



the belgravian

December 2019

Belgravia Community League

11540 73 Avenue NW
Edmonton, AB T6G 0G1

Mailing address:

P.O. Box 52202
Edmonton, AB T6G 2T5

Contact us:

Email: info@belgraviaedmonton.ca
Phone: 780-437-1866

Hall host hours:

Mondays 6 – 8 pm
Tuesdays 7 – 10:30 am
Wednesdays 10 am – 1 pm
Thursdays 10 am – 1 pm
Fridays 10 am – 1 pm

Visit us online:

@belgraviaYEG (twitter)
belgraviaedmonton (facebook)
<https://www.belgraviaedmonton.ca> (website)

Next Submission Deadline:

January 17, 2020

Advertise in the belgravian:

adsmanager@belgraviaedmonton.ca

Banner Photo: Frosted berries in Belgravia off-leash area.

Upcoming Events:**Belgravia Holiday Marketplace**

Wednesday December 4, 2019; 7–9 pm

Kids Christmas Baking

Saturday December 14, 2019; 2 – 4 pm

See pg. 4

Jane Austen's 244th Birthday Celebration

Sunday December 15, 2019; 3 – 4:30 pm

See pg. 4

A Jigs Festival Feast

Sunday December 22, 2019; 5 pm - 7 pm

See pg. 4

**Belgravia Holiday Marketplace**

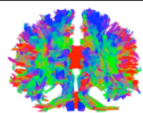
Wednesday, December 4, 2019,
7:00-9:00 pm

Belgravia Community Hall
11540 - 73 Ave NW

Come to the Belgravia Holiday Marketplace event. It's a great time to do some holiday shopping, talk with your neighbours, and have some holiday treats!

2019/2020 BCL Board & Committees Contacts

President	Cory Dawson	president@belgraviaedmonton.ca
Vice President		vicepresident@belgraviaedmonton.ca
Past President	Michael Cohen	pastpresident@belgraviaedmonton.ca
Secretary	Samantha Graham	secretary@belgraviaedmonton.ca
Treasurer	Greg Jones	treasurer@belgraviaedmonton.ca
Membership Director	Susan Andrew	membership@belgraviaedmonton.ca
Director at Large	Kevin Taft	director1@belgraviaedmonton.ca
Director at Large	Christina Lau Hoang	director2@belgraviaedmonton.ca
Director at Large	Barry Edgar	director3@belgraviaedmonton.ca
Planning & Place Director	Marcel Huculak	planning@belgraviaedmonton.ca
Transportation Committee	Jordan Hoffart	transportation@belgraviaedmonton.ca
Communications Director	Imogen Sellman	communications@belgraviaedmonton.ca
Website administrator	Tim Janzen	webmaster@belgraviaedmonton.ca
Facebook administrator	Jonathan Chan	facebook@belgraviaedmonton.ca
Belgravian ads manager	Lena Jones	adsmanager@belgraviaedmonton.ca
Belgravian distribution team leader	Susanne Rowe	communications@belgraviaedmonton.ca
Programs Director	Cameron McGregor	programs@belgraviaedmonton.ca
Made in Belgravia	Jeanette Boman	mib@belgraviaedmonton.ca
Abundant Community Committee	Cameron McGregor	programs@belgraviaedmonton.ca
Pumpkin party, Casino	Reg & Jane Norby	norby@shaw.ca
Belgravia Playschool Chair	Charise Sherwin	playschool@belgraviaedmonton.ca
Belgravia Playschool Teacher	Monika Fouad	playschool@belgraviaedmonton.ca
Facilities Director	Brendan Hemens	facilities@belgraviaedmonton.ca
Hall rental coordinator	Jeanette Boman	hallrental@belgraviaedmonton.ca
Rink manager	Simon Gosgnach	rinkmanager@belgraviaedmonton.ca
Arts park team leader	Kathy Goble	facilities@belgraviaedmonton.ca`
Community Connections		
Neighbourhood Resource Coordinator	Kate Russell	kate.russell@edmonton.ca
Belgravia Elementary Liaison		info@belgraviaedmonton.ca
U of A community consultation	Sean Gerke	info@belgraviaedmonton.ca
Belmac Soccer Coordinator	Carley Haynes	belmac@belgraviaedmonton.ca
Belgravia Watch	Richard Law	belgraviawatch@gmail.com



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For more information, please contact David Cass
(d.cass@ualberta.ca)

Board Updates

It's end of the... Keillor Point Committee

With the construction at Keillor Point completed, the BCL Board has disbanded the Keillor point committee. Read more about the latest update on pg. 11 from Roger Laing, one of the volunteers on this committee.

Programs

In this issue, we have a listing of programs for the winter – starting in January 2020 – see pg. 6 for more details. There is also a write-up on one of our programs “Experimental Techniques in Watercolour”. This was a new offering this fall and we would like to expand the program this winter - read more about what it is like to take this program on pg. 5!

We are replacing Zumba with Nia aerobics this winter. Nia is a low impact aerobic dance program. If you are looking for a cardio workout on Thursday evenings, this may be the program for you! Read more on pg. 7!

Coming Up this Winter

We are planning a continuation of our Neighbour to Neighbour series, hosted by Dilini Vethanayagam, including:

- Independent Community Living & Fall Prevention
- Mental Wellness (mitigating the increased perception of loneliness in our communities, options for possibly engaging with students who need housing close to campus)
- An open session to explore topics of mutual interest

On the Horizon

- What would you say to a Pot luck dinner every month for the next few months? Would you help us?
- We are planning to host a Singles and Family Day celebration on Feb. 17th.

Would you like to come?

- Could we make our community better and safer for people with dementia or just an easier place to walk around? There is a group in the Occupational Therapy Department of Rehabilitation Medicine who may be interested in working with us.

If you are interested in any of the topics on the horizon or have a few of your own to add, why not give Cam McGregor a note at programs@belgraviaedmonton.ca ?

Renew Your BCL membership!

Volunteers are still out canvassing to sell BCL memberships. If you weren't home when they called, or you haven't yet had anyone come to your door and you would like to purchase your 2019/2020 BCL membership, please contact me at membership@belgraviaedmonton.ca If you are able to help, there are still blocks needing a volunteer to go door to door. Please contact me if you can take 20 minutes to do your block. It's a great way to catch up with your neighbours and meet your new neighbours!

There are many benefits to membership including BCL Hall rental privileges, participation in City soccer and hockey programs for children, 10% discount on annual and multi-admission passes and monthly memberships at City of Edmonton recreation facilities and more.

The BCL is only as strong as its members who make it possible for the Board to address community concerns, reflect the needs of Belgravia at the City level, provide programming & community events, and build and maintain community resources such as the rink, hall, playgrounds and more!

Memberships are also available online at <https://efcl.org/> (\$5 processing charge). New this year: Complimentary memberships to those new to Belgravia!!

Thank you for supporting BCL!

Made in Belgravia Sessions in December

1. Kids Christmas Baking

Join Kaitlyn White at our second *Lunch Kit Club* session for an afternoon of holiday baking. Kids will work together to develop new culinary skills while having fun creating Christmas inspired desserts. The best part will be taking home an assortment of what you bake!

When: Saturday, December 14 from 2 – 4 pm

Where: Upper BCL Hall Kitchen

For: Elementary School aged children (parents of K-Grade 2 children are encouraged to attend with their child)

Class fee: \$10 (pay at the door on December 14)

RSVP by December 12 to Made in Belgravia
mib@belgraviaedmonton.ca



Kids Lunch Kit cooking class, October 24, 2019

2. Juliet McMaster on Jane Austen (December 16, 1775 – July 18, 1817)

Join Belgravia's very own renowned Jane Austen scholar, Juliet McMaster as she, along with members from the Jane Austen Society of Edmonton, read from Jane Austen's *Pride and Prejudice* followed by tea and a birthday cake to celebrate what would be Austen's 244th birthday and discussion about the significance of her writing. With the recent publication of her book, *Jane Austen, Young Author* Juliet will be prepared to speak about Austen's "acute and frequently uproarious juvenile works" as

important precursors to her novels so many of us have come to love.

For: Everyone ... period dress is welcome for those needing an excuse to wear their 18th century fashion items.

When: December 15, 2019; 3 – 4:30 pm

Where: Upper BCL Hall

Fee: \$5.00

RSVP by December 13 to Made in Belgravia
mib@belgraviaedmonton.ca

3. A Jigs Festival Feast

Come celebrate the season together with Belgravia resident food enthusiast, Kaitlyn White-Keyes for a 'jigs festival' feast. Kaitlyn will showcase her Nait chef training skills with a menu of chicken, salt beef, stuffing, potatoes, turnip, cabbage, carrots and peas pudding topped with gravy and cranberry sauce. Bring your appetite and a favorite dessert to share. Live Music and a door prize too.

When: December 22, 2019; 5 pm - 7 pm

Where: Upper BCL Hall

Fee: Adults: \$20 (\$15 with BCL Membership);
Elementary School Age Kids: \$10 (\$5 with BCL Membership); Kids 4 and under: Free

RSVP by December 18 to Made in Belgravia
mib@belgraviaedmonton.ca

University of Alberta South Campus – Michener Park

Long Range Development Plan Amendment
Open House

The University of Alberta held a public open house that provided information on the amendment of land use plans (Long Range Development Plan) for the South Campus - Michener Park area. The information presented at the open house will be posted online on November 28, 2019 until December 19, 2019 at www.uab.ca/community

Find your creativity in a watercolour class!

I'll never look at clouds the same way again

By Barb Krahn

Fluffy and white, high and wispy, streaked with pink and red – until this class, I'd forgotten how many shapes, sizes and colours clouds come in. That's why they make an ideal subject for a beginners' watercolour class. As fellow student Marnie hummed along to Joni Mitchell's lyrics "I've looked at clouds from both sides now," I learned the best part: there are just as many ways to paint a cloud as there are clouds.

Instructor Pat Galbraith, renowned local artist and Belgravia resident, led us on this airy exploration while introducing a range of techniques with simple tools. And we didn't stop at clouds! With every class a new adventure, Pat moved us forward with gentle suggestions and much encouragement.



When was the last time you painted with your fingers? Or with a cotton ball, or a sponge? Have you ever sprayed glass cleaner or soap onto a splotch of paint just to see what would happen?

Along with learning basic brush strokes, students in the new Experimental Watercolour program at BCL Hall this fall did all that and more, letting go of preconceived ideas of what painting should be and taking a journey of discovery. In doing so, we laughed and learned together, created personal and unique art and exploded the myth that creativity belongs only to a few.



While I might not yet have a masterpiece to show off, I do have a lot of new tools, new friends and a newfound confidence in my ability to create art. Try this program and you will too!

Next session: Wednesdays from January 15 to March 18, 2020, from 1 p.m. – 3 p.m. To register, email BCL Programs Director Cam at programs@belgraviaedmonton.ca by January 8, 2020.

Notes from the BCL Knitters...

The BCL knitters have been meeting up every Tuesday evening for almost 2 years! Over the summer, you will often find knitters knitting all sorts of items for the upcoming fall/winter season including Holiday decorations, sweaters, socks, scarves, the list goes on...

These mittens were knitted by a member of the group who only started knitting at the Made in Belgravia Learn to Knit Session in Winter 2018 & now, with the support & advice of the knitting group, is busy knitting all sorts of items! And these lovely mittens were finished just in time for the winter weather!



Winter 2020 BCL Programs at the Hall

The League is offering a number of classes & groups to interest you this winter! From arts & crafts (soapstone carving, techniques in watercolor, arts & crafts drop in, & BCL knitters) to fitness (yoga, walking group, strength & stretch, fit for life, and new class: Nia dance - a low impact dance workout!). Read more about the watercolour class on pg. 5 and the fitness classes on pg. 7!

Please let Cam know if you would like to register for a program by emailing
programs@belgraviaedmonton.ca

We would appreciate if you register before the Holidays!

Program/ Location	Day/Dates	BCL Member/ Non-member Fee
Strength & Stretch Leader: Tara Mayne Location: Lower Hall	Mondays 11 am - 12 pm Jan 13 – Mar 23 (No class Feb. 17)	\$120/\$140 Drop ins: \$15/20
Soapstone Carving Leader: Pat Galbraith Location: Upper Hall	Mondays 7 - 9 pm Jan 13 – Mar 23 (No class Feb. 17)	\$150/170 No drop ins
Arts & Crafts Drop in Leader: Anita Nawrocki Location: Community Living Room	Mondays 12.30 - 2.30 pm Jan 13 – March 23 (no drop-in Feb. 17)	BCL or Associate Membership
Morning Mat Yoga Leader: Elise Ure Location: Upper Hall	Tuesdays 10.30 – 11.30 am Jan 14 – Mar 17	\$120/\$140 Drop ins: \$15/20
Morning Chair Yoga Leader: Elise Ure Location: Upper Hall	Tuesdays 11.30 - 12.30 pm Jan 14 – Mar 17	\$120/\$140 Drop ins: \$15/20
BCL Knitters Location: Community Living Room	Tuesdays 7 – 9 pm Ongoing	BCL or Associate Membership
Experimental Techniques in Watercolour Leader: Pat Galbraith Location: Upper Hall	Wednesdays 1-3 pm Jan 15 – Mar 18	\$150/\$170 No drop ins
Belgravia Walking Club Location: Upper Hall Entrance	Wednesdays 10 am About 1 hr walks	BCL or Associate Membership
Nia Aerobic Dance Class Leader: Kirsten Bartel Location: Lower Hall	Thursdays 7 - 8 pm Jan 16 to Mar 5	\$100/120 Drop ins \$15/20
Morning Mat Yoga Leader: Elise Ure Location: Upper Hall	Fridays 10.30 – 11.30 am Jan 17 to Mar 20	\$120/\$140 Drop ins: \$15/20
Fit for Life Leader: Elise Ure Location: Upper Hall	Fridays 11.30am – 12.30 pm Jan 17 to Mar 20	\$120/\$140 Drop ins: \$15/20

Winter 2020 Other Programs at the Hall

Program/ Location	Day/Dates	Fee	Register With/More information...
Guides Leader: Tonya Wolfe Location: Lower Hall	Mondays 6.15 – 8.15 pm Starting January 13	Contact Tonya Wolfe	tonya.wolfe@gmail.com

BCL courses need about 7 participants to make them fun. If registration is low for a class, we may cancel the class a week before it starts and try again in the spring.

Winter Fitness Programs at Belgravia Community League

Nia Dance

Get moving with Nia - a holistic low impact aerobic dance class for all fitness levels and ages! A great cardiovascular workout combining a mix of dance, martial arts, and healing arts such as yoga. Improve your flexibility, agility, mobility, strength, and stability. With three options of intensities offered in each class - you can pick the right level for you!

Thursdays 7 - 8 pm

Mat Yoga

Improve your flexibility, balance and strength with this fun Hatha based class suitable for all levels! Instructor provides options for each posture to suit your level in a friendly & welcoming environment! Learn to focus on the present moment and develop a mind-body connection through mindfulness & breathing exercises.

Tuesdays 10.30 - 11.30am &
Fridays 10.30 - 11.30 am

Strength & Stretch

Want to increase your cardiovascular stamina & muscular strength? Then this class is for you! A variety of low impact exercises & a range of movements are used to enhance daily living skills (chairs are used for seated & standing support)

Mondays 11am - 12pm

Chair Yoga

Improve your flexibility and balance with foundation yoga postures adapted to be either seated or standing (using a chair for support) in an environment that provides community relations and friendship! Mindfulness, relaxation & breathing exercises are also part of this great experience.

Tuesdays 11.30am - 12.30pm

Fit For Life

This class is a great way to improve your overall fitness! Focuses on increasing strength and conditioning and uses small portable equipment (e.g. weights - which are provided. Chairs are used for support). All you need is a great attitude, and a willingness to move your body beyond its normal comfort zone!

Fridays 11.30am - 12.30pm

Programs begin January 13th - 17th 2020

Yoga, Strength & Stretch & Fit for life: \$120/\$140 for 10 sessions (BCL member/non-member)

NIA: \$100/\$120 for 8 sessions (BCL member/non-member)

Register with programs@belgraviaedmonton.ca or drop in for \$ 15/20 (BCL member/non-member)

St. Paul's United Church

11526 76 Avenue NW www.stpaulsunity.org

Thursday December 19

7:30 pm worship on the longest night

Sunday December 22

10 am family pageant

Christmas Eve

4 pm focus on young children

8 pm candlelit worship

We would love to have you join us!



Meet Mr & Mrs Santa Claus!

Join the Proctor Team
Sunday December 15th
 from 1pm to 4pm at
 Parkallen Community League!

In support of the
Christmas Bureau of Edmonton,
 we will be collecting any monetary donations
 you wish to give.

Be sure to take a free family photo with Santa
 Claus and enjoy some hot chocolate & snacks!

Proctor team.



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SEASONS

Paintings by Lelde Muehlenbachs
 November 30, 2019 - January 4, 2020

OPENS

Saturday, November 30 4-6 pm

OPEN

Monday - Friday
 Saturday
 Sunday

10 - 5
 10 - 4
 Closed

JAKE'S FRAMING AND GALLERY

10441-123 St., Edmonton, Alberta
www.jakesframing.com

Belgravia Elementary School Update



Grade two students ready for the costume parade.



The school hosts a Remembrance Day ceremony at St. Paul's church.



Belgravia Elementary School teachers get into the Halloween spirit



Dr. Gelmini puts on a Chemistry presentation in the school gymnasium.

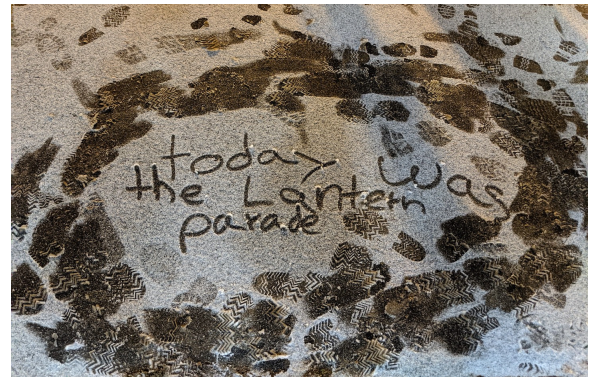


Grade 1 student, Vaughn, dresses up as a t-Rex for the school's annual costume parade.

Belgravia Playschool Update



Our Lantern Parade was on November 8th. We had beautiful weather and lots of fun with our families and friends!





UofA Forest Society Christmas Tree Sale

NOVEMBER 25 - DECEMBER 22
M-F: 3PM-9PM S/S: 9AM-9PM
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10% OF THE PROCEEDS ARE DONATED TO THE UNITED WAY



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Keillor Point a Success

After many years of planning and many hours put in by Belgravia residents, the development of Keillor Point (formerly known as End of the World) is just about complete. The site is much safer with rails and stairs in place. Some of the concrete pilings that were cut off are now available to sit on and there are new trees and shrubs that add to the attractiveness of the place.

On your way down, you may notice that there are “No Smoking or Vaping” signs at the top of the stairs and path. The only remaining aspect of the project is the installation of signs that give a little history of the place and the hours the park is open. These should be in place by the end of the year.



Since the completion of the project, the character of the place has changed for the better. People of all ages are visiting and enjoying the view. Neighbours are reporting a significant reduction in disorder that was previously associated with people who frequented the site. While there have been a few after-hours gatherings, these are much fewer than before. The Park Rangers regularly visit Keillor Point after 11:00 pm to address this issue.

If you haven't visited the look-out yet, give yourself a treat and go and have a look at the view. I think you will agree, Keillor Point is now an enjoyable part of our community.

City of Edmonton Public Engagement Opportunities

Sidewalk Snow Removal Survey

Ongoing through Sunday, Dec 15, 2019,
11:55pm

The City of Edmonton is collecting information on barriers and motivators to removing snow and ice on sidewalks adjacent to residential private property. The results of this survey will be used to develop and enhance programs and create communications on the need to keep sidewalks clear of snow and ice.

E-scooters Survey

Ongoing through Thursday, Dec 5, 2019,
11:55pm

The purpose of this survey is to determine the experiences Edmontonians had with e-scooters.

edmonton.ca/surveys

Upcoming Winter Events in the City:

Celebrate the Season at The Alberta Legislature: December 7 – 23

assembly.ab.ca/visitor/annualevents.html

Boardwalk Ice on Whyte Festival:

January 23 – February 2

iceonwhyte.ca

Flying Canoë Volant:

January 30 – February 1

flyingcanoevolant.ca

Silver Skate Festival 30th Anniversary at Hawrelak Park: February 7 – 17

Weekdays 4:00 – 8:00 pm

Fridays & Weekends 9:00 am – 9:00 pm

silverskatefestival.org

More ideas for fun winter activities:

edmonton.ca/programguides

Meet Your Neighbour: Juliet McMaster



A visit to Juliet McMaster's Belgravia home begins with a most enthusiastic greeting from Becky, her 4 year old part Border Collie, part Blue Heeler dog. Not content with lying around the house for hours on end, Becky keeps Juliet (and anyone else who shows the tiniest bit of interest) engaged in an ongoing game of fetch. With an energy level to match, Juliet, at 82, is a super ager in our community.

Before retiring from the U of A's English Department in 2000 as a Distinguished University Professor, Juliet specialised in the English Novel and Children's literature. She was born and grew up in Kenya where her father was a British colonial administrator and her mother, a home maker who kept a guesthouse for soldiers from all over the Commonwealth when her father was in Burma; circumstances that provide Juliet with many rich stories about her early life. She left Kenya at 18 to go to Oxford where she completed an honours degree in English Literature. In 1961 Juliet came to the University of Alberta for her graduate degrees, becoming the first PhD

student in the Department of English. With her PhD completed in 1965 and accepting an Assistant Professor position at the U of A, Juliet began her long and distinguished academic career; one that included a Guggenheim Fellowship in 1975, a first for any U of A professor. With many publications as a distinguished 19th Century literary scholar to her credit, she is arguably most renowned for her work on Jane Austen.

Juliet was a founding member of the Jane Austen Society of North America in 1979. With several thousand members, the JASNA has had annual meetings all over Canada and the USA ever since. When the 1987 New York meeting focused on the writing Austen did as an eleven to eighteen year old, Juliet fell in love with *The Beautiful Cassandra*. She realized how unpublished works of young writers might be a wonderful way to understand how they developed. When she offered the assignment to a graduate class, two students chose to look at 13 year-old Austen's *Jack & Alice*. Their work culminated in a saddle-stitched publication and eventually, Juvenilia Press, founded by Juliet in 1994.

Pedagogy is at the heart of Juvenilia Press where early works by Austen, Bronte, George Eliot, Margaret Atwood and many others are edited by established scholars and their students. Since her retirement, Juliet has continued with Juvenilia Press having just published *Jane Austen, Young Author*. Fortunately for us, Juliet is still a teacher at heart and willing to share her Jane Austen expertise in a novel and most interesting way at our Made In Belgravia session on December 15th. Read more about this on pg. 4!

And for anyone who wants to work on Frisbee throwing and catching skills, Juliet has another expert teacher in her home eagerly waiting to demonstrate all that she can do as well. Whether for intellectual or physical exercise, Juliet and Becky are a great team to get know in Belgravia!