



the belgravian

june 2015

BCL president Jeanette Boman and Belgravian Marie Walker have volunteered as Arts Park weed-busters since 1999. At our June 21 Perogies in the Park Volunteer Gratitude Event, we will celebrate more than 100 BCL volunteers who helped our community in 2014/15. See our Events Calendar on page 11 for details — we hope you'll join us for a Ukrainian meal!

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Belgravia Community Hall:

11540 73 Avenue
Edmonton AB T6G 0G1

Next submission deadline:

Summer issue (mid-July/Aug.): July 1

BCL is a member of the Edm. Federation of Community Leagues (www.efcl.org)

Visit us online at belgraviaedmonton.ca
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BCL's Annual General Meeting

Food! Drinks! Reports! Elections! Special Resolutions!

**Wednesday, June 10
7 p.m. at the BCL Hall**

David Ridley

Members, guests and those just interested, please attend BCL's Annual General Meeting on June 10 at 7 p.m. at the BCL Hall (doors open at 6:30 p.m. for registration, snacks and mingling). For members and prospective members, it's an efficient way to connect with what's going on and what's coming up, meet the BCL Board of Directors and consider important special resolutions noted on page three.

It's been another very full year for the community league and the neighbourhood. We've made amazing strides on working towards our hall renewal, providing dynamic community programming, expanding our membership, bringing attention to planning and development issues, communicating via our newsletter, website and social media accounts. and much work that is less public but ensures the continuing good governance and management of BCL in the interests of its membership.

continued on page three

Editor's message

Josie Hammond-Thrasher



Nothing makes an editor happier than needing to shrink her own editorial message space due to submissions from other writers! Thanks to the many dedicated and talented neighbours who submitted stories and photos, our June issue is packed with exciting and timely community news.

From our article about our upcoming AGM, to our hall renewal update, Made in Belgravia series info., Belgravia crime watch details, elementary and playschool messages, event notices and gardening column — it's thrilling to see so many voices represented in our community newsletter! In particular, be sure to read the touching Letter to the Editor from senior Belgravian Wendy Davis on page nine. I also hope you enjoy my latest Meet Your Neighbour profile on page 12, featuring resident rock climber Lloyd King.

On a personal note, thank you to the 18 FUNky folks who took part in the African Drum Rhythm Workshop I led on May 16 as part of our Made in Belgravia series.

Please keep the submissions coming, folks. And, be sure to come to our AGM on June 10 — the last meeting we'll hold in our hall before construction on our new space begins!



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BCL Board & Community Contacts

Past President	David Ridley	pastpresident@belgraviaedmonton.ca
President	Jeanette Boman	president@belgraviaedmonton.ca
Vice President	Kevin Klein	vicepresident@belgraviaedmonton.ca
Secretary	Sheila O'Brien	secretary@belgraviaedmonton.ca
Treasurer	Barry Edgar	treasurer@belgraviaedmonton.ca
Memberships	Leigh-Ann Topfer	membership@belgraviaedmonton.ca
Facilities	Ken Goble	facilities@belgraviaedmonton.ca
1. Hall Renewal Committee Chair	Kevin Taft	Kevin.taft@belgraviaedmonton.ca
2. Hall Rental Coordinator	Liz Yih	hallrental@belgraviaedmonton.ca
3. Rink Manager	Jim Sawada	rinkmanager@belgraviaedmonton.ca
4. Arts Park	Marie Walker	facilities@belgraviaedmonton.ca
Programs	Debby Waldman	programs@belgraviaedmonton.ca
1. Belgravia Co-op Playschool Teacher	Monika Fouad	playschool@belgraviaedmonton.ca
2. Belmac Soccer Coordinator	Linda Cameron	llcameron2002@yahoo.com
Communications	Josie Hammond-Thrasher	communications@belgraviaedmonton.ca
1. Belgravian Editor	Josie Hammond-Thrasher	editor@belgraviaedmonton.ca
2. Ads Manager	Phyllis Schneider	adsmanager@belgraviaedmonton.ca
3. Distribution Team Leader	Susanne Rowe	
Planning & Place		
1. Belgravia Community Plan Committee	Dianne Gillespie	planning@belgraviaedmonton.ca
2. Transportation Committee	Steve Schroeter	transportation@belgraviaedmonton.ca
Director-at-Large	Dale Rowe	Dale.rowe@belgraviaedmonton.ca
Community Safety		
1. End of the World Committee	Roger Laing	edmontoneotw@gmail.com
2. Belgravia Watch	Richard Law	belgraviawatch@gmail.com
Community Connections		
1. City Recreation Coordinator	Kate Russell	kate.russell@edmonton.ca
2. Belgravia Elementary School Liaison	David Shanks	daveshanks@me.com
3. South Campus Neighbourhood Coalition (SCNC) BCL Rep	Bob Kamp	info@belgraviaedmonton.ca
4. UofA Comm. Consultation (UACC)	Cory Dawson	info@belgraviaedmonton.ca

President's farewell message

Jeanette Boman

As we approach the BCL AGM on June 10, I'll be moving on to past president, a guaranteed position after serving the past two years as president. And how those years have whipped by as the BCL Board and Committees have put in Herculean efforts towards projects like renewing the hall and increasing membership (now 412 households or 43% of the households in Belgravia!). Our Made in Belgravia series to support neighbours meeting and sharing their knowledge, skills and talents has worked to bring people together in many ways. Facilities management including the hall, rink and Arts Park is at an all time high. We've even managed to bring our 1966 Bylaws up to date and ready for the AGM.

The Communications team through our Belgravian newsletter, the BCL web page, Facebook and Twitter accounts is working like a fine-tuned machine spreading the word about what's happening here in Belgravia. Development projects throughout the neighbourhood bring new and different people out to meetings organized by the BCL to help coordinate the

community response to those proposals. We've learned through many volunteer hours how to better present ourselves at Public Hearings and with City planners.

And the key word to all of these activities is 'volunteer.' The BCL is only as good as the people who step up and get involved in something they care about. And a funny thing happens when people do that ... they meet others in the community who care about the same thing. Throw in some food and it gets even better!

With that thought, we're planning our second annual Volunteer Gratitude event on **June 21** in the Belgravia Arts Park. With plans for some fine Ukrainian offerings, we're calling it our **Perogies in the Park Volunteer Gratitude Event**. We'll be emailing invitations to our volunteers for their complimentary meal. If you want to come out and say thanks to them for the price of a great Ukrainian meal, you can do that too! See our Events Calendar on page 11 for further details.

Thanks to everyone who's helping make Belgravia a great community to live in!

Continued from page one: BCL's AGM

As is the usual for an AGM, the following agenda for the business meeting will begin at 7 p.m. with members in good standing (current membership) eligible to vote:

- chair's report on 2014-2015 activities and developments
- presentation of 2014-2015 Reviewed Financial Statements (BCL's fiscal year runs April 1 – March 31)
- recommendation to appoint directors for continuing terms
- election of new directors
- special resolution: to repeal BCL's current bylaws, to be replaced with bylaws as posted and presented (for info., visit belgraviaedmonton.ca and click on 'June 10 BCL AGM')
- special resolution: to repeal BCL's existing objects, to be replaced with objects as posted and presented (visit web link above for details)

As noted in a previous BCL newsletter, it has been nearly 50 years since BCL's objects and bylaws were last amended. BCL's objects are the most fundamental

goals of the organization. BCL currently has 11 objects, and the aim is to streamline these to just four objects that clearly express and encompass BCL's purpose.

Bylaws are the fundamental governing rules and regulations of a not-for-profit society, stating how the society is governed and how the powers of the society are to be exercised by the board and members. The proposed bylaws are clearer and more concise on the following matters, consistent with the Societies Act of Alberta:

- membership categories and voting
- powers and duties of the board and executive
- finance and management matters

For further information on BCL's AGM, email Jeanette Boman at president@belgraviaedmonton.ca

Nominations to serve on the BCL Board of Directors close on **May 29**. For more information in serving on BCL's Board of Directors, email David Ridley at pastpresident@belgraviaedmonton.ca

Hall renewal — oh so close!

Kevin Taft

Big steps are being taken so the hall renewal project can start construction this summer and finish next summer. In April, the hall renewal committee received bids from four competing contractors. We had planned the design to stay within our budget but all the bids came in high. Construction in Edmonton is booming and costs reflect that. We are working through these challenges so we can build the hall on time and more-or-less as planned.

After reviewing the proposals and meeting with the bidders we selected the most affordable one and are now working with the contractor, architects and engineers to bring costs down. Contractors call this stage “value engineering;” we call it hard work and tough decisions.

In addition to reducing costs we must raise more money, so we are pursuing additional grants. We may also come to the community with one more request for contributions. Some of you have already said you’ll help a second time, and every contribution makes a difference. When construction plans are finalized in

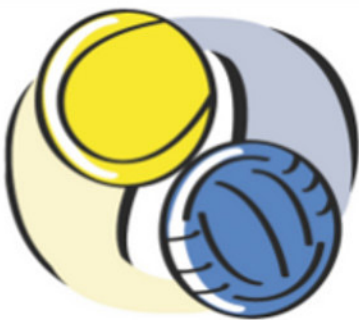
June there is a good chance we will make a second call for support.

This is a busy hall in a thriving community. Children’s programs run from 7 a.m. to 6 p.m. on weekdays, which helps young families and the school. In the evenings and weekends the hall supports soccer and skating; Brownies and acting classes; joyful celebrations and impassioned meetings. Belgravians gather at the hall to learn about photography, computers, composting, cooking, gardening and so much more, and every gathering is another thread in the rich tapestry of this neighbourhood we call home.

At our first planning workshops with the community more than two years ago the message was clear: Belgravians want a “hall for all” that serves as “the heart of the community,” and hundreds of you are helping make that happen.

With one more push, construction will begin this summer.

The Belgravia Hall Renewal committee includes Kathy Brodeur-Robb, Michael Cohen, Kathy Goble, Dale Rowe, Jonathan Sharek, Eugene Silva and Kevin Taft.



GARNEAU Since 1926 Tennis and Beach Volleyball Club

The Garneau Tennis & Beach Volleyball Club is looking for new members to join our Club. We offer drop in tennis and beach volleyball for members, as well as registered league play. The Club also offers social activities, lessons and free Monday night tennis clinics.

For more information please contact us at:

Phone: (780) 431-2085

Email: garneau@garneau-tennis.com

Website: garneautennis@gmail.com

We are located at:

10943 – 84th Ave Edmonton, AB
T6G 0V5

Made in Belgravia

Recovery Day: *THE ANONYMOUS PEOPLE*

Wednesday, June 3, 7 - 9 p.m., BCL Hall (11540 73 Ave.)

Join Laurie de Grace, Belgravia resident, mother of someone in recovery from substance addition and founding member of the Edmonton Recovery Day Committee, for a screening of the documentary *THE ANONYMOUS PEOPLE*.

THE ANONYMOUS PEOPLE is a feature documentary film about the 23.5 million Americans living in long-term recovery from addiction to alcohol and other drugs. Deeply entrenched social stigma and discrimination have kept recovery voices silent and faces hidden for decades. Media depictions of people in active addiction perpetuate a lurid public fascination with the dysfunctional side of what is a preventable and treatable health condition. Just like women with breast cancer or people with HIV/AIDS, courageous addiction recovery advocates are starting to come out of the shadows to tell their true stories. Watch the trailer at <https://youtu.be/bqoEtUn0Agw> and visit recoveryday.ca to learn more about the Recovery Day movement.

RSVP to programs@belgraviaedmonton.ca by **June 1**. BCL members: \$5 / non-BCL members: \$10.

Belgravia watch

Richard Law

Thefts

Between Mckernan and Belgravia, there has been a recent increase in theft activity. Please keep your vehicle and garage doors locked, as there are people trying doors in the neighbourhood. On my block, there was a bicycle theft from a garage and a vehicle theft in mid-May. There were also two break-and-enter home robberies on 72 Ave. and 114 St., and one attempted break-and-enter garage robbery near Saskatchewan Drive and 78 Ave.

Bottle pickers

Lately there are a few more bottle pickers in the area. Please reduce or eliminate putting out your bottles/cans in your recycling and garbage. Taking this easy step will give bottle pickers less of a reason to come into the community if they have to wander further for a few bottles.

Report suspicious activities

Please report any suspicious activity immediately. Call 911 for emergency help or 780-423-4567 for non-threatening complaints. Reporting all safety and security events allows us to advise the neighbourhood and keep the police informed about our efforts to help make sure we have a safe community.

Please email me at belgraviawatch@gmail.com with any safety questions or concerns.

MINKHA Sweater Sale Open House

June 20, 9 a.m. - 3 p.m.

Windsor Park Community Hall

Contact Linda at 780-436-5732

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Garden notebook

Seven deadly (gardening) sins

Barb Krahn, Belgravia resident and obsessive gardener



There's nothing so disheartening to a gardener as investing time, money and hope in a healthy plant and watching it slowly fail. Sometimes the reasons are beyond our control, but often you can improve the odds of a happy outcome by avoiding the following seven deadly sins — most

of which I've committed at one time or another!

1. Planting in the wrong location

While some plants can manage in a wide range of growing conditions, most have fairly specific requirements for light, moisture and soil. If not met, the plant will languish and often perish, particularly after a couple of growing seasons. It's also important to remember conditions can change over time. As nearby trees grow, shade will increase and water supply may drop. New construction can also change moisture levels by shifting drainage.

2. Lack of TLC at the start

Until plants have established a root system in their new home, they need to be regularly watered — daily, if there's no rain. Generally, I try to do this for the first couple of weeks and add a root booster fertilizer to give the plant a good start.

3. Soil starvation

Landscape fabric is a good way to discourage weeds in a walkway, but it's not the best approach for living garden space. Most plants thrive in a rich organic soil. You can't nourish soil with compost if it's covered in landscape fabric or a heavy layer of rock, and you'll also starve the tiny microbes and earthworms that keep soil healthy below the surface.

4. Strangled roots

Typically plants are seriously root-bound on arrival at the garden centre. While not generally a big deal for annuals, when it comes to perennials, shrubs and trees, tightly bound roots should be loosened before planting. Also, make sure the hole is at least one-and-a-half times the size of the root ball, and use good quality soil as backfill.

5. Planting to the wrong depth

Roots go down and leaves go up — easy, right? Yes, but the secret to success is planting so the crown is even with the ground. Plant too deep or pile soil around the stem and the plant may start to rot. Plant too shallow and the plant will be unstable and weak. Some tough perennials — peonies and irises, to name two — like their root structures close to the surface. A peony planted more than 3-4 inches deep will not flower.

6. Overcrowding

This is something almost every gardener does. We all want a luscious, full garden, so adding a few more plants is almost irresistible. You'll likely get away with it for a couple of years before overcrowded plants start to suffer. You can divide and move perennials, but shrubs and trees are harder. A good way to avoid the problem is to fill in extra growing space with annuals until longer-lived plants mature.

7. Getting suckered

Many trees and shrubs send out "suckers," young saplings that emerge from the root around the base of the parent plant, particularly as the plant grows old. Maydays, chokecherries, lilacs and carragana are notorious for this. While it may seem unkind, these need to be removed as they appear — cut down at ground level or even slightly below. If not, the new shoots will consume most of the growing energy, destroying the shape and vigour of the parent plant.

You're invited to join our new online **Belgravia Gardening Co-op!** Share gardening tips, information, extra produce and gardening space with neighbours. Everyone is welcome to participate — to join, email me at barbkrahn@shaw.ca.

Open Gardens Tour — Mark your calendar! You're invited to tour some of Belgravia's loveliest gardens on **Sunday, June 28, 1-4 p.m.** This is a free community event! Garden addresses will be posted at belgraviaedmonton.ca/open-gardens-tour on June 26.

Yours in gardening,
Barb

Planning and place

Dianne Gillespie

After a long winter, spring is finally here. As I step down from the position of Director of Planning and Place, it seems appropriate to reflect on our accomplishments over the past year. Strategically, the Planning and Place director position oversees the Belgravia Community Planning Committee (BCPC) and Belgravia Transportation Planning Committee.



The Belgravia Community Planning Committee began in March, 2014. By June of 2014, the BCPC had developed a list of values that reflect what Belgravians would like to see in our community. I personally became involved as director in July of 2014. Since July, we have accomplished several things:

- We adopted a new name for planning and development in Belgravia – ‘Planning and Place.’
- We held two meetings in the fall and winter and developed a terms of reference for the BCPC.
- We collected planning related data through the BCPC survey in December, which can be used to inform future Planning and Place activities.
- We conducted a scan of the neighbourhood identifying specific areas within Belgravia that may be potential targets for redevelopment and/or rezoning.

Similarly, the Belgravia Transportation Committee has gathered data about traffic volumes occurring on Saskatchewan Drive, 76 Ave. and 115 St. and continues to work on developing strategies to address the traffic issues in Belgravia.

Moving forward, I encourage interested Belgravians to attend the Belgravia AGM in June and to take up the post of Director of Planning and Place. This is a burgeoning position with potential to guide development in Belgravia that works for Belgravians.

Did you know...

You can find development applications in your community by:

1. Visiting maps.edmonton.ca
2. Clicking on Development Applications
3. Setting the area to ‘Belgravia’

Development applications

Address	Permit(s) / Application
11520 74 Ave.	Construct a 2-storey accessory building (rear garage suite, garage on main level with suite on second storey, 9.75m x 7.62m)

UNIVERSITY OF ALBERTA GREEN & GOLD SUMMER CAMPS

The Faculty of Physical Education and Recreation will be offering a wide variety of Green & Gold Summer Camps from July 6 - August 28. All of our camps are designed with both a developmental purpose and a focus on ensuring that every participant has an enjoyable experience. In addition to our traditional Sport Camps, our innovative new **AIM Camps** are designed to get kids moving and to build a strong general athletic foundation in a fun-filled environment.

The goal of our AIM Camps is to help our participants develop Fundamental Movement Skills, which are essential building blocks of Physical Literacy. We accomplish this in a number of different ways, but the net result is increased confidence and competence with the following skills: running, jumping, throwing, catching, kicking, striking, agility, balance, and coordination, all while building fitness and friendships and having fun!

Create a full-day camp experience by pairing an AIM Camp with one of our Sport Camps. Visit www.summertimecamps.ualberta.ca for more information and to register.



Host Families Needed

Open your home to an international student this summer and enjoy a cross-cultural exchange that will provide lasting memories for your family. Host families receive a fee of \$850/month or \$28/night. For info., visit www.elp.ualberta.ca or email Trudy Stevens, Homestay Coordinator, at trudy.stevens@ualberta.ca

Ever Active report card

Kim Kelly

Our evaluation of Ever Active for the 2014/15 year is fantastic thanks to the support of our Belgravia Elementary School parents, staff, students and community members.

We ranked 4/4 in:

- fostering a safe and supportive environment
- fostering respect and connectedness
- staff members supporting personal health and wellbeing
- school community members volunteering daily in school activities
- celebrating the contributions of our volunteers
- supporting professional development in health and wellbeing
- implementing healthy school-wide initiatives

Our 2015-16 goals include building effective community partnerships and engaging in community service through our Outdoor Learning Centre, the cards made by students for our neighbours, and patrols and a snow shoveling initiative.

Award nominations

Ever Active has been nominated for a Government of Alberta award, "Healthy School Communities." We received another nomination for an Edmonton Federation of Community Leagues Showcase Award recognizing the collaborative efforts between Ever Active and the BCL in community health engagement activities.

New parent chair

It has been a privilege to serve as the parent chair for the past three years. I am pleased to announce Trevor Soll, with his great enthusiasm and skills in coaching and collaboration as the next chair. With all four Bozarth Soll children enrolled in Belgravia next year Trevor and Cheryl's contributions to the school will be significant.

Billyco Junction Fundraiser

Don't miss ordering fresh fruits and vegetables grown chemical-free in Lacombe through our partnership with Billyco Junction.



A percentage of all orders supports Ever Active initiatives. Find our order form on the BCL website at belgraviaedmonton.ca/ever-active-fundraiser Thanks for your support!

Walking School Bus

Our WSB will have operated **every morning** for **three years** by the end of June 2015! Quite a triumph for our Belgravia students and a joy for our community members to watch.

Other initiatives

Alberta Medical Association Youth Run Club, Terry Fox Run, Ski and Snowboard Day at Snow Valley, Adventure Club, Basketball Camp, Winter Walk Day, Taekwondo, Fall Soup from our own Outdoor Learning Centre produce, and Outdoor Classroom (hands-on learning in the river valley).

Three cheers for three years!!! Thanks to all for helping Belgravia Elementary prove that **healthy students are better learners** and have **fun** too!

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Letter to the editor: growing old(er) in Belgravia

Wendy Davis, Retired Occupational Therapist

How lucky I am to grow old in Belgravia! My Belgravia days began when I was a teaching assistant in rehabilitation medicine and I shared an apartment with a colleague, also a member of the Alpine Club. Our landlord Fred appreciated students who rode bicycles. He allocated a garage for the bicycle riders. Fred said our stairway was the friendliest of the three walk-up apartment buildings of which he was responsible. Thirty years later, I am still in touch with those same tenants. I have Heather and Bob who were my neighbours in the apartment days to thank for enabling me to purchase my Belgravia house when I retired — once again, I am their neighbour.

The purpose of writing this is to thank Belgravians for their wonderful kindness to me. My driving and bicycling days are over but the 327 local bus makes life enjoyable. But how many seniors have neighbours who give them rides to the LRT and even take a detour when they know I'm going to the University to attend my aqua-size class? How many seniors have neighbours to buy them milk and their groceries? How many seniors have a neighbour who brings them their Saturday Globe and Mail? How many seniors have a neighbour who shovels their snow and appreciates a bottle of wine as recompense?

How many seniors have neighbours who help them when their computer has a problem? How many seniors have the pleasure of finding delicious wonton soup and other Chinese delicacies left at their door? How many seniors have a spontaneous invitation to share a Mother's Day brunch when they are a spinster!? How many seniors have a neighbour who cares for her canaries when she is on holiday?

What do I contribute? Babysitting, taking in parcels and mail, caring for their pets when they are on holiday, and sharing my wonderful cooking apples. These are the limits of my kindnesses. I enjoy the Belgravia children who give me drawings of their cats and my birds. If I was in a seniors residence, I would miss gardening and watching the children playing tag, kicking footballs and playing street hockey.

Once again, thank you Belgravians!

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Jane's Walk 2015

Susanne Rowe, Jane's Walk Leader

Another great success! Thank you to all of you that submitted information for me to share on our May 3 walk, and to all those who donated their time and effort to engage us with your stories behind the pieces you have on display! Also appreciated were the surprise refreshments offered along the way.

We had 25 folks in our walking group, ranging in age from four to retired! There were 12 featured front lawns on our walk showing sculptures from clay, steel, repurposed metal to concrete. We wrapped up at our

community hall with some refreshments, conversation and a Jane's Walk t-shirt gifted to Ruth Craig whose birthday is closest to Jane Jacobs'.

Also, BIG thanks to BCL President Jeanette Boman for helping to organize and carry out many tasks to make this day possible!

For those who were unable to join us on our walk, visit our BCL website at belgraviaedmonton.ca/janes-walk-2015 for details about the route we took and for photos of some of the art pieces we enjoyed.



12 folks took part in our Made in Belgravia Photography Workshop. Thanks to Belgravian Cam McGregor (not shown) who led the session, and to the members of the Images Alberta Camera Club who helped.

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Email: chopinpianostudio1@gmail.com

Cell: Zuzana 587.783.0527 & Mikolaj 587.596.4025

10th annual Nanny's Day event

Monika Fouad, Belgravia Playschool

Ten years ago, I sat with another Belgravian mom on a bench at the playground, talking about our children who were both turning eight-years-old. But only I could celebrate with my child. The other mom came to Canada all by herself. In order to build up a future here for her family, she became a 'substitute mom' — a nanny for a Belgravia family.

To mark her little girl's birthday, Belgravia Playschool surprised the mom with a small party, spreading out a blanket in the park and celebrating with a cake. Every year since then, Belgravia Playschool has organized a Nanny's Day celebration that follows in the weeks after Mother's Day. The playschool children make little presents and hand them out to all local nannies. Everybody

is invited to join in a potluck picnic lunch with ethnic food from all over the world, much of it from the Philippines, but also from Mexico, Ukraine, Germany, Australia, Korea and Canada.

This year marks the 10th anniversary of Belgravia's Nanny Day celebrations. To mark this milestone, Belgravia Playschool and the BCL would like to invite all Belgravians to come to the Arts Park on **June 6** to join our ethnic potluck dinner from **5 – 9 p.m.** To reduce garbage, please bring your own reusable dinnerware.



Events calendar

BCL Annual General Meeting Wednesday, June 10 at 7 p.m.

All members and residents welcome! Doors open 6:30 p.m. Visit belgraviaedmonton.ca for more info.

- enjoy light refreshments • meet your neighbours & representatives • review your league's financials •
- vote on who will join your league's board • celebrate your league's successes •

Belgravia – St. Paul's Play Group

St. Paul's Church, 76 Ave. & 116 St.

Mondays (follows EPSB calendar), 9:30 – 11 a.m.

Casual, secular and operates on drop-in basis

Made in Belgravia: The Anonymous People

Wednesday, June 3, 7 – 9 p.m.

BCL Hall, 11540 73 Ave.

See page five for details

Nanny Day Celebration (potluck)

Saturday, June 6, 5 – 9 p.m.

Belgravia Arts Park (74 Ave. & 115 St.)

Free Drop-In Bike Safety Program

Sunday, June 14, 10 a.m. – 1 p.m.

Windsor Park Community League, 11840 87 Ave.

belgraviaedmonton.ca/free-drop-in-bike-safety-program

Open Gardens Tour

Sunday, June 28, 1 – 4 p.m. (FREE)

Tour some of Belgravia's loveliest gardens

Details: belgraviaedmonton.ca/open-gardens-tour

Perogies in the Park 2nd annual BCL Volunteer Gratitude Event

Sunday, June 21

5 – 7 p.m.

Belgravia Arts Park (74 Ave. & 115 St.)

BCL volunteers: We'll be emailing you an invitation to join us for a complimentary Ukrainian meal. Please come out and let us celebrate all you do to help our community thrive.

BCL residents: If you would like to join us and say thanks to our volunteers for the price of a great Ukrainian meal, you can do that too! Enjoy a delicious perogy meal for just \$10/adult, \$5/student and \$2/children (12 and under).

RSVP to programs@belgraviaedmonton.ca by June 10.

Meet your neighbour: Lloyd King



Just north of Belgravia, in our U of A front yard, Edmonton has added another modern architectural landmark to its landscape. Described by some as a funnel, and by others as a popcorn bowl to go with the neighbouring Butterdome, the Wilson Climbing Centre spirals up from the prominent campus corner at 87th Avenue and 114th Street. This is where fellow Belgravian Lloyd King spends much of his time hanging out — literally — over 50 feet in the air!

As the climbing centre supervisor for the U of A's new facility, Lloyd focuses on setting boulder (low walls with no ropes) and top-rope and lead (high walls with ropes) routes for climbers to enjoy, developing climbing curriculum, programs and standards, and nurturing healthy relationships within Canada's climbing community.

Since opening in January, the centre has not only welcomed hundreds of student and public climbers, but has also hosted several local and provincial competitions and the training camp for nationally-ranked Alberta youth climbers.

"I find rock climbing's physical and mental challenges exhilarating — it's a form of self-expression," says Lloyd. "I love the type of people it attracts and the places the sport takes me. Climbing is a vehicle to go places and experience other cultures."

An avid indoor and outdoor boulder and sport climber since 1999, Lloyd's climbing adventures have included excursions to Western Europe (Sicily, Spain and France), the southwestern United States and our Rocky Mountains. In fact, Lloyd's even developing new boulder routes around Rockbound Lake, behind Castle Mountain in Banff National Park.

"Rock climbing might seem dangerous but when taught by the right people, climbers can trust in the basic safety skills they learn, relax and have fun," says Lloyd, who's also an examiner for Thompson River University's Climbing Gym Instructor certification program.

Lloyd welcomes Belgravians to drop by the wall for an orientation and rock climbing session. The centre also offers rock climbing summer camps for kids. Lloyd assures us, "It feels good to step out of your comfort zone."



10 Questions with Lloyd King

1) What do you like best about Belgravia?

Owning a great home in a friendly neighbourhood with my beautiful wife

2) What's your favourite Edmonton restaurant?

Corso 32

3) What's your favourite vacation spot?

Western Europe

4) What's your favourite film?

Raiders of the Lost Ark

5) What's the one item you can't live without?

Pastries

6) What's your guilty snack-food pleasure?

Potato chips

7) What super power would you love to have?

Spidey-senses

8) What would your personal theme song be?

Gonna Fly Now by Bill Conti

9) What are you reading now?

Thrasher Magazine

10) What are your words to live by?

Passion is when the body is physically exhausted, but the mind never rests