost is \$150/10 weeks with each class being 2 hours

Mondays 7-9 pm April 4 - June 20/ 22 for a total of 10 weeks

BCL Hall upper level

### **WALKING GROUP:**

Meets every Wednesday morning at 10 am. This isn't a class but neighbors getting together at no cost to enjoy the trails and enjoy nature. We have regulars that rarely miss a walk but all are welcome to join in. It's very good exercise at a pace dependent on the walkers and varies from 1 to 2 hours depending on the weather etc. Usually walkers will end at MOOD CAFE for a cappuccino so bring a debit card just for this.



# the belgravian

Published by Belgravia Community League, the Belgravia newsletter reports on the community news, programs and events in and around the Belgravia area.

## Frequency

We publish 6-7 issues per year

## Monthly Distribution

We deliver approximately 1000 copies to homes in Belgravia.

## Online

<https://belgraviaedmonton.ca/newsletter/>

## Advertising

Advertisements should be submitted to [adsmanager@belgraviaedmonton.ca](mailto:adsmanager@belgraviaedmonton.ca)  
Advertising for businesses located outside of Belgravia, McKernan, and Windsor Park are limited to business card size.

## Editorial Submission

Submission are subject to editorial discretion and available space. To submit an article email [newsletter@belgraviaedmonton.ca](mailto:newsletter@belgraviaedmonton.ca)

## Schedule

Issue	Content Deadline	Delivery
September 2021	Aug 18	Aug 28/29
October 2021	Sep 15	Sep 25/26
December 2021	Nov 17	Nov 27/28
February 2022	Jan 19	Jan 29/30
April 2022	Mar 16	Mar 26/27
June 2022	May 18	May 28/29
August 2022	July 14	July 24/25
October 2022	Sep 15	Sep 25/26
December 2022	Nov 17	Nov 27/28

## Brittany Brady July 28,1991- January 16, 2022



“Love you, Brittany, to the moon and back again.”

To our dearest friends and neighbours ... words cannot describe the love and warmth you have shown to our family during this time of mourning. The flowers, the food, and the expressions of grief will touch our hearts and souls forever.

Brittany rejoiced in being part of our community. We remember watching her from our window as she walked to Belgravia Elementary School meeting up with her friends along the way; memories of her playing soccer on the green space near our home and carving pumpkins at the annual BCL Halloween Party.

We live in an exquisite part of Belgravia with the large open-spaced road in front of our home that forms a circle with our neighbours; where the kids occasionally play street hockey and the adults come out to chat with one another. Belgravia is a little bit of heaven. A place where families live, love, thrive and sometimes grieve.

Brittany was beautiful in body and soul and will be missed by so many. She left us too soon. Our hearts are broken - please come by on occasion and patch us up a little.

With our profound gratitude and love, Bill, Pearl, Sabrina, and Kyle Spalding, our forever son-in-law.



## Belgravia Rink Renewal

by Tom Hinch, photos submitted by D. Shepherd

Located in the heart of the community, the Belgravia Rink has long been a focus of winter recreation. An enthusiastic team of volunteers led by Ken Goble repaired, replaced and painted the rink boards this past summer. In doing so, they extended the life of the rink by 4-5 years giving the community time to complete a planning process for a major redevelopment. This community led process will follow the steps required by the City of Edmonton including the following phases:

1) strategy, 2) concept, 3) design, 4) build, and 5) operate. We are currently in the first phase, which will shape the project going forward.

The goal of rink renewal is to replace the existing facility with a new outdoor facility that will serve as a sustainable year-round intensive recreation area. The all-season nature of the space is meant to be a substantial departure from the existing single season focus.

A Belgravia Rink Renewal Project Team has been struck consisting of Tom Hinch, Larry Krushelnitzky and Darren Shepherd. The team reports to the Board of the Belgravia Community League and is consciously aligning this project with the League's strategic plan and existing projects such as the Charles Simmonds Park Renewal. If you would like to participate directly in the rink project or have any questions or thoughts about it, please contact us at: [rinkrenewal@belgraviaedmonton.ca](mailto:rinkrenewal@belgraviaedmonton.ca)

Community engagement is a central part of the redevelopment process. At this point in the strategy phase, we are particularly interested in your opinion about the types of activities that you would like to see at your revitalized rink. A survey seeking this input is now available online. We hope that you and your family will take the time to complete it by using the following link or QR code.

<https://www.surveymonkey.com/r/CL7WG87>



Found: red Roots backpack full of teen-size winter clothing found in back alley a block from Belgravia school. To claim, please call 780-916-0966.





Play in the parks and explore nature on our class adventures! Our wide range of activities and various centres in the classroom allows each child to explore their own interests while participating with friends in bright learning spaces.

# Belgravia Cooperative Playschool

**Tues·Wed·Thurs**  
**8:30-11:30**

**Lunch Program**  
**11:30-12:30**

**For information and  
to register contact:**

**Monika Fouad (Teacher)**  
[playschool@belgraviaedmonton.ca](mailto:playschool@belgraviaedmonton.ca)  
**780 292 5195**

## Belgravia Playschool update

Step into the warm, welcoming environment of the Belgravia playschool and you will quickly discover the treasure that it is.

Ms. Monika expertly weaves together enriching stories, songs, and creative experiences that continue to spread joy in our home long after the playschool morning has ended. The small class enables the children to safely expand their social skills and to explore the world. It is no surprise our son often asks "is there playschool today?"

During the long and cold winter months he and his friends enjoyed an array of memorable activities. Some of them, as seen on the photos, have been the lantern parade, decorating gingerbread houses, fun in the snow, dinosaur week and grinding oats for a Family Day treat.

We are grateful to be a part of a supportive and thoughtful community at playschool. It has been very important for the development of our children and families to come together in this safe and nurturing environment.

Spots are available for the remainder of this school year. Registration for next school year 2022-23 is now open. For information and to register contact Monika Fouad [playschool@belgraviaedmonton.ca](mailto:playschool@belgraviaedmonton.ca)



## Our neighbours are invited to check out these programs for all ages at St Paul's United Church.

Zoom links for programs can be obtained from Anna (780)436-1555 or [office@stpaulsunitied.org](mailto:office@stpaulsunitied.org)

**Godly Play** for children age 3 - 11 Sunday mornings 9.30 - 10.30 am Children hear and see bible stories told to them and then wonder with the storyteller Rony Kyle. I wonder what is most important about this story? I wonder what you like best about this story?.....Then together the children "work" with craft supplies or toys while the storyteller and "door Keeper" watch and respond to their play/work.

**Story Time** Tuesdays 5.45- 6.15 People of all ages are invited to see and hear picture book stories on many different themes centered around compassionate and loving relationships with ourselves, our neighbours and the earth.

**Day 5** Thursdays 7.30 - 9.00pm This program runs until the end of April.

Presentations for Adults on a wide variety of topics including Death, racism, parenting, climate change, "Queer" topics, presentations on books by local authors , etc.

**Youth Group** for children and youth in grades 4 - 10. Fridays 7-9pm.

This group discusses and explores themes interwoven with activities and games. Currently we are discussing questions about Life... eg What boundaries help us to be safe and grow and what boundaries aren't helpful for us? After Easter we will be learning about Holy Trouble Makers from different faiths.

**Walk our Labyrinth** Contact Anna the church Administrator to set up a time for you (and a few friends) to walk our labyrinth.

**Church in the Woods** An online resource for activities families can do together. New posts are made weekly. Visit the Facebook page.

(or use this address <https://www.facebook.com/groups/444901085567303/search/?q=church%20in%20the%20woods>)

**Living the questions for young Adults** (17-30 ish) Sundays 11- 12 pm until April 17th. This group discusses the hard questions of life... such as why do good people suffer? How do we deal with suffering? How do I make a choice between two or more good possibilities?. and YOUR questions.



## Volunteers Needed!

The **Edmonton Urban Coyote Project** at the University of Alberta is looking for volunteers to test an approach that could **reduce human-coyote conflicts**.

This program aims to determine whether intimidating coyotes occupying residential areas can **increase their wariness** towards people.

## What is the time commitment for this project?

We are asking volunteers to commit to one weekly patrol, which can be as little as **20 minutes** per week! This project will start on **January 15, 2022** and will run until **May 2022**.



## How can I get involved?

For more information, visit:

[urbancoyoteinterventionprogram.weebly.com](http://urbancoyoteinterventionprogram.weebly.com)

If you have any questions or are interested in joining the project, please email [coyotes@ualberta.ca](mailto:coyotes@ualberta.ca).



**Heather McPherson**  
Member of Parliament  
Edmonton Strathcona

## Contact my office for assistance with:

- Employment Insurance
- Old Age Pensions
- Canada Revenue Agency
- Citizenship & Immigration
- Canada Student Loans
- Celebratory Messages

**780-495-8404**  
10045 81 Ave T6E1W7



[heather.mcperson@parl.gc.ca](mailto:heather.mcperson@parl.gc.ca)

Follow on

Visit my website at [www.heathermcperson.ndp.ca](http://www.heathermcperson.ndp.ca)





## BCL Family Day

The -20 degree weather didn't deter Belgravia families looking for some fun on February 21, 2022. Up to 70 kids, parents and friends turned out to enjoy the activities. Mood Café's hot chocolate and cookie pick up (on a day they are normally closed) got us off to a great start. By the end of our event, Jeanette Boman and Jane Taylor at the Membership table saw to it that all 75 cookies & 100 cups of hot chocolate had been consumed!



Barry Edgar, Belgravia's Broomball referee extraordinaire helped young and old alike try what is recognized as a Canadian invented game on the rink ... a lot like hockey without the skates, pads and helmets.





Some terrific snow sculptures were built in the Arts Park. Facilitated by Irene Andersson, snow sculptors took an inspirational picture of what could be built along with special ice decorating jewels made by Pat Galbraith & Bonnie Walter. Irene planned a wonderful Treasure Hunt which ultimately ended with the discovery of beautiful wood medallions secured & prepared by Cam McGregor & Ruth Craig. With the treasure found, everyone went back to the hall to paint, stamp & decorate their medallion under Pat Galbraith's artistic supervision ... not before stopping to roast a marshmallow or 2 or 3 with Kevin Taft at the fire pit.



Even the family dog was welcome ... a great time had by all!



## Neighbour to Neighbour (N2N) Talks

We had a late start to our N2N sessions this year. However, the speaker made up for this. Gordon Howell is a graduate of the University of Alberta Electrical Engineering program from 1975. As an alumnus, he has had much influence throughout Western Canada. He gave us an excellent talk on solar electricity on Tuesday, February 1, 2022. We had a record number of attendees (39 zoom screens!).

It was lovely to see so many EFCL neighbourhoods were represented in addition to Belgravia, McKernan and Windsor Park. Here are a few tidbits from the talk:

- Alberta has a huge solar resource that is hundreds of times more than the energy that we extract from the ground (even with our long winters). In fact, Lethbridge has the highest solar resource of any city in Canada.
- A typical household in Alberta uses 7200 kW·h of electric energy per year.
- A solar-electric system uses an inverter to convert the DC solar electricity to AC for a house
- Edmonton built its first net zero energy home in 2008 - and at one point, Edmonton had more net zero energy houses than the rest of Canada combined!
- Since we all want to know costs - the cost of an installed solar-electric system for average household today in Edmonton is \$16,000 (not including a City of Edmonton rebate of up to \$2500 and Federal Government rebate of up to \$5000); the estimated Return on Investment based on current costs is in the timeframe of 6-10 years depending on roof orientation.

Other questions addressed included placement of the array of solar modules (south facing vs east, west or north facing), some effect of large trees in mature neighbourhoods, effect of snow (10%) - or ice / hail (none) on generation; we also had a nice discussion on the "Right to Light"- as more multi-storey new buildings, particularly in older neighbourhoods, the effect the light on smaller single / double storey homes. If you have more questions, Gordon has kindly agreed to answer these. We would also like to track these so please email Debbie (Programs coordinator - [programs@belgraviaedmonton.ca](mailto:programs@belgraviaedmonton.ca)) and these will be forwarded.

Thank you to all who attended - including two people from Whitehorse, YT!

**Donations** are always to the University of Alberta's Campus Food Bank for these events - food security amongst University students is a real and growing entity. and the CFB had its highest ever usage this past month (February 2022). It's simple as 1-2-3 clicks (donation tab at the top) - <https://campusfoodbank.com>

The next N2N talk tentatively scheduled for **Tuesday, April 12, 2022**:

Fatigue you say? Impact of Iron Deficiency - Dr. Mark Hnatiuk (Hematologist)

### Keillor Point Art

The City of Edmonton has given approval for an artist to paint images on the concrete benches at Keillor Point. We are interested in hearing your first choice for the theme of the art. The choices are:

- Plants, flowers and healing herbs of the river valley,
- Animals and birds of the river valley,
- River valley land and skylscapes.

Please let us know your first choice by emailing [KeillorPointArt@belgraviaedmonton.ca](mailto:KeillorPointArt@belgraviaedmonton.ca) by April 7, 2022



## Meet Your Neighbour: Jerry Pashen

By: Jeanette Boman

With a passion for adventure and Canada's north, Jerry Paschen immigrated from Germany to Canada in 1958. At that time, youth hostelling (which began in the early 20th century Germany) was a perfect way to learn about nature and outdoor living. Youth hostels were also places for young people to meet and share their lives and values. And that is what happened when Jerry and Elizabeth (Betty) Jennings met while climbing Mt. Edith Cavell in 1959 with a group of youth hostellers. They married in December 1960 at which point Jerry moved to Belgravia.



Betty (who passed away on March 14, 2019) had grown up on a farm near Condor, Alberta and was an extremely enterprising young woman. She had completed her high school by correspondence and taught at one-room schoolhouses near Condor and Rocky Mountain House before coming to Edmonton to complete her B.Ed. and ultimately her M.Ed. at the U of A. In 1953, she bought a lot along 119 Street and University Avenue for \$2000 and by 1954 had a house built using a design she had completed in one of her U of A courses. To pay off her debts, Betty rented rooms in her home to other young women attending the university. With their commitment to youth hostelling, Betty and Jerry's home served as the first urban Youth Hostel in Edmonton for several years as well.

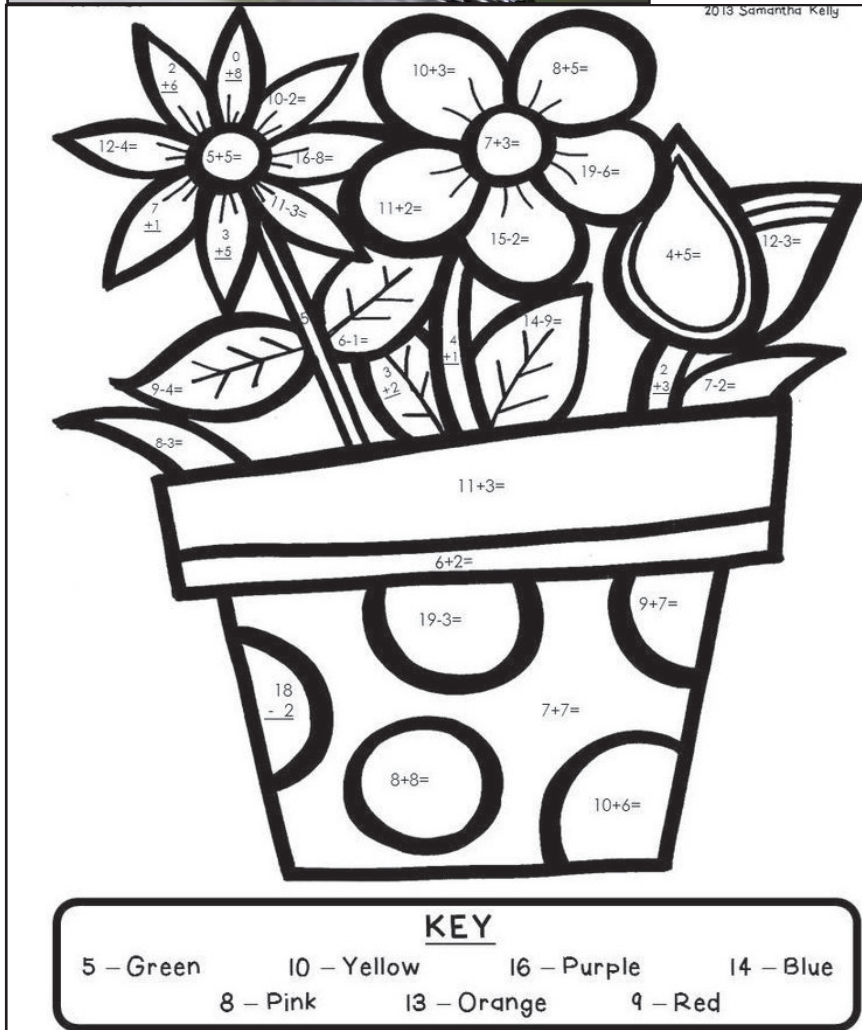
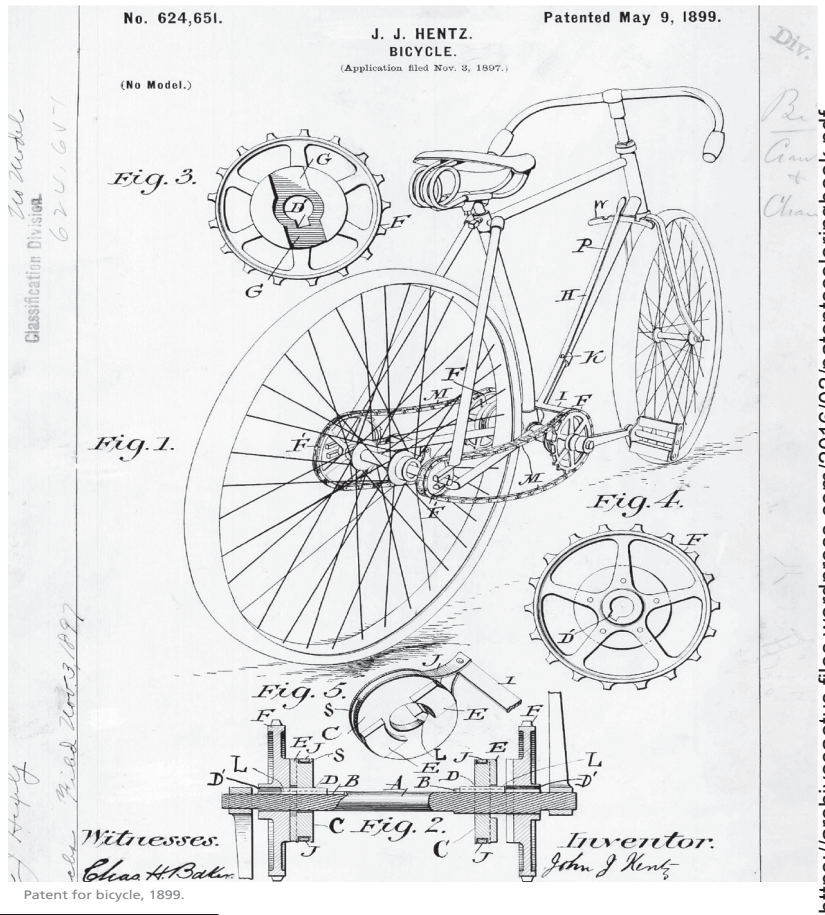
While Jerry was a certified journeyman electrician when he arrived in Canada, he was required to re-do his training at SAIT. When he excelled, he was encouraged to study further and soon thereafter, earned his First Class Master Electrician certificate. After the birth of their two daughters and a son, Jerry and Betty established their home based business, Paschen Electric Ltd. in 1968. While Jerry was the electrician in the family, Betty was everything else from dispatcher to helping give instructions to the workers to buying supplies for their electrical maintenance contracts for the university, school boards and hospitals. Jerry and his son Syd continue to run the business to this day.

Jerry and Betty's passion for the environment and a sustainable future took them in many directions which included: commissioning the building of a skiff to take their kids (9, 8 & 6 years old) on a 6 week river voyage from Ft. McMurray to Inuvik; building a solar oven in the backyard long before solar became a common source of electricity to bake bread and family dinners; pursuing creative ways (like calling a fleet of Yellow Cabs) to save the spruce trees along University Avenue; campaigning to ban junk food and pop machines from their children's school McKernan School; conserving and reusing whenever possible like the beautiful cedar beams they salvaged from the old BCL Hall; and, finally and not least, both running as Green Party candidates in provincial and federal elections.

Nature lovers both ... but for Betty in particular, it was the clouds of Cedar Waxwings that came to feast on the berries around their home she loved most. While Joyce Spicer was interviewing Jerry for this article, a flock of Cedar Waxwings landed in the trees above at which point Jerry said "There's Betty right now". After 58 years of marriage, the birds were a testimony to Betty's spirit living on not only in Jerry's life but in Belgravia too.

## Spring is here Junior Belgravians!

It's the time of the year that we get to look forward to longer hours of sunshine, new plant growth, and springtime bird-watching. On your way to school, you might notice common backyard birds. Can you name these birds?



This spring, make treats for the birds that live around your home! The peanut butter pinecone is an easy one to make with pinecones you can find at the playground.

### Peanut Butter Pinecones

#### Ingredients:

Pinecones  
Peanut butter  
Birdseed (your choice!)

#### Directions:

Cover your workspace with newspaper then pour birdseed on it. Spread peanut butter all over pinecones then roll the pinecones in the birdseed. Tie some string to the cones and hang them on tree branches. Watch the birds flock to your treats!

Visit [birdwatchersdigest.com](http://birdwatchersdigest.com) to learn more about birdwatching in Alberta and for more bird treat recipes.