



Photo credit: Jessica Jackson-Silva. Taken at the Belgravia Edible Gardens Tour on August 9.

In this issue:

BCL membership drive - p2
President's message - p3
Letter to the editor: Wendy Davis - p3
Belgravian editor needed - p4
Garden notebook - p5
Calling all talented Belgravians - p6

Belgravia Community Hall:

11540 73 Avenue
Edmonton AB T6G 0G1

Next submission deadline:

September 18 for October issue

BCL is a member of the Edm. Federation of
Community Leagues (www.efcl.org)

Visit us online at belgraviaedmonton.ca
Follow us on Twitter [@BelgraviaYEG](https://twitter.com/BelgraviaYEG)
Like us on Facebook at [BelgraviaEdmonton](https://www.facebook.com/BelgraviaEdmonton)

Please remember to recycle this newsletter.

Community League Day BBQ and 2nd Annual Belgravia Hustle

Saturday, September 19

Please mark your calendars for our second running of the Belgravia Hustle. All races will begin at 3 p.m. with race kits ready for pick up at 2 p.m. You can choose either the 2 km kids walk, 3 km canine hustle or the 5 km and 10 km races. Find race information and register early at belgraviahustle.com.

We are still in need of race volunteers — if you're interested in helping out during the afternoon, please email programs@belgraviaedmonton.ca.

Immediately following the completion of the races, we will hold our annual Community League Day BBQ! Join us in the Arts Park for **food, music and games** to kick off our annual membership drive — it's guaranteed to be a fun, family-friendly afternoon with your Belgravia neighbours!

Visit belgraviaedmonton.ca for more information and to find out how to get involved.

Belgravia Community League

Membership Drive 2015/16

September is the beginning of many new things, including the community league membership drive. You can get your brand new BCL membership by:

- coming to the community league barbeque on Saturday, September 19
- completing the form below, putting it in an envelope along with a cheque made payable to Belgravia Community League and leaving it in the mailbox at 11691 72 Ave. (We'll drop off your new membership card in your mailbox.)
- emailing us at membership@belgraviaedmonton.ca
- paying online with your credit card via the Edmonton Federation of Community Leagues website at www.efcl.org (Please note: there is a \$2 surcharge for credit card payments.)

A Belgravia Community League membership helps the community league to represent all Belgravians on community development, transportation and other issues. As well as being a requirement for kids' soccer & hockey registration, your membership also gets you:

- a discount on passes and monthly memberships at all City of Edmonton recreation centres, including the Kinsmen
- free skating at the community rink and at all other community rinks throughout Edmonton
- reduced rental rates for the Belgravia Community Hall
- reduced advertising rates in our acclaimed Belgravian newsletter
- free community league events (including our annual barbeque, garden tour and fall pumpkin party)

Volunteers needed!

We would love to have more help with the membership drive this year. Canvassing your block is a great way to meet your neighbours, and give everyone the chance to get connected to their community. Please email membership@belgraviaedmonton.ca if you'd like to help!

Belgravia Community League Membership

Adult #1: _____ Adult #2: _____

Address: _____ Postal Code: _____ # of Children: _____

Home Phone: _____ Mobile: _____ Bus Phone: _____

Email: _____ May we send you BCL email news updates? Yes / No

Type of Membership: ☐ Family (\$30)* ☐ All others (\$15)*

* Sliding scale rate available upon request

Please make cheques payable to the **Belgravia Community League**

President's message

Kevin Klein

Ahhh — what a summer it has been! The days have been long and hot, the mosquitoes nowhere to be seen and the city of Edmonton has been busy with family-friendly festivals almost every weekend. We Belgravians are so lucky to live in the heart of the city, only a few steps or a short bike ride away from so many amazing events — the Fringe, Folk Fest, Heritage Days and Taste of Edmonton — to name just a few.

Which reminds me, if you haven't yet registered for Belgravia's own annual event, the Belgravia Hustle, please visit **belgraviiahustle.ca** and pick the race that fits your fitness and fun level. The race will take place on September 19 in the Arts Park and will immediately be followed by our annual Community League Day BBQ. This is always one of my favourite community events — a great chance to reconnect with my neighbours after summer holidays and an opportunity for some laughs and fun before the kids go back to school and the calendars get busy again.

On that note, with school right around the corner,

it's important to keep your speed down as you drive through the community — keep an eye out for children!

A couple other notes need mentioning before I sign off. We're still looking for ideas for our Made in Belgravia series. If you or someone you know has a talent or wishes to share something with the neighbourhood, please send your ideas to **programs@belgraviaedmonton.ca**.

And, our annual Community League Day BBQ and Belgravia Hustle are both in need of volunteers to help make the day a special one. If you have time to help out on September 19, please email us at **programs@belgraviaedmonton.ca**. Every little bit counts so even an hour of time would be appreciated.

As always, if you have questions or comments, please do not hesitate to get in touch with me at **president@belgraviaedmonton.ca**. I am always looking for new ideas and suggestions so don't hesitate to email me.

Enjoy the rest of your summer!

Kevin

Letter to the editor

Wendy Davis, longtime Belgravia resident

I would like to acknowledge the good work ethics of the Somerville employees who worked in Belgravia on the change of gas lines from the back to the front road at 118A Street in July.

The administration office alerted me when the work would begin and when the men would need access to the house to turn the gas on and off. Good leadership reflects down to all the employees. One worker explained to me what he was doing. Other workers took the time to place bright orange netting supported by stakes at the end of a trench they dug ... a trench I may have inadvertently stepped into.

I had a previous experience with neighbours having work done and it is not a good memory: loud music, workers shouting loudly to be heard over their music, smoking and leaving cigarette butts all over the place, even chewing gum left on the sidewalk, which I unwittingly stepped on.

Now the Somerville work is completed in my specific area. My paving stones have been replaced and

no employees' garbage left. They never disturbed me in my home while the work was being carried out.


I understand that every yard gave them different problems, even a driveway with concrete. I would like to have the Somerville/ATCO employees to be recognized for their consideration when peoples' yards had to be disrupted.

Thank you!

Wendy Davis

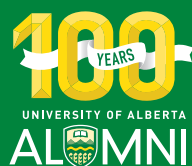
Matters of Heart Yoga
Yoga and Meditation Classes in Belgravia

Carleen Ellis
mheartyyoga@shaw.ca
780.710.7952
www.mattersofheartyyoga.ca
Personal, Local, Small & Private Classes





UNIVERSITY OF ALBERTA
**ALUMNI
AWARDS**



CONGRATULATIONS

Greg Zeschuk

The University of Alberta Alumni Association is pleased to announce that Belgravia community member **Greg Zeschuk, '90 BMedSc, '92 MD**, will receive an Alumni Innovation Award for his contributions to gaming culture, support of emerging entrepreneurs and leadership in Alberta's craft beer industry. Celebrate with Greg at the ceremony:

Thursday, Sept. 24, 2015
7 p.m. ceremony (reception to follow)
Jubilee Auditorium (11455 87 Ave. NW)
Free. All are welcome to attend.
Register: uab.ca/AlumniAwards



THE WESTIN
EDMONTON

Belgravian Editor Needed

I serve a dual role with our league as both the Belgravian editor and the BCL communications director (responsible for our website, Facebook and Twitter pages, and communications plan). As I need to devote more time to my duties as director, we need a new editor to take over the Belgravian.

If you have an interest in community activities, are a whiz with words and have access to and skills with a layout program (e.g., InDesign, Publisher, Pages), please email me at editor@belgraviaedmonton.ca

I'm available and happy to help with the transition.
Cheers! Josie

Advertise in the Belgravian

1/2 page	1/4 page	card size
7.5"w x 5"h	3.75"w x 5"h	3.75"w x 2.5"h
BCL Member: \$75	BCL Member: \$50	BCL Member: \$25
Non-Member: \$100	Non-Member: \$75	Non-Member: \$50

Email inquiries to Phyllis at:
adsmanager@belgraviaedmonton.ca

10% discount for multiple ads paid in advance.
Send ads in PDF, JPG, TIF or EPS formats
in the specified dimensions.

BACK BASICS MASSAGE THERAPY & FOOT CARE

CARE FROM HEAD TO TOE SINCE 1981
There is no substitute for experience.

Maria Krieg, RMT
11610 - 75th Ave, Edmonton
Phone: 780 436-8059
www.backbasics.ca

Footloose & Fungus-Free

ENJOY INDIAN SUMMER !

You deserve Good Health and Beauty too.
When you make your appointment
ask about your Belgravia Discount



Massage Therapy: Pain Relief is in sight ... Individually Designed Treatment Plans
Deep Tissue & Accupoint Massage · Meridian Therapy · Myofascial Release · Therapeutic Exercise
Tension · Stress · Prevention · Relaxation · Flexibility · Back & Neck Pains · Pain Relief · Whiplash Injuries
· Migraines · Headaches · Obesity Issues · Arthritis · Accident · Poor Posture · Complex Regional Pain
Syndrome · Fibromyalgia · Frozen Shoulder · Peripheral Vascular Diseases · Lewy Body Dementia · Reflex
Sympathetic Dystrophy · Exercises · Strengthening · Balance Nerve & Muscle Tension · Sciatica

Laser Treatment for Fungus Free Sandal Feet
Nails: Thickened Deformed Discolored · Corns · Callus · Heel Cracks

People of ALL ages & lifestyles
benefit from Massage Therapy.

Garden notebook

Barb Krahn, Belgravia resident and obsessive gardener



With autumn's clear blue skies and brilliant foliage just around the corner, it's time to reflect on the best of this year's gardening season. Despite challenging growing conditions and a hailstorm in mid-July, it was a good year for gardening in Belgravia.

For the first time, we held two garden tours – Open Gardens on June 28 and Edible Gardens on August 9. Both were wonderful opportunities for neighbours to connect and enjoy the outstanding work of the gardeners in our community.

An enormous thank you to Open Gardens hosts Ruby, Dawn, Darlene and Garnett and Blaine and Trudy, and Edible Gardeners Bronwen, Kerry, Ruth, Kathy and Mary-Jo, as well as my indispensable “partner in crime” in organizing both tours, Rosalynn Ruptash.

And while lawns baked much of the season, lots of plants thrived in the hot dry conditions. Roses, clematis, sedum, rudbeckia and flowering shrubs such as mock orange, lilac and spirea performed exceptionally well, particularly if given a good, deep drink on a regular basis.

Fruit crops including strawberries, raspberries, saskatoons and apples also produced generously, as did many vegetable gardens. If you have a bounty of apples or any other produce you'd like to share, email me at barbkrahn@shaw.ca and I'll put the news out to our gardening co-op members.

This is my last garden column for 2015. Thank you to Belgravian Editor Josie Hammond-Thrasher and BCL Past President Jeanette Boman for encouraging me to fill this space. It's been my great pleasure sharing my gardening trials and tribulations with you and meeting fellow gardening enthusiasts on the tours. I'll see you again in a few months...

As every gardener knows, “There's always next year!”

Yours in gardening,
Barb

BCL Board & Community Contacts		
Past President	Jeanette Boman	pastpresident@belgraviaedmonton.ca
President	Kevin Klein	president@belgraviaedmonton.ca
Vice President	Heather Scherer	vicepresident@belgraviaedmonton.ca
Secretary	Sheila O'Brien	secretary@belgraviaedmonton.ca
Treasurer	Barry Edgar	treasurer@belgraviaedmonton.ca
Memberships	Jennifer Lambert	membership@belgraviaedmonton.ca
Facilities	Ken Goble	facilities@belgraviaedmonton.ca
1. Hall Renewal Committee Chair	Kevin Taft	Kevin.taft@belgraviaedmonton.ca
2. Hall Rental Coordinator	Liz Yih	hallrental@belgraviaedmonton.ca
3. Rink Manager	Jim Sawada	rinkmanager@belgraviaedmonton.ca
4. Arts Park	Marie Walker	facilities@belgraviaedmonton.ca
Programs	Annette Stupar-Cairns	programs@belgraviaedmonton.ca
1. Belgravia Co-op Playschool Teacher	Monika Fouad	playschool@belgraviaedmonton.ca
2. Belmac Soccer Coordinator	Linda Cameron	llcameron2002@yahoo.com
Communications	Josie Hammond-Thrasher	communications@belgraviaedmonton.ca
1. Belgravian Editor	Josie Hammond-Thrasher	editor@belgraviaedmonton.ca
2. Ads Manager	Phyllis Schneider	adsmanager@belgraviaedmonton.ca
3. Distribution Team Leader	Susanne Rowe	editor@belgraviaedmonton.ca
Planning & Place		
1. Belgravia Community Plan Committee	Susan Kamp	planning@belgraviaedmonton.ca
2. Transportation Committee	Steve Schroeter	transportation@belgraviaedmonton.ca
Director-at-Large	Dale Rowe	Dale.rowe@belgraviaedmonton.ca
Community Safety		
1. End of the World Committee	Roger Laing	edmontoneotw@gmail.com
2. Belgravia Watch	Richard Law	belgraviawatch@gmail.com
Community Connections		
1. City Recreation Coordinator	Kate Russell	kate.russell@edmonton.ca
2. Belgravia Elementary School Liaison	David Shanks	daveshanks@me.com
3. South Campus Neighbourhood Coalition (SCNC) BCL Rep	Bob Kamp	info@belgraviaedmonton.ca
4. UofA Comm. Consultation (UACC)	Cory Dawson	info@belgraviaedmonton.ca

PROFESSIONAL PIANO INSTRUCTION

LOCATED ONE BLOCK EAST OF McKERNAN SCHOOL

18 years experience, B.Mus.
Warm, creative, enthusiastic approach
Exam, audition preparation at all levels
Provides musical/technical foundations
to all ages and levels

780-424-3385 or 587-983-0292
WWW.EDMONTONPIANOTEACHER.COM

PARKALLEN KIDS' KARATE CLASSES

Westwood Church 11135 65 Ave.

Students 6 yrs. and up
Black belt instructors
Supportive environment
Free uniform

Self defence
Fitness
Discipline
Confidence

NORTHERN RIVER
www.threebattles.com
780-707-3693



October - December
Thurs. 6:00 - 6:45 pm



Proceeds support
women's education

peointernational.org

BOOK SALE

St. Paul's Church
11526 - 76 Ave

From our bookshelf Saturday, Sept 26
to your night table 10 AM - 4 PM

Dave Richards

Neighbourhood Journeyman Carpenter
General Contractor
No job too big or small ...
including plumbing
and electrical

Phone: 780 886 6005

Greater Edmonton

JUNIOR
Roller Derby

Ages 8-17.

FUN @ FAST @ FEARLESS

New Season begins in October

COME ROLL WITH US

www.juniorderby.me

The UPS Store®

- 3 months **FREE MAILBOX RENTAL** *w/12month contract
w/ street address, private and secure.
"Let us receive your deliveries!!"
- **WORLDWIDE PACKING and SHIPPING.**
- **COPY • PRINT • FAX • BINDING and more.**



8507-112 Street • 780-757-6877

improve balance,
ease physical pain
while finding creativity



flow
quiet
arching & bending
FELDENKRAIS
MOVEMENT CLASSES

curling & curving
finding more of you
friendly, gentle, noticing



St Pauls United Church
11526 76 ave

780-708-0027 www.pathwaysinmovement.com

Belgravia Community League

Visit us online
for up-to-the-minute news.

belgraviaedmonton.ca



BelgraviaEdmonton



@BelgraviaYEG

BCL Board Meeting

Wednesday, September 9
7 – 9 p.m.
11532 74 Avenue

Everyone welcome!
Please join us
and share your ideas.

Did you know...

You can find
development applications
in your community by:

1. Visiting
maps.edmonton.ca
2. Clicking on
Development Applications
3. Setting the area
to 'Belgravia'

Also, check our website for
updates on applications:

**belgraviaedmonton.ca/
developmentapplications**

Calling All Talented Belgravians (Yes — we mean you!)

Do you have a knack with knitting needles? Are you a master of prestidigitation? Our Made In Belgravia series is an opportunity for people in the community with a variety of skills, abilities and hobbies to teach and learn from each other. You name the topic, we'll find a space for you to share your talent with your neighbours. Teach a yoga session in our Arts Park. Lead a cross country ski group to Hawrelak Park. All ideas are welcome!

Email your ideas to Annette at **programs@belgraviaedmonton.ca**

EHBA

Asociación
Hispanica
Bilingüe de
Edmonton

2014 LCCC

WWW.LATINOCANADIANCHAMBERSOFCOMMERCE.COM

WINNER

**BEST LATINO CANADIAN
NON-PROFIT
ASSOCIATION**

TOO BUSY TO LEARN A NEW LANGUAGE? NO PROBLEMO!

No hay problema!

COME AND LEARN SPANISH!!

AFFORDABLE PRICES!

\$220 FOR ADULTS (\$160 FOR SENIORS (65+))
*STUDENT PRICING MATCHES SENIORS
EARLY BIRD SPECIAL TILL MARCH 31ST:
\$200 FOR ADULTS (\$140 FOR SENIORS (65+))
*DOES NOT INCLUDE TEXTBOOK PRICES

**10-WEEK
SESSIONS
LEVEL 1 THROUGH 6
BEGINNER TO ADVANCED
&
CONVERSATION**

**TUESDAY
EVENINGS**

**ESPAÑOL FOR FUN!
AT MCKERNAN SCHOOL
11330-76 AVENUE,
EDMONTON, AB**

**STARTING TUESDAY, APRIL 7TH
REGISTRATION DETAILS AVAILABLE ONLINE!**

FOR MORE INFORMATION
PLEASE VISIT **EHBA.ORG**
OR CALL (780) 472-0532



FACEBOOK.COM/EHBA

Exercise your child's Body, Mind and Creative Spirit



Parent/ Baby and Parent /Toddler Yoga classes combined with musical enrichment

Children's and Tween Yoga classes combined with keyboard instruction

New Sessions run every 6 weeks from September to June
We do Birthday Parties!!!!

Register online at www.sunfloweryogaandmusic.ca
Or Call Leslie Marks at 780-487-5019

PETS IN THE CITY
YOUR PET. YOUR RESPONSIBILITY.

THEY POOP



YOU SCOOP

www.edmonton.ca/pets



back to school

SALE

It's that time of year again! Make sure the kids start the year off right by booking them in for an eye exam. Kids eye exams are covered by Alberta Health Care.

For kids ages 16 and under, buy one set of lenses and get the second set FREE!



LENDRUM EYECARE

5822 - 111 st

780 - 437 - 1409

lendrumeyecare.com

