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#### Belgravia Community Hall

11540-73 Avenue

Published September, October, November, January, March, May and June by the Belgravia Community League (BCL).

Submissions are welcome! Contact Belgravian Editor Sarah Chan at: newsletter@belgraviaedmonton.ca

Printed on recycled paper. Please remember to recycle this newsletter.

Between issues, and for links to other resources discussed herein, visit: www.belgraviaedmonton.ca

# Attention Gardeners: Community Perennial Exchange in Arts Park

Belgravia Arts Park (74th Avenue and 115th Street) on Saturday May 26, 2012

10 a.m. to 11:30 a.m. – Plants accepted 11:30 a.m. to 12 noon – Plant exchange 12 noon to 1 p.m. – Sale of unclaimed plants

Limited selection of perennials from Arch Greenhouses available for sale from 10 am

- Plants must be healthy and placed in individual pots or bags
- Plants must be labelled (name, colour, height, spread, bloom time and sun/ shade preference)
- One-to-one credit given for all plants except goutweed (Aegopodium podagraria) and chives, for which no credit will be given
- No guarantee of equal value for plants exchanged
- No noxious plants accepted see www.invasiveplants.ab.ca
- All sales cash only

#### Also available

- Seedlings from the Belgravia native garden
- · Refreshments
- Opportunity to talk gardening with other Belgravians!

\*In the event of inclement weather, the perennial exchange will take place on the north side of the community hall (skate change room)

## from the editor's desk...



Sarah Chan, Belgravian Editor

With the great spring thaw, it would appear that Belgravia is on the verge of transformation from snowy winter wonderland (gotta love our proximity to the river valley) to a neighbourhood in bloom! No doubt there will be many landscapes that

will be getting special attention over these warmer months; neighbours will be out enjoying their yards and porches; and gardens will be in bloom. Make sure to participate and drop into the **Perennial Exchange in the Arts Park on Saturday May 26th**. It will be a great opportunity to share your existing plants and pick up a few new ones for your vard.

Another date to watch out for in June will be Belgravia Community League's Annual General Meeting. I'll be sure to include more details pertaining to the date and time in the next issue, but we always welcome Belgravians to provide their input and lend their talents to our community. We are eager to have more avid Belgravians join our forces. Whatever your commitment level, there is no doubt that the contributions of our volunteers help continue to make Belgravia a most coveted neighbourhood.

The warm weather also means new recreational opportunities! Whether you're visiting a new (or newly improved) recreation centre (page 8); attending a day camp; dropping into the Greenshack Program (page 9); visiting a neighbourhood cubby museum (page 3); or just taking a leisurely bike ride in our beautiful residential streets (praise boulevards and tree-lined streets), I encourage you all to get out there and enjoy one of the most splendid times in our city!

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## Karate and Yoga Classes at Belgravia Community League



Tuesdays, Thursdays &
Saturdays
(11540-73 Avenue)
One month of free
classes!

## Free Karate uniform on enrolment!

for more information contact Ken or Jennifer at kenanjen@shaw.ca or 780 707 3693

The Northern River Karate School is a non-profit association

## Belgravia Community League Contacts

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## advertising in the belgravian

Full Page	1/2 Page	1/4 Page
7.5"w x 10"h	10"w x 5"h	3.75"w x 5"h
BCL Member: \$75	BCL Member: \$45	BCL Member: \$25
Non-Member: \$100	Non-Member: \$60	Non-Member: \$35

Submit inquiries to newsletter@belgraviaedmonton.ca

Discounts available for full-year commitment.

# Jack and Alex Scrimger's Local Cubby Museum



From left: Constance Scarlett (Advancement Lead, Alberta Museums Assoc), Alex Scrimger, Jack Scrimger, Carrie-Ann Lunde (Communications Lead, Alberta Museums Assoc.)

Sarah Chan, Belgravian Editor

Local Belgravia School kids, Jack and Alex Scrimger, have recently curated a collection of their treasures in what they have now dubbed their "cubby museum" at their home here in the neighbourhood.

I took the opportunity to do a Q&A with the boys, and hope you will put a visit to the cubby museum on your list of walkable things to do here in Belgravia.

# 1. What inspired you to create your own museum at home/Where did you get the idea?

Alex - Grandma's Schoolhouse Museum in Didsbury (my grandma, Frankie Kelly, is President of Didsbury & District Historical Society)

Jack - I asked my mom for two shelves in our office. I imagined using the space as my own museum.

## 2. How did you decide what to put in your museum?

Alex - my favourite things.

Jack - Special stuff. Stuff I made at school, stuff from other countries, my rock collection and my seashell collection.

## 3. What are a few of your favourite pieces in the museum and why?

Alex - Rocks. One has brown crystals on top. I like it because it has hidden gold and crystals. I also like this shiny blue one as it looks like frozen sky. This greeny-blue one looks like frozen ocean.

Jack - 1) Mexican money. It's different than Canadian money. 2) Cardboard model of the Titanic because I like the story of the Titanic sinking. 3) My papier-maché penguin that I made in Grade 2. It is the symbol for this museum. (I couldn't get him to elaborate on why he thought it represented the museum.)

#### 4. What is a typical visit like?

Jack - You enter the office. You look at the 6 shelves (Jack and Alex have now successfully continued on page 4...

# Jack and Alex's Cubby Museum [cont. from page 3]

claimed six shelves of our parents' wall unit, increased from the original two shelves. I describe the items. You can ask me questions about the items. It takes about 10 minutes. You can make a donation if you'd like. Then you get a free glass of juice or water.

## 5. Do you think you will change your collection over time and continue to run the museum?

Jack - Yes, I think I will change the collection. The newer stuff will get put at the front of the shelves and the older stuff at the back. The older stuff will eventually have to be taken out if I get too much stuff. I think the museum will run for about 5 years. After 5 years, I might do other things with the shelves and not call it a museum.

Thank you Jack and Alex, for sharing your museum with Belgravia! If you are interested in visiting, please email Kim or Rufus at <a href="mailto:rufkim@shaw.ca">rufkim@shaw.ca</a> to arrange a viewing.

## EDMONTON

## Get into summer with Your 2012 Community Summer Programs!

 Registered daycamps, soccer and tennis clinics right in your own neighbourhood!

 FREE supervised drop-in programs at playgrounds, spraydecks and skateparks for kids and teens.

 Special Events, Sport and STEVE Van visits for youth. Check edmonton.ca/youth for details.

#### Too old for camp?

Teens can volunteer as Leaders in Training for as little as 2 weeks to help staff run summer programs

#### Get the Guide!

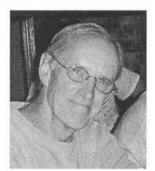
At any City of Edmonton leisure centre, library or Community Services office or online at edmonton.ca/daycamps.

Check your child's school backpack in May





# DAVE



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- Join a community of supportive, friendly and fun singers, where respect and personal growth are as important as the music we learn

Primary Choir - ages 8-12 Boys' Choir & Girls' Choirs - ages 12-15 Youth Choir - ages 15-23

Auditions for next season begin May 16.

Contact us for more information or to book an audition time.

Join@EdmontonYouthChoir.ca | (780) 994-6539

Join us for our year-end concert **A May Song** Sunday, May 13, 2:30 p.m. McDougall United Church, 10025-101 Street Admission \$10 at the door

www.eycc.ab.ca

# Thank You, Rink Masters!

Thanks to Barrett Kyle (the fellow operating the snow blower), and also to Mitchell Cassady and Spencer Taft for their help with the rink this winter.



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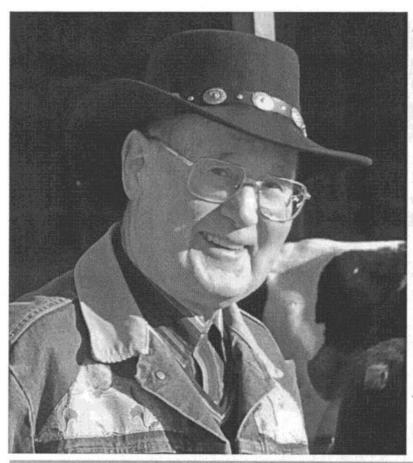
Salisbury Greenhouse – Sherwood Park Thursdays 4:30pm to 8pm

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## Belgravia Open House at Heritage Stable Musuem



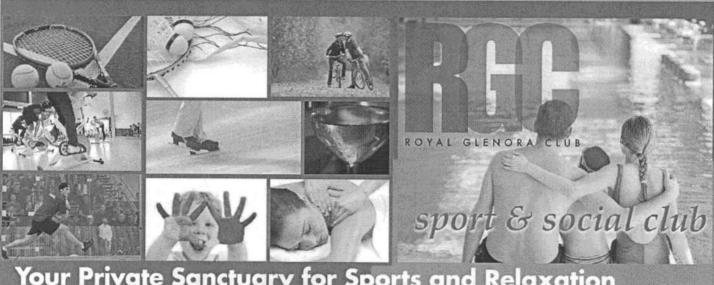
Jack Francis, Belgravia Resident

The weather cooperated with sunshine on March 31, and some 90 visitors moved through the museum. I wish to thank the volunteers and visitors from Belgravia for making the open house a success.

A big "Thank You" to Barb Krahn for her dedication in promotion as well as acting as a welcoming host and organizing the drinks and cookies in the parlour. Thank you also to Bob Heath for acting as parking host, to Reg Norby for the DVD presentation as well as helping with general information about the museum, and to Betty Dunn, Helen Cairns, Barb Krahn and Joyce Francis for the lovely cookies. Also, many people remarked as they entered or viewed the artifacts that the music provided by Garry Francis was great.

Congratulations to Aubrene Anderson of Allendale, who won a box of chocolates for the nearest estimate of the number of sheep pellets in the jar. Looking at the Guest Book, not only Edmontonians were there, but also a number of guests from as far away as Cremona and Redwood Meadows, Alberta.

## LIFE IS GOOD HERE, WHAT ARE YOU WAITING FOR?



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## The Other Community Garden at the University Farm

Jeanette Boman, BCL Vice-President

Edmonton Organic Grower's Guild (EOGG) is a group of people dedicated to growing and harvesting organic produce. Members of EOGG encourage learning, participating in an active lifestyle, augmenting existing food sources and strengthening each other through their work in the garden.

Situated between the Foote Field track area to the north and east, the GO Centre to the south and an original U of A livestock barn to the west, the garden has been a prolific source of common as well as niche and culturally specific crops.

Because EOGG is a working group of The Alberta Public Interest Research Group (APIRG) and operate with support from the Imanta Latvian Society of Edmonton and The Faculty of Agriculture, Life and Environmental Sciences, there are no fees associated with being a member. EOGG asks only that participants help sow, maintain and harvest the garden according to their own abilities. Extra produce is donated to agencies like the Edmonton Food Bank, The Boys and Girls Club, The Youth Emergency Shelter.

Because of its proximity to Belgravia, this is a wonderful opportunity for Belgravians wanting to be more involved in growing their own food along side a supportive group of like-minded people. Check EOGG out at <a href="http://eogg.org/">http://eogg.org/</a> or call Jeanette Boman (780 434 0379) if you would like to learn more about it in conversation.

# ST. GEORGE'S ANGLICAN CHURCH SPRING BAZAAR

DATE: Saturday, May 26 TIME: 9 am-1 pm

PLACE: St .George's Anglican Church-11733 87th ave

FEATURING: Great books as usual, plants, delicious baking, select treasures, and more! Don't miss it!





Summer Camp Program 2012

Belgravia Out of School Care is excited to offer summer camps for your children this summer!

We are conveniently located in the Belgravia Community League Hall, 11540 - 73 Avenue, have access to a wonderful playground, and within walking distance to several great parks and playgrounds.

> Field trips will be planned weekly, daily activities, sports, cooking, art and science projects.

Our camps are available for elementary school aged children (your child must have completed kindergarten and be going into grade 1). Our staff are Government certified, have first aid and lots of enthusiasm!

Monday - Friday; 7:30 a.m. to 5:30 p.m.

If you require care for the summer months and would like to explore the summer camps at BOSC, please contact:

Jennifer Tkachuk - 780-660-2672 for more information.

info@ebosc.ca www.ebosc.ca

# **Bottle drive**

To benefit

# Belgravia School

and

Belgravia Cooperative Playschool

## Saturday, May 12

Please place your recyclable beverage containers in front of your house by 9:00 am



Thank you for supporting our community school!

## Hardisty Fitness and Leisure Centre is Back and Better Than Ever!

Ben Henderson, City of Edmonton Ward 8 Councillor

On March 7, Hardisty Fitness and Leisure Centre at 10535 65 St re-opened after a year of renovations and upgrades, and it is great to have it back. I appreciate that many of you have been waiting patiently for the re-opening of the facility so that you could return to your regular fitness and recreation routines. And if you have never been, now is the perfect time to take in a weight training class or try out the swing rope into the pool!

While I appreciate that it was an inconvenience to many to have their favourite rec centre closed, I am pleased that the City was able to secure added funding from the Government of Alberta's Municipal Sustainability Initiative to complete additional work on the heating and cooling systems and energy efficiency of the building, which ultimately extends the lifecycle of the building. You will also notice the new whirlpool, sauna, steam room, family change room and the bold new artwork from Edmonton artist Jeff Kulak.

## Piano Lessons in Queen Alexandra

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I believe it is vitally important to protect the recreation facilities in our mature neighbourhoods because they contribute to a high quality of life and vibrant, healthy communities.

As such, City Council has also asked for a report back from administration on how we could provide similar improvements to Bonnie Doon and Scona pools, plus opportunities to repurpose nearby arenas where applicable.

The City of Edmonton encourages all citizens to 'find their fit' with drop-in and registered fitness programs at the City's many recreation facilities, including at the newly revamped Hardisty Fitness and Leisure Centre. Pick up the Spring E Active Guide at your local rec centre, visit edmonton.ca/ereg, or call 311 to register in a class or for more information. With more than 50 programs from aquafit to Zumba, there is a perfect fit for you.

There is also more information online at edmonton.ca/attractions-and-recreation.aspx

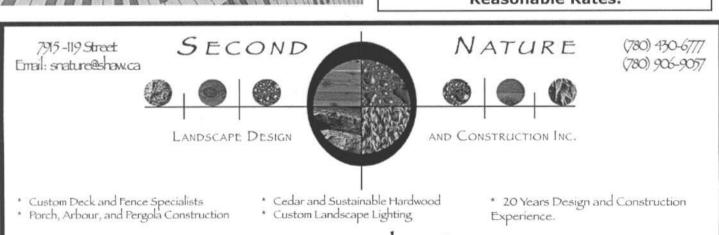
As always, I value your feedback. Please contact me at 780.496.8146 or <a href="mailto:ben.henderson@edmonton.ca">ben.henderson@edmonton.ca</a>

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# **Greenshack Playground Program**



Free drop-in program for children 6-12 yrs., at Belgravia's community playground this summer!

Including lots of games, crafts & other activities, conducted by City of Edmonton leaders.

This 8 week program will run from July  $3^{rd}$  to August  $23^{rd}$ , 10:00-5:30 pm. Come and join in the fun!

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# BACK MASSAGE THERAPY BAS CS FOOT CARE

# New Laser Treatment for Fungus and Healthy Nail Growth

Maria Krieg, a Registered Massage Therapist (RMT), likes to share information about the causes of nail infections and the great success she has had using laser technology for the treatment of toenail fungus.



## SYMPTOMS OF NAIL FUNGUS

- Discolored nails or yellow/ white streaks in the nail
- · Thickened & deformed nails
- · Brittle, crumbly, ragged nails
- · Nails separated from the nail bed
- Debris built up under the nail

Many people feel embarrassed about their unsightly nails and hide them under polish or in socks and shoes. **The danger is that an untreated fungus will spread** to your healthy nails and infect those of close friends and family.

Maria Krieg offers Massage Therapy as well as Foot Care.

Maria Krieg | RMT 11610 - 75th Ave., Edmonton, AB T6G 0J2 ⇒ Ask for Belgravia Discount! (780) 436-8059 | www.backbasics.ca Follow Us on Facebook: facebook.com/backbasicsandfootcare