

BELGRAVIA
COMMUNITY HALL
11604—74
AVENUE
EDMONTON

www.belgraviaedmonton.ca

Community League
Meetings are held on the
first
Thursday of every month
at 7:30 PM.

Everyone is welcome to
participate. Please come
and help us to continue to
make Belgravia a
wonderful place to live!

The Belgravia News



JANUARY 2010



WANTED

Person to shovel snow at
the Belgravia Community
Hall and area immediately
surrounding the hall.

Must be reliable and willing
to work

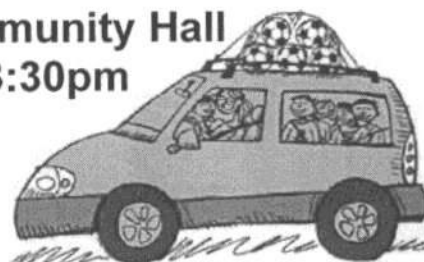
Position will pay if above
conditions are met!

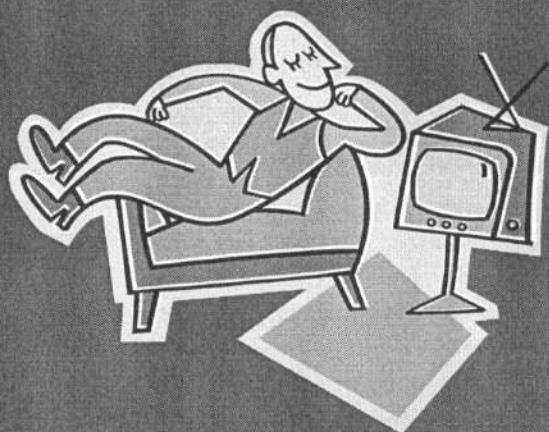
If interested please contact Tim Baier at
vicepresident@belgraviaedmonton.ca

SOCCER REGISTRATION

SATURDAY March 6th
at McKernan Community Hall
9:30am to 11:30am

SUNDAY March 7th
at Belgravia Community Hall
12:00pm to 3:30pm





Off the Couch...

Downhill Fun!

Bring your family or round up some friends to enjoy the thrill of tobogganing. These hills have been prepared by the City of Edmonton for safe sliding, are equipped with run outs, safety signage and reduced hazards.

Emily Murphy Park— 11904 Emily Murphy Park Road

Government House Park—Groat Road & River Valley Road

Whitemud Park—13204—Fox Drive

Hit the Trails!

Edmonton-home to some of the most scenic cross-country ski trails in Alberta-just minutes from your door.

Whitemud Park—Keillor Road Access (Classical)

William Hawrelak Park—9330 Groat Rd (Classical, Skate)

Victoria Park
116 St & River Valley Road
(Classical, Skate)

Snow Valley— One block South of Whitemud on 119 st
(Classical, Skate, Night Skiing)

Lessons available at Kinsmen Park and include equipment. Lessons offered at various times throughout the week. Register at <http://ereg@edmonton.ca>

Sliding and Gliding!

Enjoy these outdoor rinks for a quick game of hockey or just a peaceful glide around the rink.

Victoria Park Oval—116 St & River Valley Road

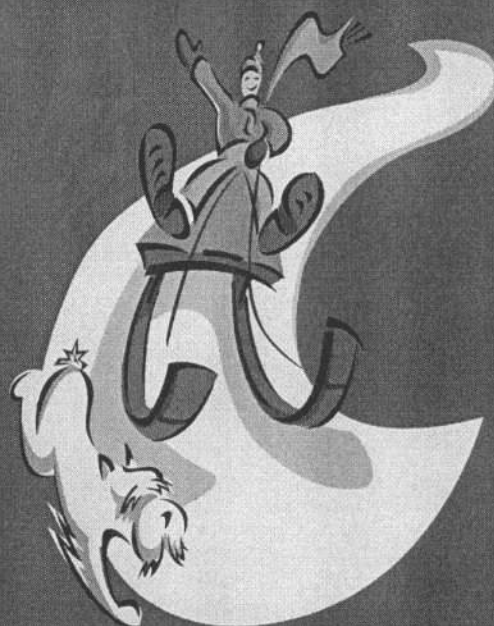
William Hawrelak Park—9330 Groat Road

City Hall—#1 Sir Winston Churchill Square

Legislature Grounds—109 St & 97 Ave

And of course...our own **Belgravia Community League Rink**

On to the slopes....



Mighty Mutts Off-leash Play Group For Small Dogs

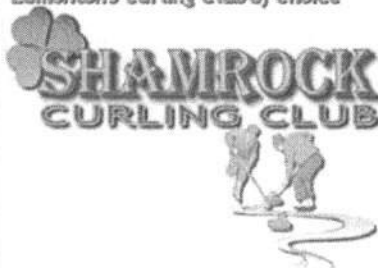
Where owners of all small and toy breed dogs can get together and have play dates, off-leash time, share advice and friendship.

No FEE for membership sign up today on our website



www.meetup.com/mighty-mutts

Edmonton's Curling Club of Choice



Kids Curling
Program

Saturdays

Little Rocks-ages-6-9 9:00am-10:00am

Novice- ages- 9-12 9:00am-11:00am

Juniors-ages- 13-18 11:30am-1:00pm

The Shamrock's junior program is dedicated to teaching young people how to enjoy curling and good sportsmanship and the Shamrock is dedicated to its junior program.

Phone 780-994-0204 for more information

Gentle flow yoga using breath

with Sandra Parr

Unitarian Church (11135 - 65 Ave)

Thurs 10 - 11:30 a.m.,

The Winter Series - Jan 14th, 11 classes \$121 (\$11) or \$13 drop in

pre-register with Sandra at 453-6037





Winter Fun

The **Ice on Whyte Festival** returns to Festival Park in Old Strathcona from January 14 - 24, 2010. Festival Park is located on 104 Street and 85 Avenue in Edmonton. The park is open to the public from 2 pm to 10 pm on weekdays and from 10 am to 10 pm on weekends. Admission to the park is \$2 per person.

This year's festival is filled with plenty of outdoor fun for visitors of all ages. The festival site includes a furnished Ice Castle, a giant Ice Slide, an interactive maze for children, live musical entertainment and a heated tent, the Van Houtte Cafe, where visitors can enjoy a cup of coffee or hot chocolate by making a donation to the Canadian Breast Cancer Foundation.

The Olympic Spirit

This active program for ages 6-12 involves a variety of activities including snowshoeing, sledding, skiing, Olympic themed crafts and mascot building. Equipment is included.



Dates: Saturdays, January 30– February 20 (4 weeks)

Location: Blue Quill Community Hall (11304-25 Ave)

Cost: \$55/participant (includes cross-country skiing)

Time: 12:00-2:00 pm

Course Code: 349627

Dates: Thursdays, January 28-February 18 (4 weeks)

Location: Brookview Hall (280 Bulyea Rd. Bulyea Heights)

Cost: \$55/participant (includes cross-country skiing)

Time: 3:30-5:30

Course code: 350324

Dates: Saturdays, January 30-February 27 (4 weeks)

No program on February 13

Location: Jackie Parker Park (45th Ave & 50th Street)

Cost: \$55/participant (includes cross-country skiing)

Time: 1:00-3:00 pm

Course code: 350274

Please register by calling 311. On-line at <http://eReg@edmonton.ca>

Newsletter Advertising Rates

Size	BCL Member	Non Member
Business card	\$15.00	\$25.00
1/4 page	\$25.00	\$35.00
1/2 page	\$45.00	\$60.00
Full page	\$75.00	\$100.00

Tai Chi Beginner Class

Once weekly
On Sundays
From 7– 8:30 pm

Starting January 24th

Held at
St. Paul's United Church
11526—76 Ave

Contact
Edmonton Tai Chi
Phone (780) 429-1129

www.edmontontaichi.ca

Youth Ages 11-16
Come out for a night of
ROCK BAND!

FRIDAY JANUARY 29th

Cost is FREE but you need to
register

Parkallen Community League Hall
6510—111 Street

Course Code: 348813 Call 311 or
web: <http://ereg.edmonton.ca>



News from Our School

In December students donated items such as warm mittens, scarves and hats to the Giving Tree that was set up in the hallway. These were gratefully received by the students at Youngstown School, where there is, unfortunately, always a need for those items.

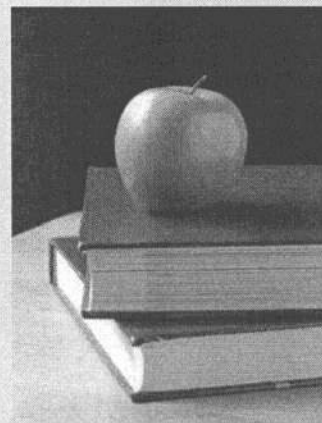
The Food Bank donations came to 58 kilograms (127.6 lbs). Belgravia students once again have exhibited the generous and thoughtful behavior that we can all emulate. Well done.

School is back after the holiday break and is as busy as ever.

Staff at Belgravia along with staff at Windsor Park have set up two Parent Nights to share information. The first, on Feb 2, will feature Irene Heffel, an Edmonton Public Schools language arts consultant, who will share her expertise. The second will be at Belgravia on April 27 with Debbie Windwick-Petkau, a math consultant.

Concrete Theater will present the play **The Early Bloomer** on the afternoon of February 4th. Past performances have been very popular with the students and staff as they provide lots of fun and laughter.

The month ends with the Belgravia Talent Show. From air bands to serious instrumental solos students never fail to provide lots of enjoyable entertainment.



Stitching Inspirations from Nature

Jeff Allen Art Gallery
Strathcona Place Senior Centre
10831 University Ave.

January 5, 2010 – January 28, 2010
Reception January 13, 2010 6:30 – 8:30 PM

The Edmonton Needlecraft Guild began in 1974 with 28 members. This group has evolved into 80 plus artists who provide high quality workshops and programs for those interested in this particular art form. This exquisite show will demonstrate a wide variety of skills including many styles of embroidery both traditional and contemporary. Come and view needlecraft at it's finest. Everyone is welcome.

Best viewing hours 11:30 AM – 1:00 PM and 3:00 – 4:00 PM



BE A SNOW ANGEL Helping Seniors Stay Safe This Winter

Are you a senior who is fearful of the onset of winter because you don't know how you're going to manage once the snow hits? Keeping walks free from snow and ice is also important to help prevent falls. There are a number of agencies in Edmonton who match seniors with snow shovellers and they will ensure you're not snowbound or at risk of getting fined for not clearing your walks. These snow shovellers do charge a fee.

One Edmonton Senior centre matches seniors with service providers throughout the city. Contact **SAGE (Seniors Association of Greater Edmonton)** at 780-423-5510 (no membership required).

South of the river, you have two additional options. Contact **Lifestyle Helping Hands Seniors Association** at 780-450-2213 (\$10 membership required) or **Seniors Caring About Seniors** at 780-465-0311 (\$10 membership required).

Seniors, if you are able to find volunteer a snow shoveller on your own, why not let the City of Edmonton help you thank them for their kindness and hard work?

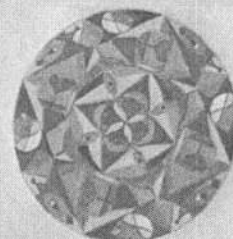
Nominate your Snow Angel! The City of Edmonton will send you a Snow Angel pin and a letter from Mayor Stephen Mandel to present your volunteer.

Phone 311 or visit www.edmonton.ca for details.





Mady Mooney, (RMT) is a
Wholistic Counsellor who
practices in the Belgravia area.



Massage Therapy, Cranio-Sacral Therapy,
Foot Reflexology and Reiki are offered to
improve your physical health, while Art for
Healing sessions are available to enhance mental, emotional or spiritual well-being.

Call Mady at 780-242-6065 or e-mail
madymooney@shaw.ca for your next appointment.

St. George's Anglican Church

presents

Boris Konovalov

Mr. Konovalov will present a concert
of piano music by Chopin, Schumann, & Liszt

Sunday, February 28, 2010

at 3 pm

at the church, 11733 - 87 Ave., 780-439-1470

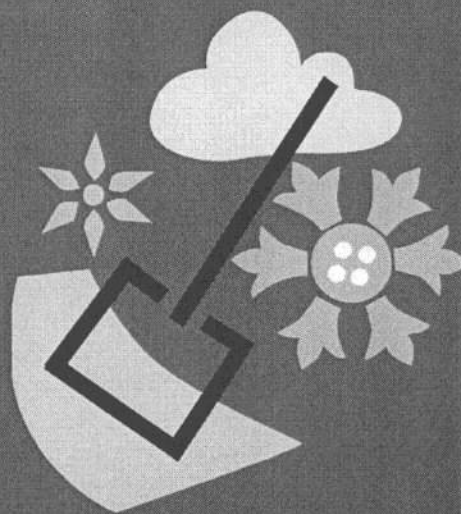
Ticket prices: adults--\$25.00

seniors over 65--\$20.00

students--\$15.00

For further information, please visit

www.anglicanstgeorges.com



Special 2010 offer for members of the Belgravia Community
from the **Northern River** Karate School (a non-profit association):
One month of **free** classes (Yoga classes included!)
Tuesdays, Thursdays & Saturdays in the Belgravia
Community Hall



Get Fit, Feel Great!

free Karate uniform on full enrolment
for more information contact Ken
at kenanjen@shaw.ca or 780 707 3693
www.ThreeBattles.com



Your Community Contacts

President	Parker Fjeldberg	president@belgraviaedmonton.ca
VP/Civics	Tim Baier	vicepresident@belgraviaedmonton.ca
Treasurer	Jim Yih	treasurer@belgraviaedmonton.ca
Secretary	Gwen Berdan	secretary@belgraviaedmonton.ca
Membership	Therese Gaetz	membership@belgraviaedmonton.ca
Newsletter	Barb Fjeldberg	newsletter@belgraviaedmonton.ca
Hall Rental	Sherry Connors	hallrental@belgraviaedmonton.ca
Maintenance	VACANT	maintenance@belgraviaedmonton.ca
Transportation	Sandy Guilbert	transportation@belgraviaedmonton.ca
Programs	VACANT	programs@belgraviaedmonton.ca
Crime Watch	Richard Law	belgravia_watch@yahoo.ca
Past President	Rob Hutchinson	pastpresident@belgraviaedmonton.ca